



# Prophylactic use of intravascular balloon occlusion in elective general non-cardiac surgery. Systematic review and meta-analysis of the literature

*Uso profiláctico de balón de oclusión intravascular en cirugía general no cardíaca electiva. Revisión sistemática y metaanálisis de la literatura*

Brainerd Lenin Caicedo-Moncada,<sup>\*,§</sup> Felipe Andrés Beltrán-Torres,<sup>\*,¶</sup>  
Erika Marcela Mendez-Ordoñez<sup>‡,||</sup>

## Keywords:

intravascular balloon  
occlusion, hemorrhage,  
elective surgery.

## Palabras clave:

balón de oclusión  
intravascular,  
hemorragia, cirugía  
electiva.

## ABSTRACT

**Introduction:** the use of endovascular occlusion balloon in elective non-cardiac surgery has emerged as an effective strategy to prevent intraoperative bleeding, a significant complication that can impact both surgical outcomes and patient recovery. This device, which selectively occludes large blood vessels, allows for precise control of blood flow, thereby minimizing the risk of hemorrhage and improving visibility in critical surgical areas. **Material and methods:** a search was performed across three major databases (PubMed, Ovid, and Embase), in addition to Google Scholar as a source of gray literature and the National Institute of Health (NIH) as a national database, covering the period from 2014 to 2024. **Results:** this systematic review included 17 articles; two showed a moderate risk of bias, while the others demonstrated good quality and low risk of bias. A total of 3,379 patients were analyzed, 95.3% women. The primary indication for the use of endovascular occlusion balloons was surgical procedures related to abnormal placentation in 67.5% of cases, with an average blood loss of 1,256 mL (SD: 699.9). The application of the balloon resulted in a significant reduction in blood loss of 856 mL (OR -3.43; 95% CI -6.22 to -0.63), with no significant differences observed in age, gender, or surgical duration. **Conclusion:** the use of intravascular balloon occlusion in elective non-cardiac general surgical procedures with a high risk of hemorrhage demonstrates effectiveness in reducing intraoperative blood loss. The most frequently observed complications include transient arterial thrombosis and localized issues at the puncture site. While various clinical scenarios for its application have been described, the strongest evidence supports its use in obstetric procedures, particularly those related to abnormal placentation.

## RESUMEN

**Introducción:** el uso de un balón de oclusión endovascular en cirugía electiva no cardíaca se ha revelado como una estrategia eficaz para prevenir las hemorragias intraoperatorias, una complicación importante que puede afectar tanto a los resultados quirúrgicos como a la recuperación del paciente. Este dispositivo, que ocluye selectivamente grandes vasos sanguíneos, permite un control preciso del flujo sanguíneo, minimizando así el riesgo de hemorragia y mejorando la visibilidad en zonas quirúrgicas críticas. **Material y métodos:** se realizó una búsqueda en tres bases de datos principales (PubMed, Ovid y Embase), además de Google Scholar como fuente de literatura gris y el Instituto Nacional de Salud (NIH) como base de datos nacional, abarcando el periodo de 2014 a 2024. **Resultados:** esta revisión sistemática incluyó 17 artículos; dos mostraron un riesgo moderado de sesgo, mientras que los demás demostraron buena calidad y bajo riesgo de sesgo. Se analizaron un total de 3,379 pacientes, de los cuales 95.3% fueron mujeres. La principal indicación para el uso de balones de oclusión endovascular fueron procedimientos quirúrgicos relacionados con la placentación anormal en 67.5% de los casos, con una pérdida sanguínea promedio de 1,256 mL (DE: 699.9). La aplicación del balón resultó en una reducción significativa de la pérdida de sangre de 856 mL (OR -3.43; IC95% -6.22 a -0.63), sin diferencias significativas observadas en edad, género o duración quirúrgica. **Conclusión:** el uso de oclusión con balón intravascular en procedimientos quirúrgicos generales electivos no cardíacos con alto riesgo de hemorragia demuestra efectividad en la reducción de la pérdida de sangre intraoperatoria. Las complicaciones más frecuentemente observadas incluyen trombosis arterial transitoria y problemas localizados en el sitio de punción. Aunque se han descrito diversos escenarios clínicos para su aplicación, la evidencia más sólida apoya su uso en procedimientos obstétricos, particularmente aquellos relacionados con la placentación anormal.

\* Vascular surgery fellow. Division of postgraduate and advanced training. Faculty of Medicine. El Bosque University. Bogotá. Colombia.  
‡ Director of Thesis Work - Research Coordinator. Division of Postgraduate and Advanced Training. Faculty of Medicine. El Bosque University. Bogotá. Colombia.

ORCID

§ 0000-0002-7147-9317

¶ 0000-0002-7411-5922

|| 0000-0001-6859-8959

Received:  
07/12/2024

Accepted:  
02/11/2025

**How to cite:** Caicedo-Moncada BL, Beltrán-Torres FA, Mendez-Ordoñez EM. Prophylactic use of intravascular balloon occlusion in elective general non-cardiac surgery. Systematic review and meta-analysis of the literature. Cardiovasc Metab Sci. 2025; 36 (1): 35-50. <https://dx.doi.org/10.35366/119631>

## INTRODUCTION

The endovascular balloon occlusion is a method that has been introduced as a concept for more than 70 years, a result of the Korean War,<sup>1</sup> and since then, it has been put into sequential study and applied in the context of patient victims of military traumatic injuries and civilians. This has advanced to the point of becoming an endovascular technique that is easily applicable in the emergency department and in surgery rooms.<sup>2</sup> However, in search of making better use of this resource, in recent years, the concept of intravascular occlusion in the arterial and/or venous system has been applied in elective surgery as a complement in the treatment of various medical-surgical conditions in search of explored new strategies to prevent and control intra- and postoperative hemorrhagic events.

Historically, one of the main and most feared complications related to fatal outcomes is massive bleeding and secondary hypovolemic shock. Numerous efforts have been directed towards creating devices and interventional techniques to reduce or even prevent bleeding. Since its first application by Hughes on two wounded soldiers in the Korean War,<sup>1</sup> large blood vessel endovascular occlusion devices have opened multiple doors, leading to two main objectives. The first is bleeding control, such as in cases of severe trauma associated with non-compressible bleeding, ruptured abdominal aortic aneurysms, postpartum hemorrhage, etc., where the goal is to control an already established hemorrhage.<sup>3</sup> The second is the prevention of bleeding, which is the focus of more recent research, implementing these devices in elective (non-urgent) pelvic-obstetric, renal, hepatobiliary, and gastrointestinal procedures to avoid hemorrhage and its associated complications.

