



INFLAMMASOME GENES POLYMORPHISMS AND SUSCEPTIBILITY TO GOUT. IS THERE A LINK?

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ABSTRACT

Background: The inflammatory response in gout disease is induced by the activation of NLR family pyrin domain-containing 3 (NLRP3) signaling pathway mediated by IL-1 β release. **Objective:** The objective of the study was to determine the association between single nucleotide polymorphisms (SNPs) within NLRP3 inflammasome genes and gout susceptibility. **Methods:** Mexican patients with gout from the National Rehabilitation Institute and General Hospital of Mexico were enrolled. A healthy control group was also included. We analyzed the frequency and allelic distribution of eight SNPs from seven different genes within the NLRP3 inflammasome signaling pathway: *TLR4* rs2149356, *CD14* rs2569190, *NLRP3* rs3806268, *NLRP3* rs10754558, *CARD8* rs2043211, *IL-1 β* rs1143623, *P2RX7* rs3751142, and *PPARGC1B* rs45520937 SNPs. **Results:** We found that the SNP rs45520937 of *PPARGC1B* was associated with the risk of developing gout when it was analyzed using the dominant model (Odds ratio [OR] = 2.30; 95% confidence interval [CI]: 1.09-4.86; p = 0.030), and it is proposed that the adaptor molecule *CD14* rs2569190 polymorphism could be associated with a lower risk of gout under an additive model (OR= 0.41;95% CI: 0.16-1.05; p = 0.064). No significant associations were identified for the remaining SNPs. **Conclusion:** Our findings suggest that the *PPARGC1B* rs45520937 SNP is associated with gout susceptibility. (REV INVEST CLIN. 2022;74(3):147-55)

Keywords: Gout. SNPs. NLRP3. Inflammasome.

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INTRODUCTION

Gout is a chronic inflammatory disease induced by the deposition of monosodium urate crystals (MSUc) in joints and other soft tissues as a result of chronic hyperuricemia (values above 6.8 mg/dL)¹. Its prevalence ranges between 1 and 10% worldwide, being 3.6-times more prevalent in men compared to women². As a result of an active process of MSUc nucleation, gout presents a wide range of clinical manifestations, including acute attacks of arthritis, renal failure, hypertension, and cardiovascular disease. In fact, the inflammatory response in gout is triggered by MSUc deposition, which is recognized by Toll-like receptors types 2 and 4 (TLR2/TLR4), and CD14, as an adaptor molecule³. The NLR family pyrin domain-containing 3 (NLRP3) can be activated by the purinergic receptor P2X ligand-gated ion channel 7 (P2X7R) that senses the ATP concentration and induces downstream events that include the release of pro-inflammatory cytokines such as interleukins 1 β (IL-1 β) and 18 (IL-18)⁴⁻⁶. The ending of the inflammatory response is regulated by the proliferator-activated receptor gamma (PPAR γ) that acts as an anti-inflammatory response⁷.

Although the mechanism of gout pathogenesis is still an enigma, it is known that gout is a multifactorial syndrome where genetics is a key factor⁸. Recently, it has been proposed that single nucleotide polymorphisms (SNPs) may be related to gout susceptibility, suggesting that some SNPs may be involved in over activation and regulation of the NLRP3 inflammasome. To date, only a few reports have focused on SNPs as precursors of gout⁹. In addition, these studies have reported preliminary data exclusively from the European or Asian population, and no data regarding Latin American population are currently available on this topic. This latter population is of high interest because of its rich genetic background due to its diverse ancestries. Hence, studying this population could increase the knowledge on the role of SNPs in the pathogenesis of gout, allowing for the analysis of differences and analogies between heterogeneous populations. Therefore, we investigated the possible association between the SNPs within NLRP3 inflammasome genes and gout susceptibility in Mexican population.

