Sustainable fiber reinforced cementitious panels containing PCM:
Mechanical and thermal performance

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ABSTRACT
An experimental study was planned and executed for the application of Phase Change Materials (PCM) containing fiber-reinforced cementitious panels on buildings. The objective of the research was to enhance the thermal performance of the panels. Panels with the dimensions of 60x120x2.5 cm were produced and experimental investigations about the thermal and the mechanical performance of the composites were carried out. PCM containing composites showed higher latent heat capacity and lower thermal conductivity. Reinforcement with chopped fibers compensated the strength loss due to PCM in cementitious panels. Specific fracture energy of the panels increased with increase of PCM ratio. PCM containing fiber reinforced cementitious panels showed great potential for energy efficient buildings with enhanced thermal and mechanical properties.

Keywords: energy efficiency, phase change materials, fiber reinforced cementitious composites.


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Paneles cementosos sostenibles reforzados con fibra que contienen PCM:
Rendimiento mecánico y térmico

RESUMEN
Se planificó y ejecutó un estudio experimental para la aplicación de materiales de cambio de fase (PCM) que contienen paneles cementosos reforzados con fibra en edificios. El objetivo de la investigación fue mejorar el rendimiento térmico de los paneles. Se produjeron paneles con unas dimensiones de 60x120x2,5 cm y se llevaron a cabo investigaciones experimentales sobre el rendimiento térmico y mecánico de los compuestos. Los compuestos que contienen PCM mostraron mayor capacidad de calor latente y menor conductividad térmica. El refuerzo con fibras cortadas compensó la pérdida de resistencia debido a PCM en paneles cementosos. La energía de fractura específica de los paneles aumentó con el aumento de la relación PCM. Los paneles cementosos reforzados con fibra que contenían PCM mostraron un gran potencial para edificios energéticamente eficientes con propiedades térmicas y mecánicas mejoradas.

Palabras clave: eficiencia energética, materiales de cambio de fase, compuestos cementosos reforzados con fibra.

Paneis cimentícios reforçados com fibra sustentável contendo PCM:
Desempenho mecânico e térmico

RESUMO
Um estudo experimental foi planejado e executado para a aplicação de materiais de mudança de fase (PCM) contendo paneis cimentícios reforçados com fibra em edifícios. O objetivo da pesquisa foi melhorar o desempenho térmico dos paneis. Painéis com dimensões de 60x120x2,5 cm foram produzidos e investigações experimentais sobre o desempenho térmico e mecânico dos compósitos foram realizadas. Os compósitos contendo PCM apresentaram maior capacidade de calor latente e menor condutividade térmica. O reforço com fibras cortadas compensou a perda de força devido ao PCM em painéis de cimento. A energia de fratura específica dos painéis aumentou com o aumento da razão PCM. Os paneis cimentícios reforçados com fibra de PCM mostraram grande potencial para edifícios com eficiência energética, com propriedades térmicas e mecânicas aprimoradas.

Palavras-chave: eficiência energética, materiais de mudança de fase, compósitos cimentícios reforçados com fibra.

1. INTRODUCTION
The use of solar energy has become a promising method to reach energy efficient solutions throughout the last century. Improving the thermal properties of building members will contribute to the efficient use of energy by preventing heat gain/loss through the building envelope. More over thermal comfort became important with development of panel and thin building envelope systems due to their low thermal mass. Phase change materials (PCM) are favorable materials for thermal applications because of their large contribution to the thermal mass of a building and thus providing “inertia” against temperature fluctuations.
Sustainability has become a goal for global development and for the effective use of reliable, sustainable and modern energy. This goal has been revealed among the objectives of United Nations (UN) 2030 (United Nations, 2015; Esseghir and Khouni, 2014). On the other hand, energy consumption in the world is increasing significantly. This rise in consumption is also causing environmental problems. In the last two decades this increase has reached 30% (Sharifi et al., 2017; Chen et al., 2017; Chwieduk et al., 2003; Papadopoulos et al., 2002; IEA, 2016).

Considering that 60% of energy consumption is consumed by buildings due to heating and cooling operations, it should be considered that reducing this consumption will make a significant contribution to global energy consumption. Passive air conditioning methods can be applied to reduce energy consumption in buildings. Passive air conditioning technologies can be used in conjunction with traditional methods to create hybrid systems (Geetha and Velraj, 2012; Akeiber et al., 2012).

PCMs are materials with high latent heat capacity. With PCMs, it is possible to store high amount of energy in order to control the heat fluctuations in the indoor environment and to increase comfort (Mehling and Cabeza, 2008; Souayfane et al., 2016). When the ambient temperature rises above the melting temperature of the PCMs, the PCM performs a phase conversion from solid to liquid. During this conversion heat accumulates at high temperatures. It also solidifies when the temperature falls below the melting temperature of the ambient temperature and releases the stored heat. This process prevents high fluctuations in ambient temperature. PCMs stay at a nearly constant temperature during phase changes to prevent overheating and cooling of the environment (Sharifi et al., 2017; Raoux and Wuttig, 2009).