Effective management of intraoperative bleeding is essential for the success of any surgical procedure and remains a significant concern worldwide and locally, as hemorrhagic complications continue to impact the outcomes of certain types of procedures negatively, increasing reinterventions, massive transfusions, organ or multi-organ dysfunction, and in some situations, even death.<sup>4</sup>

In recent decades, technological advancements have led to the development of innovative endovascular techniques and devices to control hemorrhage during surgery. One of these significant advancements has been the introduction and use of intravascular occlusion balloons in adult patients undergoing elective surgery.<sup>3,4</sup> Initially, these devices were used in the trauma context to control massive bleeding, either through open or closed methods, but their application has expanded to non-traumatized adult patients undergoing major elective surgical procedures with significant bleeding risk.<sup>5</sup>

The implementation of these occlusion devices at the aortic and vena cava levels has demonstrated substantial benefits in terms of improved survival rates and fewer post-surgical hemorrhagic complications in patients who have experienced open or closed accidents.<sup>6,7</sup> This initial success has led to the exploration of their preventive use in elective surgeries, where a high risk of potentially fatal intraoperative bleeding is anticipated.<sup>8</sup>

Despite the growing popularity of this technique and several isolated studies, there is little evidence in the scientific literature regarding its indications, efficacy, safety, impact on the magnitude of bleeding, blood component polytransfusion, and mortality in the context of elective surgeries. Moreover, its current use is justified by isolated studies with diverse methodologies and results, often based on local experiences. Therefore, it is crucial to address this knowledge gap in an organized and systematic manner so that the available data can be collected, analyzed, and interpreted, and based on this, establish guidelines based on the best evidence to optimize bleeding outcomes for patients undergoing elective surgical procedures.

This systematic literature review aims to provide a specific response by thoroughly evaluating existing studies on the use of intravascular occlusion balloons in elective surgeries concerning the amount of intraoperative bleeding. By doing so, it seeks to provide a more synthesized and concrete view of the actual effectiveness of this technique in the context of non-traumatic surgical procedures based on the literature available to date.

The results of this review could have significant implications for clinical practice. If intravascular occlusion balloons are confirmed to be effective in reducing intraoperative bleeding in elective surgeries, this could support their prophylactic use and lead to a substantial reduction in bleeding-related complications. Additionally, by providing evidence-based guidance, this review can serve as a foundation for developing local, national, and international clinical protocols and help scientific communities generate recommendations on the implementation of this technique.

## MATERIAL AND METHODS

### Methodology

This systematic review was conducted according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) checklist.<sup>9</sup>

The inclusion criteria for the review encompassed studies involving adult patients over 18 years of age undergoing elective surgery where intravascular occlusion balloons were used. The types of interventions considered included intravascular occlusion with arterial or venous balloons in elective surgery. The primary outcome of interest was the amount of intraoperative hemorrhage when intravascular balloon occlusion was utilized. Eligible studies included observational, analytical, and descriptive types and only those reported in English and Spanish were considered.

The exclusion criteria for the review included studies carried out in animal models or species other than humans, as well as those focused on emergency surgery. Studies were also excluded if they used devices other than intravascular, temporary, or definitive occlusion balloons in elective surgery or if they presented unrelated results that did not provide relevant and clear information on the reduction of intraoperative hemorrhage with intravascular occlusion balloons. Duplicate studies were excluded, retaining only the most complete and detailed version. Additionally, publications not subject to review by both researchers were excluded.

The search was carried out in three main databases: PubMed, Ovid, Embase, and Google

Scholar, which is a gray literature database, and the National Institute of Health (INS) as a national database. Articles written in English and/or Spanish were accepted and published in the last 10 years until April 2024. The search result was stored in Mendeley and Rayyan<sup>®</sup> as organizer and reference manager, respectively. Additionally, bibliographic references of the included studies were searched and compiled to ensure a comprehensive review of the literature.

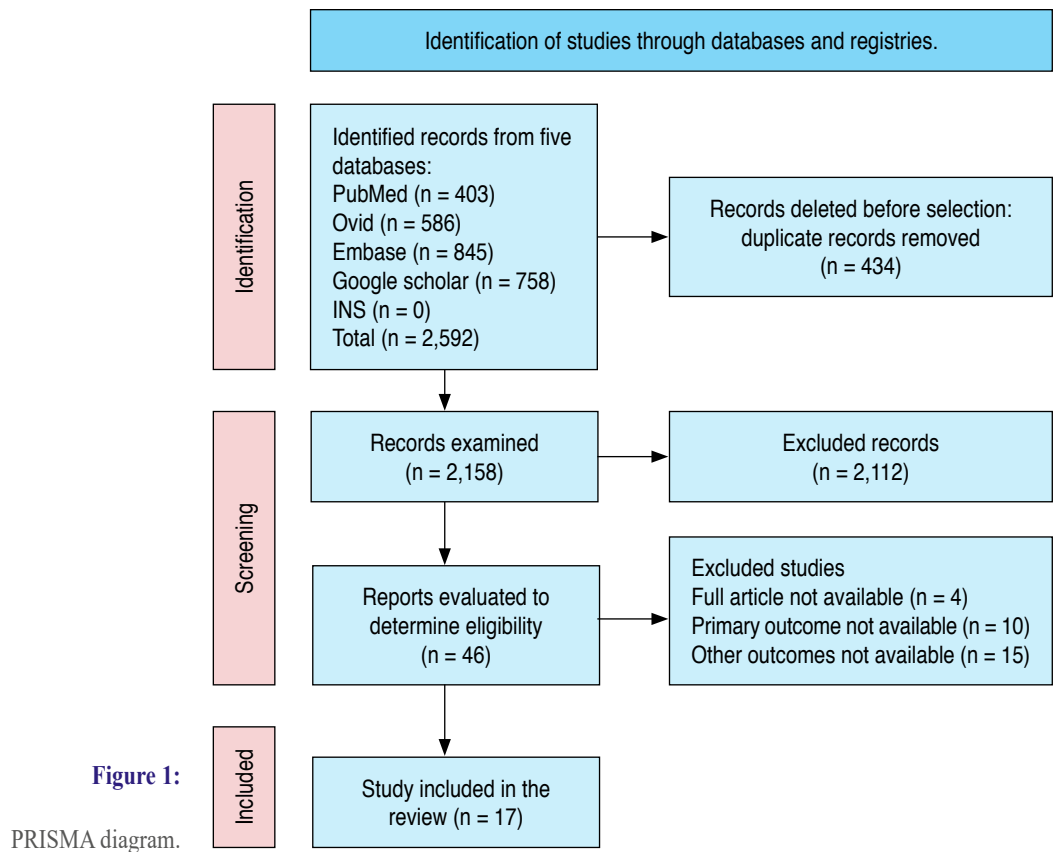
The searches were executed with the keywords in terms Mesh (Medical Subject Headings) Thesaurus on the health sciences of the National Library of Medicine (NLM); Vena Cava, Superior, Vena Cava, Inferior, Aorta, Thoracic, Aorta, Abdominal, Balloon Occlusion, Wounds, and Injuries. Once these Mesh terms were set, the Boolean operators were used as follows: (((Vena Cava, Superior[Mesh] OR Vena Cava, Inferior[Mesh]) OR (Aorta"[Mesh] OR Aorta, Thoracic[Mesh] OR Aorta, Abdominal[Mesh])) AND Balloon Occlusion[Mesh]) NOT Wounds and Injuries[Mesh]. Duplicate studies were removed using the Rayyan tool.

### Study selection

Each author independently reviewed the titles and abstracts of the articles in the database obtained as a result of the search strategy; Articles that were not related to the research question were excluded. Full texts were obtained only from articles considered potentially eligible by at least one reviewer. Subsequently, each author independently reviewed the full texts of the potentially eligible articles, verified the inclusion and exclusion criteria, and established the definitive articles for carrying out the present systematic review. Cases where there was a discrepancy were resolved by consensus in the first instance, and if disagreement persisted, a third reviewer determined whether or not to include the article.