METHODS

Study population

The study included a cohort of Mexican patients hospitalized or attending the outpatient Rheumatology clinic of the National Rehabilitation Institute Luis Guillermo Ibarra Ibarra (INRLGII) and General Hospital of Mexico Eduardo Liceaga. Inclusion criteria for gout patients were having a diagnosis of gout according to the American College of Rheumatology (ACR) and the European League Against Rheumatism classification criteria (EULAR)¹⁰. Exclusion criteria included the presence of concomitant chronic or autoimmune rheumatic disease, history of cancer, and ongoing immunosuppressive treatment. Healthy subjects, matched by sex, were included as a control group. These subjects were recruited from an internal database of our institution in which inclusion criteria were the absence of any type of chronic, autoimmune, or dysmetabolic disease, and with normal uric acid values (below 6.8 mg/dL). Body mass index (BMI) and serum biochemical parameters were obtained from all the participants. The Research Ethics Committee from the INRLGII approved the protocol (number INR16/16). The study was conducted according to the Declaration of Helsinki¹¹. All the patients and participants signed the written informed consent which includes the approval for publication.

Biochemical parameters determination

Glucose, total cholesterol, and triglycerides concentrations were analyzed in blood plasma by an enzymatic-colorimetric method using the commercial Kit Uric Acid FS TBHBA, Kit Triglycerides FS, Kit Cholesterol FS, and Kit Glucose GOD FS (Diagnostic Systems, Germany). Quantification was made by spectrophotometry in a Beckman Coulter DTX 880 Multimode Detector.

SNPs selection and bioinformatic analysis

A detailed search to identify publications related to NLRP3 inflammasome polymorphism and gout susceptibility was performed in the electronic databases PubMed and ENBASE. Finally, eight SNPs from seven different genes were chosen (Table 1). The SNPs with

Table 1. Single-nucleotide polymorphisms within TLR3 inflammasome genes and ancestry informative markers

Gene	dbSNP ID	Chromosome Location	SNP Type	Polymorphism
Inflammasome				
<i>TLR4</i>	rs2149356	9:120474199	Intron variant	G/T, Transversion Substitution
<i>CD14</i>	rs2569190	5:140012916	5 prime UTR variant	A/G, Transition Substitution
<i>NLRP3</i>	rs3806268	1:247587477	Synonymous variant	A/G, Transition Substitution
<i>NLRP3</i>	rs10754558	1:247612036	3 prime UTR variant	C/G, Transversion Substitution
<i>CARD8</i>	rs2043211	19:48737706	Stop gained	A/T, Transversion Substitution
<i>IL-1β</i>	rs1143623	2:113595829	Upstream gene variant	C/G, Transversion Substitution
<i>P2RX7</i>	rs3751142	12:121622419	Synonymous variant	T/G, Transversion Substitution
<i>PPARGC1B</i>	rs45520937	5:149212430	Missense variant	A/G, Transition Substitution
AIMs				
–	rs2695	9:82884577	Intergenic variant	C/T, Transition Substitution
<i>POGZ</i>	rs4528122	1:151441314	Intron variant	C/T, Transition Substitution
<i>FMN2</i>	rs986690	1:240288119	Intron Variant	A/G, Transition Substitution
<i>AQR</i>	rs2862	15:34853352	3 prime UTR variant	C/T, Transition Substitution
<i>SAP30L</i>	rs3340	5:154452307	Intron Variant	C/T, Transition Substitution
<i>CKM</i>	rs4884	19: 45306777	Synonymous variant	A/G, Transition Substitution
–	rs722098	21: 15313279	Intergenic variant	A/G, Transition Substitution
<i>CA10</i>	rs203096	17:51934409	Intron variant	G/T, Transversion Substitution
<i>CCL17</i>	rs223830	16: 57418059	3 prime UTR variant	C/T, Transition Substitution
<i>DRD2</i>	rs1800498	11: 113420866	Intron variant	A/G, Transition Substitution
<i>PRKCE</i>	rs281478	2: 46173272	Intron variant	C/G, Transversion Substitution

SNP: single nucleotide polymorphism; dbSNP: the NCBI database of genetic variation; AIMs: ancestry informative markers.

a minor allele frequency (MAF) above 1% for the Mexican population were selected; the identification was made using data from the 1000 Genomes Project that provides the description of common human genetic variation¹² (Table 1). Genetic variation data for all the SNPs were obtained from the HapMap project (<http://www.hapmap.ncbi.nlm.nih.gov/>) and the public National Center for Biotechnology Information dbSNP database (<http://www.ncbi.nlm.nih.gov/snp>). The SNPs should not be in linkage disequilibrium. Since the Mexican–Mestizo population is admixed, the ancestry was analyzed using 11 ancestry informative markers (AIMs) differentiating mainly the Amerindian, African, and European ancestries (Table 1) as previously reported^{13,14}.