With utilization of PCM in building materials, cooling and heating loads of the buildings can be reduced. Due to the high latent heat storage capacity of PCMs, which means a greater heat storage per unit volume than other building materials (Sharma et al., 2009), thermal inertia of the building that uses PCM integrated building materials will be greater (Singh Rathore et al., 2020). Microencapsulation, which is the process of enclosing the micron size particles of solid, liquid and gasses in an inert shell, is one of the methods that can be used to integrate PCM into other materials. Microencapsulated PCMs have been used in many researches to enhance the thermal performance of building materials (Barreneche et al., 2013; Arce et al., 2012; Thiele et al., 2015; Su et al., 2012; Borrego et al., 2014; Li et al., 2019; Tuncel and Pekmezci, 2018). Although there is a common conclusion on the success of the PCMs on thermal performance enhancement, their effects on the mechanical properties of the building materials which they are integrated in, still need further examination for reliable applications.

2. EXPERIMENTAL STUDY

In this study, experiments were carried out to determine the mechanical and thermal properties of cement composite panels containing PCM. Calender extrusion which is a sustainable production method has been used in the production of panels. Panels with PCM content of 2.5% and 5%, and panels which are not containing PCM (0%), were produced in the production using the calender extrusion system. The schematic representation of calender extrusion fiber reinforced cementitious panel production system is given in Figure 1.
The dimensions of the produced samples were 60x120x2.5 cm. The ambient environmental conditions were 18°C temperature and 65% relative humidity. The produced panel specimens were brought to the dimensions necessary for the experimental study, and experiments were carried out. Discrete glass fibers were used in the production of composites. Tests were carried out at 18°C ambient temperature. Cement was White Cement obtained from Cimsa Cement Factory Turkey. A polycarboxylate based superplasticizer, which was obtained from SIKA Turkey, was used for production of specimens. The properties of Cimsa White Cement are given in Table 1. CEM-FIL Anti-Crack HP 74/12 chopped glass strands were used as the reinforcement. The manufacturer-supplied properties of the fibers are presented in Table 2. The properties of PCM (provided by the manufacturer) are presented in Table 3.

Table 1. Properties of cement

<table>
<thead>
<tr>
<th>Property</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Setting time, initial (minute)</td>
<td>115</td>
</tr>
<tr>
<td>Le chatelier opening (mm)</td>
<td>1.0</td>
</tr>
<tr>
<td>Compressive strength, 2 days, MPa</td>
<td>37.0</td>
</tr>
<tr>
<td>Compressive strength, 28 days, MPa</td>
<td>60.0</td>
</tr>
<tr>
<td>SO3 (%)</td>
<td>3.45</td>
</tr>
<tr>
<td>Unsoluble residue (%)</td>
<td>0.16</td>
</tr>
<tr>
<td>Ignition loss (%)</td>
<td>3.10</td>
</tr>
<tr>
<td>CI (%)</td>
<td>0.011</td>
</tr>
</tbody>
</table>

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Table 3. Properties of PCM

<table>
<thead>
<tr>
<th>Product type</th>
<th>Powder</th>
</tr>
</thead>
<tbody>
<tr>
<td>Melting point (approx. in °C)</td>
<td>23</td>
</tr>
<tr>
<td>Overall storage capacity (approx. in kJ/kg)</td>
<td>135</td>
</tr>
<tr>
<td>Latent heat capacity (approx. in kJ/kg)</td>
<td>100</td>
</tr>
</tbody>
</table>

In design of the composite panels, two different PCM amount were used (2.5% and 5.0% of total mass). A plain mixture that did not include PCM was also produced for comparison. In all mixtures, the fiber ratio was used as 2% of total volume. Water/cement ratio is kept as 0.40. The workability of the mixtures, which is suitable for calender extrusion, is provided by superplasticizer and viscosity modifier. The mix proportions of the mixtures used in the study are given in Table 4.

Table 4. Mixture proportions.

<table>
<thead>
<tr>
<th>Mixture #</th>
<th>Cement kg/m³</th>
<th>Sand kg/m³</th>
<th>Water/cement ratio</th>
<th>PCM (total w.)</th>
<th>Glass fiber (total vol.)</th>
<th>WR admixture (% cement w.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>666</td>
<td>1332</td>
<td>0.4</td>
<td>-</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>II</td>
<td>617</td>
<td>1234</td>
<td>0.4</td>
<td>2.5</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>III</td>
<td>577</td>
<td>1154</td>
<td>0.5</td>
<td>5</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

3. RESULTS AND DISCUSSION

3.1 Thermal conductivity and mechanical properties

The thermal conductivity tests were conducted according to ISO 8301:1991 using a heat flow meter apparatus (Ahlborn) on plain and PCM composites. Figure 2 shows thermal conductivity test setup. Specimens with dimensions of 350 x 350 x 25 mm were used for the thermal conductivity measurements and were kept in saturated lime water at 21±1°C temperature for 28 days. Specimens were dried at 60°C until they achieved constant weight to avoid any moisture-based test error. Testing began when the specimen came to room temperature. Determination of the thermal conductivity was performed at a steady state condition with a mean temperature of +10°C at the center of the cross-section of sample.