### Data extraction process

For data extraction, the artificial intelligence tool SciSpace<sup>10</sup> was used as the first instance, where the articles included in the study



were entered and the specific data were screened. The information collected from each article included authors, year of publication, study design, number of participants in the intervention group and control group, indication for intravascular occlusion, site of vascular occlusion, amount of bleeding during the intervention, surgical time, and complications associated with the intervention. Additionally, for some numerical variables, dispersion measures such as the mean and standard deviation were recorded. In cases where automatic extraction of information was not obtained, it was added manually. Subsequently, each author independently corroborated the veracity of the information collected.

The data obtained were tabulated in a standardized Excel spreadsheet (Microsoft). Finally, articles that did not provide the total of the mentioned variables were excluded in order to avoid bias in obtaining results and analyzing them.

### Risk of bias and quality of included studies

The Newcastle-Ottawa scale was used to assess the risk of bias, a validated and widely used instrument to evaluate the risk of bias in observational studies.<sup>11</sup> This scale considers three domains: selection of participants, comparability between groups, and evaluation of exposure or results.<sup>12</sup> Methodological quality was classified according to the following criteria: (a) Good: three to four stars in selection, one to two in comparability, and two to three in results/exposition; (b) Fair: two stars in selection, one to two in comparability and two to three in results/exhibition; (c): zero to one star for selection, zero for comparability and zero to one for results/exhibition.<sup>11</sup>

### Statistical analysis

Data analysis and management were carried out using STATA statistical software. For the

qualitative variables, the log Odds ratio method was used, with a random effects model to calculate the Odds Ratio (OR) and the 95% confidence interval (95% CI). For numerical variables, the inverse variance method with a random effects model was used to determine the standardized mean difference (SMD) with its 95% CI. The presence of statistical heterogeneity was evaluated using the  $I^2$  test to measure the magnitude of heterogeneity; statistical heterogeneity was considered a value greater than 50%.

## RESULTS

After applying the search strategy across all databases, we obtained a total of 2,592 articles, distributed as follows: PubMed (n = 403), EMBASE (n = 845), OVID (n = 585), Google Scholar (n = 758), and INS (n = 0). Ultimately, we included 17 articles in the systematic review, excluding the remaining publications through a rigorous screening process (Figure 1).

Our analysis revealed no randomized controlled trials regarding occlusion balloons in elective surgery. Among the 17 included studies, 10 were retrospective cohorts,<sup>13-22</sup> one was a prospective cohort study,<sup>23</sup> and six were case-control studies.<sup>24-29</sup> We assessed the quality and risk of bias of all studies using the Newcastle-Ottawa Scale for cohorts and case-control studies, focusing on selection, comparability, and outcomes. Two retrospective cohorts exhibited a moderate risk of bias, while the remaining articles demonstrated good quality and low risk of bias (Table 1).

This review included a total of 3,379 patients, comprising 157 men (4.7%) and 3,222 women (95.3%). The average age in the intervention group was 36.4 years (SD: 5.9), compared to 37.0 years (SD: 6.1) in the non-intervention group (Table 2).

The conditions for which intravascular occlusion balloons were utilized in elective surgical treatments included abnormal placentation (placenta accreta) in 2,281

Table 1: Results of quality assessment using the Newcastle-Ottawa scale for all studies.

Study	Type of study	Selection	Comparability	Exposure or results	Methodological quality
Ioscovich A (2023)	Cases and controls	4	2	3	Good
Hao Z (2016)	Cases and controls	4	1	3	Good
Zeng C (2017)	Cases and controls	3	1	1	Regular
Filho S (2019)	Retrospective cohort	4	1	3	Good
Huo F (2021)	Retrospective cohort	4	1	2	Good
Kaneda H (2017)	Cases and controls	4	1	2	Good
Kyozuka H (2023)	Retrospective cohort	4	1	3	Good
Papillon-Smith J (2020)	Retrospective cohort	4	1	3	Good
Ye Y (2023)	Retrospective cohort	4	1	3	Good
Wu Q (2016)	Retrospective cohort	4	1	3	Good
Peng W (2020)	Retrospective cohort	2	1	2	Regular
Zhao X (2016)	Cases and controls	4	2	2	Good
Duan X (2018)	Retrospective cohort	3	1	2	Good
Wang Y (2020)	Retrospective cohort	4	1	3	Good
Peng Y (2020)	Cases and controls	4	2	3	Good
Zhao Z (2020)	Prospective cohort	3	1	2	Good
Zangh Y (2018)	Retrospective cohort	4	1	3	Good

Good: 3 to 4 stars for selection, 1 to 2 for comparability, and 2 to 3 for results/exhibition; Fair: 2 stars in selection, 1 to 2 in comparability and 2 to 3 in results/exhibition; Bad: 0 to 1 on selection, 0 on comparability and 0 to 1 on results/exposure.

Table 2: Comparative outcomes in groups studied with respect to age, indication and site of occlusion.

Study	Patients	Intervention group (ball)				Non-intervention group (no ball)				Indication	Occlusion site
		Gender		Age (years) Mean ± SD	Gender		Age (years) Mean ± SD				
		n	H		M	H		M			
Ioscovich A 2023	21	10	0	10	35 ± 5.02	11	0	11	33.8 ± 4.5	Abnormal placentation	Infrarenal abdominal aorta
Hao Z 2016	41	18	11	7	34.2 ± 2.5	23	14	9	34 ± 2.1	Complex acetabular fracture	Infrarenal abdominal aorta
Zeng C 2017	86	48	0	48	32.3 ± 5.27	38	0	38	33.1 ± 5.23	Abnormal placentation	Infrarenal abdominal aorta
Filho S 2019	35	28	0	28	33 (24-43)*	7	-	-	-	Abnormal placentation	Bilateral internal iliac artery
Huo F 2021	33	17	0	17	32.82 ± 4.45	16	0	16	34.44 ± 4.79	Abnormal placentation	Infrarenal abdominal aorta
Kaneda H 2017	518	12	0	12	49.5 (36-62)*	506	0	506	47 (34-69)*	Large uterine cervical fibroid	Bilateral internal iliac artery
	305	10	0	10	35.5 (28-40)*	295	0	295	38 (23-63)*		
	(Hysterectomy)										
	(Miomectomy)										
Kyozuka H 2023	37	13	0	13	37.5 (30.8-41)*	24	0	24	35 (32-38)*	Abnormal placentation	Supraceliac Aorta
Papillon-Smith J 2020	79	47	0	47	35 (22-51)*	32	0	32	34 (25-44*)	Abnormal placentation	Internal iliac artery
Ye Y 2023	364	278	0	278	34 (30-37)*	86	0	86	34 (32-36)*	Abnormal placentation	Infrarenal abdominal aorta
Wu Q 2016	268	230	0	230	29.5 ± 3.6	38	0	38	30.4 ± 4	Abnormal placentation	Infrarenal abdominal aorta
Peng W 2020	586	252	0	252	32.69 ± 4.62	296	0	296	32.74 ± 4.84	Abnormal placentation	Infrarenal abdominal aorta
Zhao X 2016	57	23	13	10	44.36 ± 13.34	34	15	19	45.41 ± 15.7	Pelvic or hip tumor resection	Infrarenal abdominal aorta
Duan X 2018	45	22	0	22	32.1 ± 6.9	23	0	23	31.7 ± 8.5	Abnormal placentation	Infrarenal abdominal aorta
Wang Y 2020	623	623	0	623	-	23	0	-	-	Abnormal placentation	Infrarenal abdominal aorta
Peng Y 2020	104	48	0	48	32.08 ± 3.94	56	0	48	33.46 ± 4.53	Abnormal placentation	Bilateral internal iliac artery
Zhao Z 2020	121	57	33	24	48 (18-70)*	64	34	30	45 (18-70)*	Pelvic or hip tumor resection	Infrarenal abdominal aorta
Zangh Y 2018	56	30	20	10	42 ± 18	26	17	9	50 ± 19	Pelvic or hip tumor resection	Infrarenal abdominal aorta

\* Median and (range)  
SD = Standard deviation.