Samples

A peripheral blood sample was collected from participants by specialized health staff. Genomic DNA

(gDNA) was obtained using the commercial kit QI-Amp DNA[®] Blood Mini Kit (QIAGEN, Hilden, Germany); gDNA concentration and purity were analyzed using the NanoDrop Lite Spectrophotometer (Thermo Fisher Scientific). A Biobank of gDNA (50 ng/mL) and blood sera were kept at -80°C for further analysis.

Genotyping assay

SNPs were genotyped using pre-designed Taqman probes (NLRP3, C_26646014_10 and C_26052028_10; TLR4, C_11270899_20; CD14, C_16043997_10; CARD8, C_11708080_1; IL-1 β , C_1839941_10; and PPARGC1B, C_86507005_10). To perform the genotyping assay, 2.5 ng/ μL of gDNA were mixed with 2.5 μL of TaqMan[®] Universal PCR Master Mix (Applied Biosystems) on 96-well plates and amplified using the StepOnePlus Real-Time PCR Systems (Applied Biosystems) according to the manufacturer protocol.

Table 2. Clinical and biochemical characteristics of the study population (n = 463)

Variable	Control (%) 243 (52.48)	Gout (%) 220 (47.52)	p-value
Male (%) / Female (%)	199 (95) / 11 (5)	208 (98) / 4 (2)	
Age (years)	44.51 ± 8.38	52.37 ± 12.49	< 0.0001*
Weight (kg)	76.52 ± 10.36	79.47 ± 14.93	0.0097*
Height (m)	1.69 ± 0.07	1.67 ± 0.07	< 0.0001*
BMI (kg/m ²)	26.63 ± 2.70	28.77 ± 4.28	< 0.0001*
Uric Acid (mg/dL)	5.43 ± 1.00	6.77 ± 2.01	< 0.0001*
Fasting Glucose (mg/dL)	100.0 ± 3392	98.19 ± 18.52	0.0525
Triglycerides (mg/dL)	137.0 ± 51.35	198.7 ± 120.5	< 0.0001*
Total Cholesterol (mg/dL)	159.8 ± 37.33	171.3 ± 38.19	< 0.0001*

Data are means ± SD; p values were assessed by Student's t test ($\alpha = 0.05$) and *p values were calculated by the Mann-Whitney U test ($\alpha = 0.05$). BMI: body mass index.

Conditions were as follows: an initial denaturation step at 94°C for 10 min, the amplification was performed by 40 cycles (95°C during 15 s), and the final elongation cycle at 60°C for 1 min. gDNA of gout patients and healthy subjects was genotyped by duplicate on the same plate. The allelic discrimination was analyzed by the Step One software V2.3. No discordant genotypes were observed in the duplicate samples.

Statistical analysis

The STATA version 14.0 (Texas USA) and the SPSS version 25.0 (Chicago, IL) were used for statistical analysis. Descriptive analysis was used for the demographic and clinical characteristics between groups (cases and controls). Significant differences were assessed by Student's t-test. Parametric data were reported as mean ± standard deviation (SD), ranges or percentages as appropriate. The Hardy-Weinberg (HW) equilibrium calculation was performed using Chi-square test with one degree of freedom. Allelic and genotype frequencies were estimated for all polymorphisms and groups were compared using Fisher's exact test. To analyze the AIMs genotypes, we inferred the ancestry percentage of the three main parental populations (European, Amerindian, and African) for each subject using the STRUCTURE v2.3.4 software (Pritchard Lab, Stanford University, USA) and the following parameters: a burning period of 150 thousand, 700 thousand Markov chain Monte Carlo

repeats, an admixture model with an alpha initial value of one and using an individual alpha for each population, independent allele frequencies among populations, and a constant lambda.