![Figure 2. Thermal conductivity test setup.](image)

The thermal conductivity of the panels were 0.33 W/mK, 0.31 W/mK and 0.29 W/mK for panels including 0%, 2.5% and 5% PCM by total mass respectively. Although the ratio of PCM, leads to
a change in the thermal conductivity values, this change is not significant when evaluated from the viewpoint of heat insulation.

The mechanical properties of the composites were based on the 28-day uniaxial compressive strength test and the simple beam four-point bending test. Compressive strength tests were conducted on 40 mm cube specimens. For flexural tests, beam specimens of 45 mm width and 25 mm height were used. The length of the beam was 350 mm while the span length was 300 mm. A closed-loop testing machine (MTS Criterion 5500) was used in both tests and load-deflection curves were generated in the flexural tests. The specific fracture energy values (\(W_f\)) of the specimens were also determined in accordance with the recommendation of the RILEM 50-FMC Technical Committee (RILEM TCS, 1985). Tests were conducted at 18°C. Five individual specimens were tested for each group.

Figure 3 shows the results of the compressive strength test. It is clear from the figure that as the PCM ratio increases, the compressive strength of the matrix decreases. When the variation of the compressive strength values with the PCM ratios of matrix is examined, the compressive strength of the matrix is decreased by 7.5% and 10% when the PCM is used by 2.5% and 5%, respectively.

![Figure 3. Relation of compressive strength with the PCM ratio of the panels.](image)

Figure 4 shows the variation of flexural strength values with PCM amount. It is clear that flexural strengths decrease as the amount of PCM in the mixture increases. When the PCM content is 2.5% and 5%, the flexural strengths decrease by 7% and 13%, respectively.

Figure 5 shows the variation of specific fracture energy values with PCM amount. The specific fracture energy values increase as the PCM amount of the mixture increases in contrast to the strength values. The specific fracture energy increase was 31% and 40% for PCM ratios of 2.5 and 5%, respectively. This increase in specific fracture energy values can be attributed to an increase in deformation capacity. As the amount of PCM in the mixture increases, the ductility of the composites also increases due to the specific fracture energy value.

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Figure 4. Relation of flexural strength with the PCM ratio of the panels.

Figure 5. Relation of specific fracture energy with the PCM ratio of the panels.
3.2 Microstructure
The micrograph of the microencapsulated PCM in the cement matrix is shown in Figure 6. When we look at the Figure 6, it can be said that the microencapsulated PCM provides good bonding with the cement matrix and there are no cracks at the interface. However, it is observed that the PCM retains its spherical shape. This shows that microencapsulated PCMs during mixing, processing and curing can be used without deterioration.

![Figure 6. Microencapsulated PCM in cement matrix.](image)

In the Figure 7, the distribution of microencapsulated PCMs in the cement based matrix is shown in the case of using PCM at different ratios. Figures 7a and 7b show SEM images of mixtures containing 2.5% and 5% PCM, respectively. It is clear that the microencapsulated PCMs are placed closer to each other at 5% use, but the PCM capsules do not contact each other while preserving the integrity of the mortar phase there between.

![Figure 7. Microencapsulated PCM distribution in cement matrix.](image)

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3.3 Thermal heat storage performance

The inner walls of two rooms of equivalent size were covered with the produced panel samples and the temperature changes in the rooms were monitored. Panels without PCM were applied to one of the rooms while panel samples containing PCM containing 5% were applied to the other room. In order to obtain the best performance from the PCM, measurements were made in the equivalent rooms having 50 m² volume built in the main laboratory building. The main laboratory's air conditioning was shut down for four days during a vacation and the temperature in the main laboratory was allowed to fluctuate depending on natural conditions. In this process, the maximum temperature in the laboratory reached 28°C during the daytime hours and the minimum temperature remained at 15°C during the night hours. The maximum fluctuation in the room was measured as 3°C in the room where PCM-free panels were used, while 1°C was used for the room where PCM including panels were used.

4. CONCLUSIONS

Within the scope of this experimental study, the following conclusions can be drawn:

- The cementitious composite panels including PCM’s are promising in terms of mechanical properties. Although PCM usage causes decrease on strength values, this decrease is not dramatic to prevent the use of the composite panels in situ. Moreover, PCM usage helps to increase the specific fracture energy values.
- Although the ratio of PCM used leads to a change in the thermal conductivity values, this change is not significant when evaluated from the viewpoint of heat insulation.
- The maximum fluctuation in the room was measured as 3°C in the room where PCM-free panels were used, while 1°C was used for the room where PCM including panels were used.

5. REFERENCES