\* Median and (range)  
SD = Standard deviation.



patients (67.5%), giant cervical uterine fibroids in 823 patients (24.3%), resection of sacrococcygeal tumors in 234 patients (6.9%), and open reduction and internal fixation of complex acetabular fractures in 41 patients (1.2%) (Table 2).

The anatomical sites selected for endovascular balloon occlusion were infrarenal abdominal aorta in 68% (n = 2,301), bilateral internal iliac arteries in 30.8% (n = 1,041), and suprarenal aorta in 1.09% (n = 37).

Regarding intraoperative bleeding, the intervention group (endovascular occlusion balloon use) had an average blood loss of 1,256 mL (SD: 669.9), while the non-intervention group (no balloon use) reported an average blood loss of 2,112 mL (SD: 1,027.8) (Table 3).

**Table 4: Intervention group with respect to complications.**

Complication	n (%)
Arterial thromboembolism	79 (53.00)
Emergency hysterectomy	45 (30.20)
Skin lesions or local hematoma	12 (8.05)
Vasospasm	5 (3.35)
Femoral pseudoaneurysm	2 (1.34)
Balloon dysfunction	2 (1.34)
Femoral nerve injury	1 (0.67)
Arteriovenous fistula	1 (0.67)
Operative site infection	1 (0.67)
Arterial dissection	1 (0.67)
Total	149 (100.00)

**Table 3: Comparative outcomes in groups studied with respect to amount of bleeding.**

Study	Intervention group (ball)				Non-intervention group (no ball)			
	Bleeding (mL)		Time (min)		Bleeding (mL)		Time (min)	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Ioscovich A 2023	1,060	296.64	119	29.41	4,400	2,787	149.81	47.69
Hao Z 2016	1,247.2	67.1	213.3	8.9	1,526.1	69.9	248.30	7.00
Zeng C 2017	1,467.71	1,075.77	92.19	32.5	2,218.42	1,572.2	119.47	59.37
Filho S 2019	1,193	679	332	70	2,273.4	—	—	—
Huo F 2021	3,167.65	3,255.71	—	—	2,831.25	1,906.03	—	—
Kaneda H 2017	510	—	178	116-300*	350	—	165.50	57-686
	727.5	—	157.5	156-218*	390	—	160	52-366*
Kyozuka H 2023	1,110	—	144	112-163*	2,160	—	146	126-164*
Papillon-Smith J 2020	1,713	181	353	14.00	1,874	245	227	13.00
Ye Y 2023	1,370.5	752	96.3	37.6	3,536.8	1,383.2	160.60	45.50
Wu Q 2016	921	199	64.1	5.1	2,790	335	92.10	9.70
Peng W 2020	1,967.66	1,466.64	191.05	59.4	1,338.18	1,286.14	153.02	57.33
Zhao X 2016	437.23	54.32	193.28	63.47	1,846.45	87.56	273.63	73.31
Duan X 2018	597	359	63.8	12.3	2,687	575	118.80	22.40
Wang Y 2020	620	570	65.3	14.5	2,687	575	—	—
Peng Y 2020	1,504.17	1,123.44	158.44	57.32	1,108.04	1,008.32	104.20	46.22
Zhao Z 2020	1,000	—	185	100-500*	1,350	—	260	180-600*
Zangh Y 2018	2,000	—	215	110-430*	2,650	—	225	115-340*

\* Range.

SD = Standard deviation.

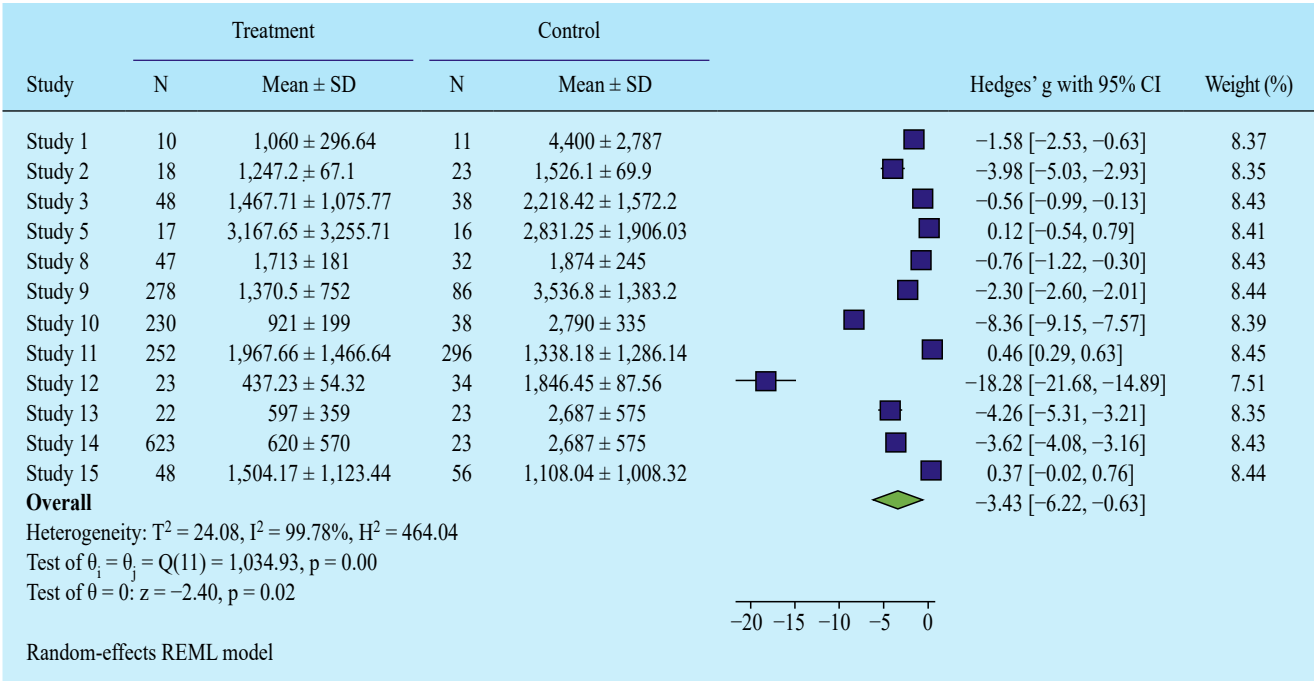


Figure 2: Forest Plot. Statistical analysis of intraoperative bleeding variables.