Multiple conditional logistic regression model analyses were carried out to estimate the association of each SNP with gout; results were estimated by the odd's ratio (OR) and 95% confidence interval (CI). The analysis was adjusted by sex, age, BMI. and ancestry, taking into account dominant, codominants, recessive, and additive inheritance models. The association between SNPs and the metabolic values was determined by linear regression analyses. $p < 0.05$ was used for declaring significant association.

RESULTS

Characteristics of the study population

We included 504 subjects; 42 of them were excluded (17 did not give their consent to participate in the study; 12 had incomplete clinical information, and in 13 samples were insufficient or contaminated). Finally, a total of 463 subjects were included in the study, 220 gout patients and 243 healthy subjects. The study population came from 20 different states of Mexico, 71.1% from the central area, and 28.9% from the rest of the country. The study included individuals with generations born in the same state. Table 2

Table 3. HW Equilibrium and MAF of 8 SNPs of NLRP3 Inflammasome in controls and diverse populations

Gene	SNP	HWE Control (n = 243)	HWE Gout (n = 220)	Minor Allele	MAF Control	MAF (1000 Genomes)		
						Mexican- Americans	Europeans	Africans
<i>TLR4</i>	rs2149356	0.534	0.006	T	0.29	0.32	0.31	0.82
<i>CD14</i>	rs2569190	0.480	0.246	G	0.49	0.45	0.51	0.70
<i>NLRP3</i>	rs3806268	0.683	0.683	A	0.42	0.46	0.55	0.01
<i>NLRP3</i>	rs10754558	0.110	0.652	G	0.16	0.20	0.46	0.25
<i>CARD8</i>	rs2043211	0.615	0.405	T	0.25	0.27	0.33	0.18
<i>IL-1β</i>	rs1143623	0.108	0.223	C	0.45	0.54	0.71	0.92
<i>P2RX7</i>	rs3751142	0.179	0.622	T	0.41	0.31	0.08	0.16
<i>PPARGC1B</i>	rs45520937	0.087	0.226	A	0.28	0.28	0.04	0.00

HWE: Hardy-Weinberg equilibrium; MAF: minor allele frequency.

describes the demographic and clinical data of gout patients and healthy subjects. Most of the participants were male (98% and 95% in the gout group and healthy controls, respectively). The gout group was older than the control group ($p < 0.0001$). Patients with gout had higher BMI compared with healthy individuals ($p < 0.0001$). Similarly, uric acid values ($p < 0.0001$), total cholesterol ($p < 0.0001$), and triglycerides ($p < 0.0001$) were higher in gout patients with respect to healthy controls. Serum fasting glucose levels were not different between groups ($p > 0.0525$).

Regarding the ancestry of the overall population, after an accurate analysis, we found a median of 35% for both, European and Amerindian ancestry, and 30% for African. No statistically significant differences in terms of percentage of genomic content in European, Amerindian, and African were found between gout patients and healthy controls ($p = 0.44$, $p = 0.58$, and $p = 0.48$, respectively) (Supplementary table).

Allele and genotype distributions of NLRP3 inflammasome SNPs

The genotype distributions were consistent with those expected from the HW equilibrium analysis between the study groups in almost all the SNPs ($p > 0.05$), except for the rs2149365 (*TLR4*) in the gout group ($p = 0.006$) (Table 3). The MAF of the 8 SNPs in the control group was similar as the reported in 1000 Genomes Project (Table 3).

Association analysis of NLRP3 inflammasome genes

The association analysis was performed adjusting for age, sex, BMI, and ancestry under a logistic regression model. When analyzing the dominant model, only the missense SNP rs45520937 of *PPARGC1B* was associated with risk of developing gout (OR = 2.30; 95% CI: 1.09–4.86; $p = 0.030$), while neither codominant, recessive, nor additive models showed a significant association (Tables 4 and 5).

A lower risk for gout was found in the adaptor molecule *CD14* rs2569190 polymorphism when it was analyzed under an additive model, adjusted for age, BMI, and ancestry; nevertheless, the p-value showed only a tendency to the significance (OR = 0.41; 95% CI: 0.16–1.05; $p = 0.064$) (Table 4). The remaining SNPs did not present differences in the genotype and allele frequencies between gout patients and healthy controls in any of the inheritance models (Table 4).