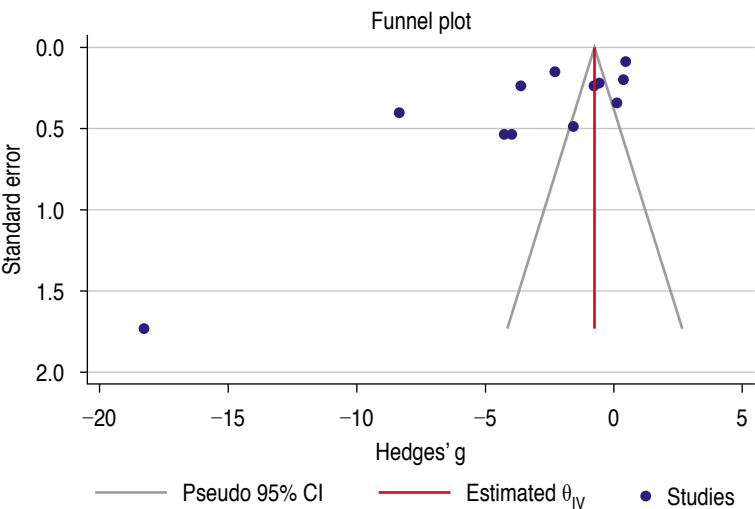


Figure 3: Funnel Plot. Statistical analysis of intraoperative bleeding variables.

Surgical duration also constituted a measured outcome in this study. In the intervention group, the average duration of surgical procedures was 165.9 minutes (SD: 84), while in the non-intervention group, it was 173.5 minutes (SD: 58.6).

A total of 149 participants (4.4% of the total included) experienced complications related to the use of the endovascular occlusion balloon. These included 79 arterial thromboembolic events, 45 emergency hysterectomies due to uncontrolled bleeding, 12 cases of skin and subcutaneous tissue injuries or local hematomas, five cases of vasospasm, two pseudoaneurysms of femoral vessels, and two cases related to balloon issues (migration and rupture). Other less frequent complications included femoral nerve injury, arteriovenous fistula, surgical site infection, and femoral artery dissection (one case each). Five studies reported no complications (Table 4).

Quantitative Analysis

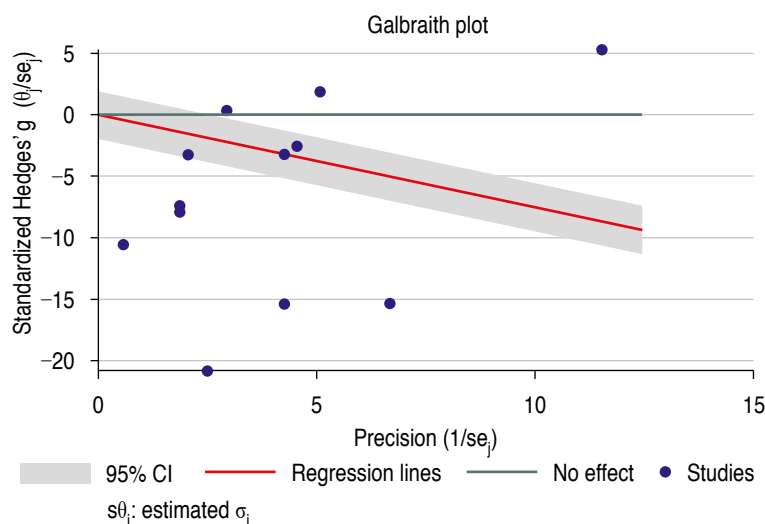
The systematic review (meta-analysis) was performed on 17 studies encompassing a total of 3,379 patients. The following variables were analyzed in the meta-analysis.

Intraoperative Bleeding

In this outcome, only 12 studies were subjected to statistical analysis (Table 5), revealing that the



intervention serves as a protective factor against bleeding, with an odds ratio (OR) of  $-3.43$  (95% CI  $-6.22$ ;  $-0.63$ ). The overall analysis exhibited



**Figure 4:** Galbraith Plot. Statistical analysis of intraoperative bleeding variables.

high statistical heterogeneity ( $I^2$  of 99.7%) with a significant p-value (Figure 2).

The general asymmetry of the funnel plot for this variable suggests significant publication bias. However, the dispersion observed in smaller studies may indicate heterogeneity among them (Figure 3).

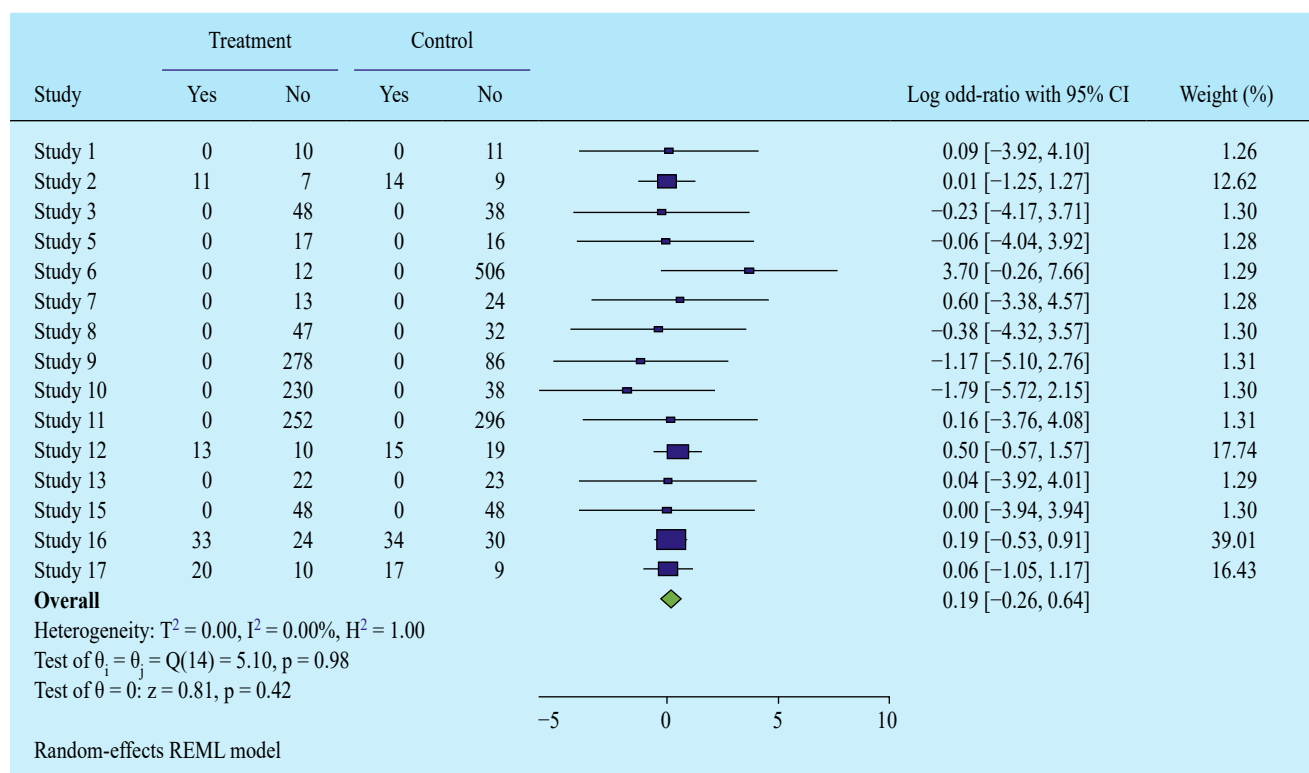
The lack of alignment of most studies along the regression line suggests general disparity in the meta-analysis results, characterized by marked heterogeneity (Figure 4).

### Gender

No significant differences were found, with an OR of 0.19 (95% CI  $-0.26$ ; 0.64), and no statistical heterogeneity was observed ( $I^2$  of 0%) (Figure 5).