Association of SNPs with biochemical values in the control group

To analyze whether SNPs were associated with metabolic values in the control group, a linear regression analysis was performed. Interestingly, under a dominant model adjusted for age, sex, BMI, and ancestry, the *IL-1 β* rs1143623 SNP was associated with lower glucose levels (B [SE] = -7.32 [2.47]; $p = 0.004$),

Table 4. Association of 8 SNPs of NLRP3 inflammasome genes with gout disease

z	SNP	MAF		OR (95% CI)	p-value
		Controls (n = 243)	Gout (n = 220)		
<i>TLR4</i>	rs2149356	28.7	31.8	0.68 (0.33-1.40)	0.295
<i>CD14</i>	rs2569190	48.7	45.9	0.53 (0.25-1.13)	0.101
				0.41 (0.16-1.05)	0.064 ^{&}
<i>NLRP3</i>	rs3806268	41.9	39.0	0.70 (0.33-1.47)	0.346
<i>NLRP3</i>	rs10754558	16.3	15.6	0.56 (0.26-1.22)	0.147
<i>CARD8</i>	rs2043211	24.7	24.1	1.35 (0.67-2.71)	0.407
<i>IL-1β</i>	rs1143623	44.7	37.0	1.20 (0.57-2.48)	0.632
<i>P2RX7</i>	rs3751142	41.0	39.3	1.12 (0.48-2.61)	0.802
<i>PPARGC1B</i>	rs45520937	28.3	34.9	2.30 (1.09-4.86)	0.030

Associations with gout were adjusted for age, sex, BMI and ancestry. p-values were calculated by logistic regression, using dominant model and [&]additive model. MAF: minor allele frequency; OR: odds ratio; CI: confidence interval.

Table 5. Association of PPARGC1B rs45520937 SNP with gout disease

Model	Genotype	Control	Gout	OR (95% CI)	p-value
Codominant	G/G	39 (53.4%)	38 (40.9%)	1	0.074
	A/G	27 (37%)	43 (46.2%)	2.14 (0.97-4.71)	
	A/A	7 (9.6%)	12 (12.9%)	2.99 (0.88-10.12)	
Dominant	G/G	39 (53.4%)	38 (40.9%)	1	0.030
	A/G-A/A	34 (46.6%)	55 (59.1%)	2.30 (1.09-4.86)	
Recessive	G/G-A/G	66 (90.4%)	81 (87.1%)	1	0.210
	A/A	7 (9.6%)	12 (12.9%)	2.03 (0.65-6.37)	

Associations with gout were adjusted for age, sex, BMI, and ancestry. p-values were calculated by logistic regression. MAF: minor allele frequency; OR: odds ratio; CI: confidence interval.

while the rs3751142 SNP of *P2RX7* was associated with higher triglycerides levels (B [SE] = 25.03 [11.31], p = 0.041) (Table 6). Furthermore, under an additive model adjusted for age, sex, BMI, and ancestry, *CD14* rs2569190 polymorphism was associated with lower glucose levels, although the p-value only showed a tendency to the significance (B [SE] = -2.99 [1.59], p = 0.064; Table 6). No significant associations were found in the rest of the SNPs analyzed.

DISCUSSION

To date, there is still a lack of evidence regarding the genetic variations in the pathogenesis of chronic inflammatory diseases, including gout¹⁵, especially in Latin America. To the best of our knowledge, this is the first study demonstrating a potential association of the SNPs within the NLRP3 inflammasome genes with the risk for developing gout in a Mexican cohort. As previously described, NLRP3 inflammasome

Table 6. Association of 8 SNPs with biochemical values in the control group

Gene	SNP	Uric acid		Glucose		Triglycerides		Cholesterol	
		B (SE)	p-value	B (SE)	p-value	B (SE)	p-value	B (SE)	p-value
<i>TLR4</i>	rs2149356	0.08 (0.27)	0.541	-0.71 (2.54)	0.781	-10.95 (10.44)	0.456	-2.12 (7.20)	0.631
<i>CD14</i>	rs2569190	-0.21 (0.31)	0.549	-2.35 (2.79)	0.367	10.06 (12.01)	0.459	8.65 (7.95)	0.300
		-0.22 (0.18)	0.295 ^{&}	-2.99 (1.59)	0.064 ^{&}	8.98 (6.97)	0.337 ^{&}	1.55 (4.68)	0.751 ^{&}
<i>NLRP3</i>	rs3806268	-0.16 (0.28)	0.887	-4.78 (2.52)	0.087	-10.10 (10.83)	0.398	-1.21 (7.30)	0.846
<i>NLRP3</i>	rs10754558	-0.06 (0.29)	0.485	-0.11 (2.71)	0.950	12.83 (11.37)	0.344	-2.13 (7.64)	0.760
<i>CARD8</i>	rs2043211	-0.02 (0.27)	0.737	2.86 (2.52)	0.253	-4.58 (10.70)	0.638	6.07 (7.14)	0.360
<i>IL-1β</i>	rs1143623	-0.27 (0.29)	0.333	-7.32 (2.47)	0.004	2.05 (11.32)	0.883	-9.53 (7.40)	0.149
<i>P2RX7</i>	rs3751142	0.53 (0.29)	0.173	-0.40 (2.78)	0.884	25.03 (11.31)	0.041	1.36 (7.78)	0.789
<i>PPARGC1B</i>	rs45520937	0.31 (0.26)	0.117	-3.03 (2.47)	0.252	0.51 (10.50)	0.746	8.60 (6.94)	0.153

Models were adjusted for sex, age, BMI, and ancestry (n = 243), and [&]p-values for recessive models were adjusted for age, BMI, and ancestry (n = 243).

activation plays a key role in gout since it triggers swelling and inflammation mediated by MSUC recognition, mainly in dendritic and phagocytic cells.

In our study population, we analyzed 8 SNPs of seven different genes of the NLRP3 inflammasome signaling pathway, which were previously associated with gout disease in other populations¹⁶⁻²⁵. Since those studies were centered exclusively on the European and Asian populations, we focused our study on a Mexican cohort taking into account their biological admixture population.

Our cohort study shows that uric acid, cholesterol, and triglycerides values were statistically significantly higher in the gout group compared to the control group. However, these parameters are in the normal range values for the overall population. Our analysis of SNP rs2149356 of *TLR4* gene located at intron four did not show an association with the risk of gout. This result is in line with Torres et al.²⁶, who studied this polymorphism in a Spanish cohort, reporting no association with a risk for developing gout. Contrary, Qing et al.²⁷ reported a solid association between the TT genotype of the SNP

rs2149356 with the risk of gout in a Chinese population (OR = 1.96; p = 7.9 x 10⁻⁵). Moreover, they demonstrated an over-expression of *TLR4* and *IL-1 β* induced probably by this SNP. Finally, Rashed et al.²² showed that T allele is associated with gout risk in European population (OR = 1.12, p = 0.012), but not in a Polynesian cohort, in which they contrarily reported a decreased risk of gout (OR = 0.80, p = 0.011).

In our analysis, SNP rs2569190 of the *CD14* gene, under a dominant model adjusted for age, sex, BMI, and ancestry, did not show significant differences in the genotype and allele frequencies, but when the analysis was adjusted for age, BMI, and ancestry under an additive model, there was a tendency to a significantly lower risk for gout (p = 0.064, Table 4). Interestingly, it may suggest that SNP rs2569190 plays a protective role for gout in the Mexican population, contrary to what has been reported for the European and New Zealand Polynesian populations¹⁶. Further, we found no association between the *NLRP3* rs3806268 and rs10754558 SNPs and the risk of developing gout, in line with previous results of Meng et al.¹⁷ for the rs3806268 SNP. However, Deng et al.¹⁹ contrast these results since they

reported a positive association of the rs3806268 SNP with the risk of gout when compared with the AA allele (OR = 1.83, $p > 0.03$) in a Chinese population. With respect to the *NLRP3* rs10754558 SNP, the previous studies conducted by McKinney et al., Deng et al., and Wang et al.^{16,19,23}, in line with our results, did not find a significant association with risk of gout in the European, Polynesian, and Chinese populations, respectively. In contrast, Zhang et al.²⁴ found that the allelic frequency G of this SNP was significantly increased in gout patients compared with the group control in Chinese population (OR = 1.30, $p = 0.003$).