### Age

No significant differences were identified with respect to age, with an OR of 0.06 (95% CI  $-0.15$ ; 0.04), and no statistical heterogeneity



**Figure 5:** Forest Plot. Statistical analysis of gender variables. (Yes: men; No: Women).

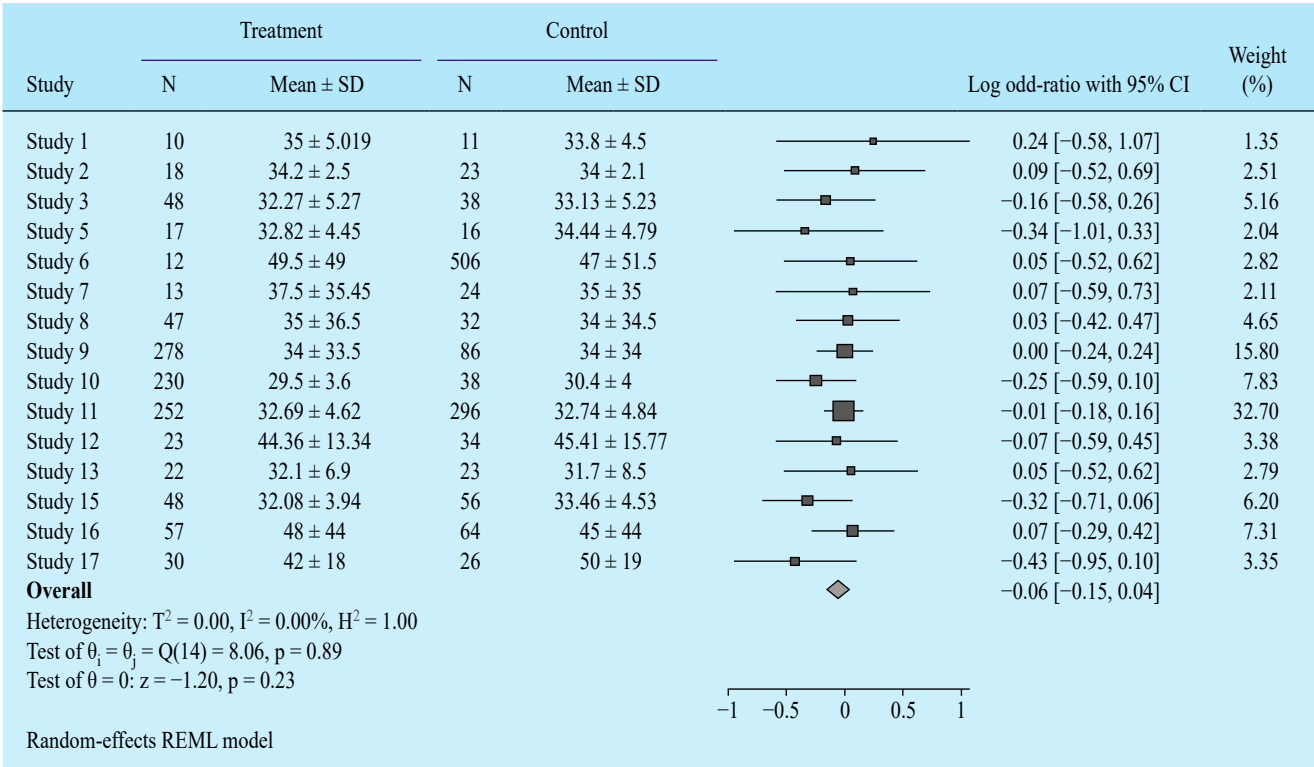


Figure 6: Forest Plot. Statistical analysis of age variables.

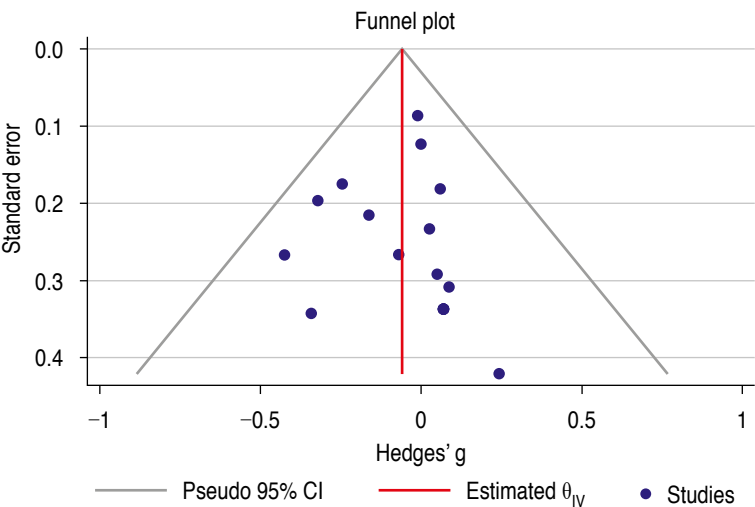


Figure 7: Funnel Plot. Statistical analysis of age variables.

was observed ( $I^2$  of 0%) (Figure 6). The general symmetry of the funnel plot suggests an absence of relevant publication bias. However, the slight dispersion observed in smaller studies may

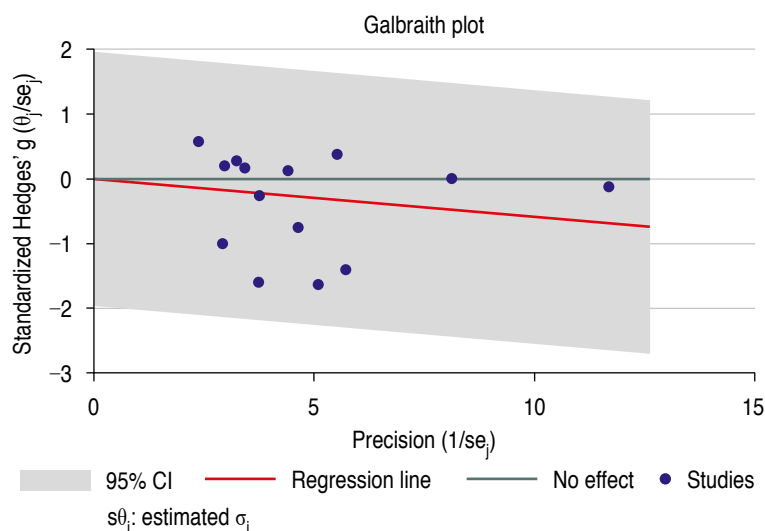
indicate some heterogeneity, warranting further exploration to identify potential differences in study designs or populations (Figure 7). The alignment of most studies along the regression line indicates overall consistency in the meta-analysis results, with limited heterogeneity and no outlier studies contributing to the overall heterogeneity (Figure 8).

Surgical duration

No significant differences were found in terms of duration reduction, with an OR of  $-0.47$  (95% CI  $-2.13$ ;  $1.18$ ), and statistical heterogeneity was observed ( $I^2$  of 99.5%) (Figure 9). The overall asymmetry of the funnel plot for this variable suggests significant publication bias. However, the dispersion in smaller studies may indicate heterogeneity among them (Figure 10). The lack of alignment of most studies along the regression line suggests general disparity in the meta-analysis results, characterized by marked heterogeneity (Figure 11).

## DISCUSSION

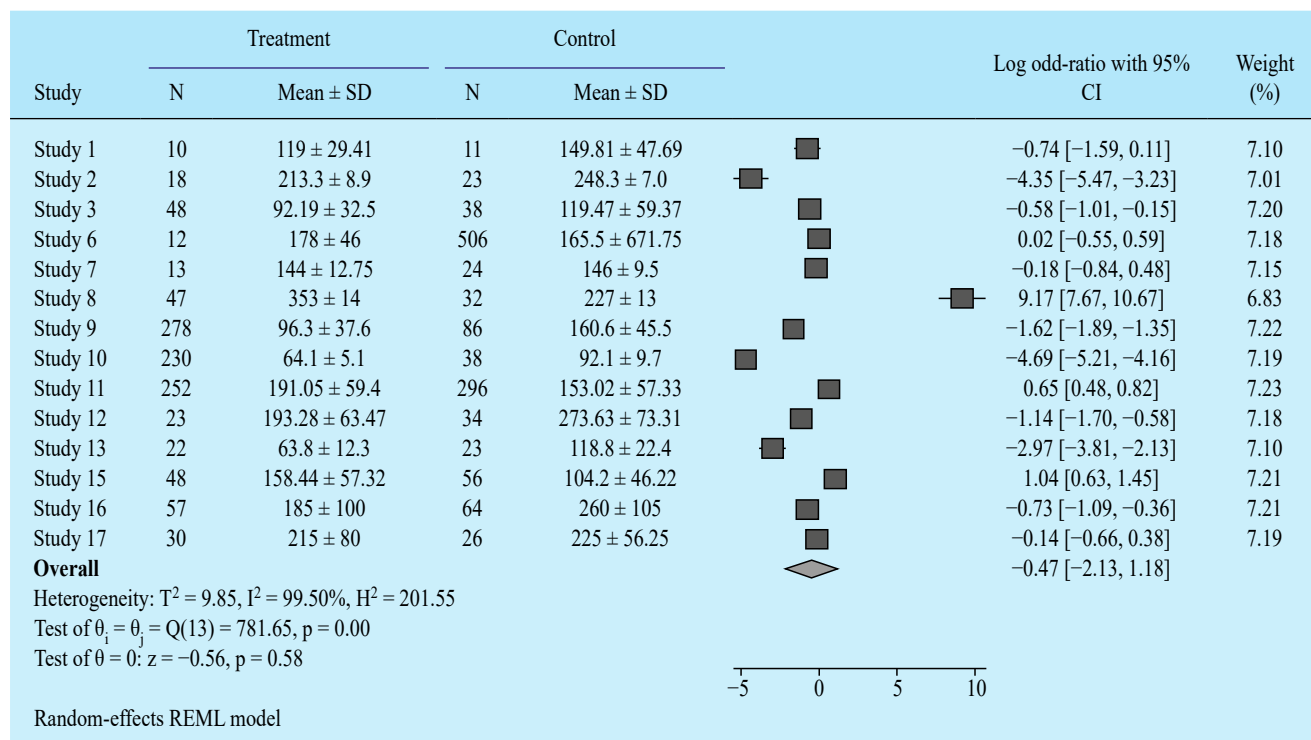
Our results indicate that certain sociodemographic variables, such as female



**Figure 8:** Galbraith Plot. Statistical analysis of age variables.

gender and age, characterize the population in which the intravascular balloon occlusion technique is most frequently applied. These findings align with the observational study by Wang Y,<sup>21</sup> which included approximately 623 female patients, and the study by Peng W<sup>19</sup> with 296 female patients. Both studies were conducted by gynecology groups focusing on abnormal placentation pathologies. Age, as an isolated variable, is supported by studies from Ye Y,<sup>17</sup> Wu Q,<sup>18</sup> Peng W,<sup>19</sup> and Wang Y,<sup>21</sup> which suggest that abnormal placentation is more prevalent among young women of reproductive age, typically under 40 years.

The pathology most frequently addressed using this technique was abnormal placentation, corroborated by studies such as those by Peng W<sup>19</sup> and Ye Y.<sup>17</sup> This was followed by the presence of giant fibroids, as highlighted in Kaneda H's study,<sup>27</sup> which reported the largest patient cohorts and emphasized the technique's role in reducing morbidity and mortality. Notably, the third most common pathology was non-gynecological in nature,



**Figure 9:** Forest Plot. Statistical analysis of surgical time variables.

specifically the open reduction of long bone fractures in the lower extremities, as reported by Hao Z.<sup>25</sup> This study also included the highest number of male patients in our review.

Regarding the occlusion sites, all procedures were performed within the arterial system, primarily at the infrarenal aorta. In two studies, Kaneda H<sup>27</sup> and Peng W,<sup>19</sup> occlusions were performed as distally as possible, bilaterally at the internal iliac arteries. These findings correspond with studies that had the largest patient populations and most representative

pathologies, specifically abnormal placentation and gynecological-pelvic tumors.

Concerning bleeding, the primary variable studied, our findings indicate that the application of prophylactic occlusion effectively reduced intraoperative bleeding. This result aligns with studies such as those by Zhao X,<sup>28</sup> Duan X,<sup>20</sup> Zeng C,<sup>26</sup> and Ye Y,<sup>17</sup> demonstrating that this method helps control and prevent intraoperative hemorrhage, thereby improving outcomes.

The most common complication observed was transient arterial thrombotic events, which were resolved with medical management. This was followed by emergency conversions to hysterectomy due to uncontrolled bleeding, predominantly in patients with abnormal placentation. However, this complication rate did not exceed 5% of the included population, suggesting that the risks associated with using this technique in elective surgery are acceptable.

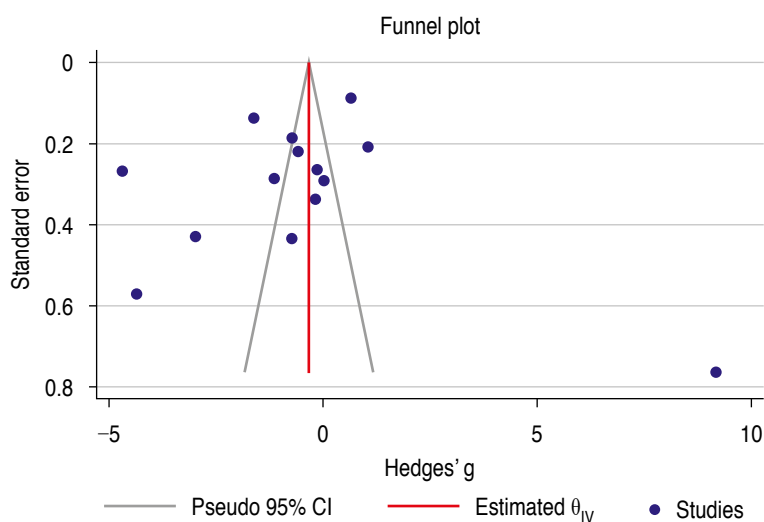
Regarding the limitations of our research, we note the absence of randomized controlled trials specifically addressing the primary outcome of bleeding. Additionally, significant heterogeneity existed among the included studies, which we attempted to address through various stratification methods and statistical analyses.

In summary, our study suggests that the intravascular occlusion technique is effective in reducing intraoperative bleeding and may have significant clinical applications. Nevertheless, further research through controlled clinical trials is necessary to establish clear diagnostic inclusion criteria for participants and to individualize outcomes based on specific interventions within our population, thereby confirming these findings.