To date, only one SNP has been analyzed within the *CARD8* gene (rs2043211 SNP), which previously showed an association with gout risk in Chinese population¹⁸. Contrary, in Korean population this association was not found²⁰, similar to our findings. About IL-1 β polymorphism, our data showed no difference in the allelic and genotype frequencies, in contrast to McKinney et al.¹⁶ who found a nominal allelic association for IL-1 β rs1143623 in the combined European and Polynesian populations for the G allele (OR = 1.10, $p = 0.020$).

In our population, rs3751142 SNP of *P2RX7* was not associated with gout risk, as was also reported by Lee et al.²⁰ in Korean population; nevertheless, they described that the C/A genotype had a trend toward a higher risk of gout when it was combined with the T/T *CARD8* rs2043211 genotype. The *P2RX7* gene is particularly polymorphic, and therefore, it is necessary to study other SNPs in our population²¹.

The *NLRP3* inflammasome is regulated by PPAR- γ , which is a key regulator controlling both metabolism and inflammatory response²⁸. Our analysis demonstrated that in the Mexican population, the presence of the rs45520937 SNP (*PPARGC1B*) was associated with the risk of developing gout (A/G-A/A genotypes). This result is in agreement with Chang et al.²⁵ who reported that the rs45520937 SNP causes Arg-265Gln (p.R265Q) substitution in the exon 5 of *PPARGC1B* and demonstrated that rs45520937 augments the *NLRP3* inflammasome response, and the upregulation of IL-1 production. We are aware that it is necessary to assess the functional impact of this SNP in our population study and taking into consideration the results of Chang et al.²⁵, we hypothesize that overexpression of *NLRP3* and the inflammatory

cytokine IL-1 β is involved in the pathogenesis of gout in our population. The differences between the associations of SNPs in other populations and our results could be explained by the different ancestry of the populations, and even more, by the variables taken for adjusting in the statistical analyses, which are different in all the reports.

This study also showed an association between the inflammasome SNPs with metabolic values in the control group. Under the dominant model, IL-1 β rs1143623 SNP was associated with lower glucose levels and *P2RX7* rs3751142 SNP was associated with higher triglycerides levels; however, there is not enough evidence for this relationship. Delgado-Lista et al.²⁹ described that IL-1 β SNP rs1143623 affects triglycerides levels, but there are no data on the influence over cholesterol levels. Our data suggest that the inflammasome SNPs could have a potential genetic influence on these metabolic parameters.

We are aware that our study has some limitations. First, the sample size is limited to definitely support strong conclusions. However, we consider our results as a first step to open new research pathways on this topic, which has not been previously explored in our country. The expansion of the study is in progress, involving more patients and centers. This will allow us to elucidate better the role of SNPs in the genesis of gout, including its functional impact. Second, the cohort did not include all the regions of Mexico; however, we believe that the geographic cohort included may provide a global outlook to reach more solid results in a near future. Third, a hyperuricemia control group was not included. Fourth, the controls were only matched for sex, since age matching was difficult due to technical reasons. However, we will consider these aspects for the ongoing study, even the aim to increase the number of patients with at least four controls each. Finally, additional functional studies are necessary to further validate if *PPARGC1B* rs45520937 SNP has implications on the protein structure and function. Additional studies including more extensive geographic cohorts are needed to elucidate the solid role of *NLRP3* inflammasome genes in gout. Despite these limitations, we believe that our study is relevant because we explored 8 of the most common SNPs reported so far in the literature, which allowed us to contrast our results with those in

other populations. This may open new research frontiers to determine the potential role of these SNPs, even in the newly established states of gout (i.e., tophaceous gout, erosive gout, first gout flare, and recurrent gout flares)³⁰, and also in asymptomatic hyperuricemia status, which is being frequently reported in recent years³¹. In conclusion, our findings suggest that rs45520937 SNP of *PPARGC1B* was associated with gout susceptibility.

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SUPPLEMENTARY DATA

Supplementary data is available at DOI: 10.24875/RIC.21000603. These data is provided by the corresponding author and published online for the benefit of the reader. The contents of supplementary data are the sole responsibility of the authors.

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