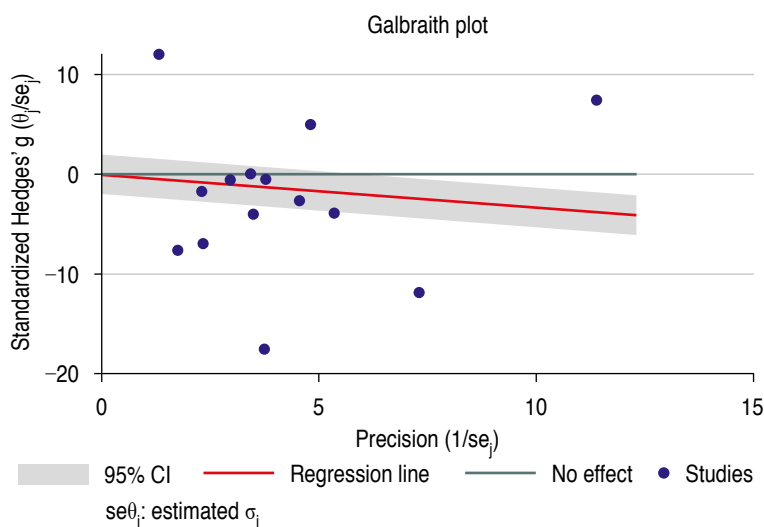
## CONCLUSIONS

Intravascular balloon occlusion effectively reduces intraoperative blood loss in elective general non-cardiac surgical procedures with a high risk of hemorrhage. The most common complications include transient arterial thrombosis and localized issues at the puncture site.

While various clinical scenarios exist for applying this technique, the strongest evidence



**Figure 10:** Funnel Plot. Statistical analysis of age variables.



**Figure 11:** Galbraith Plot. Statistical analysis of age variables.

Table 5: GRADE level of evidence and certainty. Intravascular balloon occlusion compared with not using intravascular occlusion balloon to reduce intraoperative bleeding.

N of studies	Certainty assessment				N of patients		Effect		Certainty	Importance
	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	intravascular occlusion balloon	not intravascular occlusion balloon		
Ioscovich A 2023	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	10 cases	11 controls	$\oplus\oplus\oplus\bigcirc$ Moderate	Important
							–	0.0%	<b>OR –1.58</b> (–2.53 to –0.63)	<b>0 fewer per 1,000</b> (from 0 fewer to 0 fewer)
Hao Z 2016	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Very strong association	18 cases	23 controls	$\oplus\oplus\oplus\oplus$ High	Important
							–	0.0%	<b>OR –3.98</b> (–5.03 to –2.93)	<b>0 fewer per 1,000</b> (from 0 fewer to 0 fewer)
Zeng C 2017	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Very strong association	48 cases	38 controls	$\oplus\oplus\oplus\oplus$ High	Important
							–	0.0%	<b>OR –0.56</b> (–0.99 to –0.13)	<b>0 fewer per 1,000</b> (from 0 fewer to 0 fewer)
Huo F 2021	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Very strong association	17/33 (51.5%)	16/33 (48.5%)	$\oplus\oplus\oplus\oplus$ High	Important
									<b>OR 0.12</b> (–0.54 to 0.79)	<b>383 fewer per 1,000</b> (from 1,000 fewer to 58 fewer)
Papillon-Smith J 2020	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	47/79 (59.5%)	32/79 (40.5%)	$\oplus\oplus\oplus\bigcirc$ Moderate	No important
									<b>OR –0.76</b> (–1.22 to –0.30)	<b>1,000 fewer per 1,000</b> (from 1,000 fewer to 662 fewer)
Ye Y 2023	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	278/364 (76.4%)	86/364 (23.6%)	$\oplus\oplus\oplus\bigcirc$ Moderate	Important
									<b>OR –2.30</b> (–2.60 to –2.01)	<b>1,000 fewer per 1,000</b> (from 1,000 fewer to 1,000 fewer)

Continuous Table 5: GRADE level of evidence and certainty. Intravascular balloon occlusion compared with not using intravascular occlusion balloon to reduce intraoperative bleeding.

N of studies	Certainty assessment				N of patients		Effect		Importance
	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	intravascular occlusion balloon	not intravascular occlusion balloon	
Wu Q 2016	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Very strong association	230/268 (85.8%)	38/268 (14.2%)	⊕⊕⊕⊕ High
								<b>OR -8.36</b> (-9.15 to -7.57)	Important
								<b>1,000 more per 1,000</b> (from 1,000 more to 1,000 more)	
Peng W 2020	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	252/586 (43.0%)	296/586 (50.5%)	⊕⊕⊕○ Moderate
								<b>OR 0.46</b> (0.29 to 0.63)	Important
								<b>186 fewer per 1,000</b> (from 277 fewer to 114 fewer)	
Zhao X 2016	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	23 cases	34 controls	⊕⊕⊕○ Moderate
								<b>OR -18.28</b> (-21.68 to -14.89)	No important
								<b>0 fewer per 1,000</b> (from 0 fewer to 0 fewer)	
Duan X 2018	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	22/45 (48.9%)	23/45 (51.1%)	⊕⊕⊕○ Moderate
								<b>OR -4.26</b> (-5.31 to -3.21)	Important
								<b>778 more per 1,000</b> (from 709 more to 913 more)	
Wang Y 2020	Non-randomised studies	Not serious	Not serious	Not serious	Serious	Strong association	600/623 (96.3%)	23/623 (3.7%)	⊕⊕○○ Low
								<b>OR -3.62</b> (-4.08 to -3.16)	No important
								<b>198 fewer per 1,000</b> (from 222 fewer to 175 fewer)	
Peng Y 2020	Non-randomised studies	Not serious	Not serious	Not serious	Not serious	Strong association	48/104 (46.2%)	56/104 (53.8%)	⊕⊕⊕○ Moderate
								<b>OR 0.37</b> (-0.02 to 0.76)	Important
								<b>237 fewer per 1,000</b> (from 562 fewer to 68 fewer)	



focuses on obstetric procedures, particularly those involving abnormal placentation.

Further research is essential, especially controlled clinical studies that establish clear diagnostic inclusion criteria for participants. Additionally, individualizing results based on specific interventions within our population is crucial to validate these findings.

## REFERENCES

- Hughes CW. use of an intra-aortic balloon catheter tamponade for controlling intra-abdominal hemorrhage in man. *Surgery*. 1954; 36(1): 65-68.
- Ordoñez CA, Parra MW, Serna JJ, Rodríguez-Holguín F, García A, Salcedo A et al. Damage control resuscitation: REBOA as the new fourth pillar. *Colomb Med (Cali)*. 2020; 51 (4): 4014353. doi: 10.25100/cm.v51i4.4353.
- Kauvar DS, Wade CE. The epidemiology and modern management of traumatic hemorrhage: US and international perspectives. *Crit Care*. 2005; 9 Suppl 5 (Suppl 5): S1-9.
- Granieri S, Frassini S, Cimbanassi S, Bonomi A, Paleino S, Lomaglio L et al. Impact of resuscitative endovascular balloon occlusion of the aorta (REBOA) in traumatic abdominal and pelvic exsanguination: a systematic review and meta-analysis. *Eur J Trauma Emerg Surg*. 2022; 48 (5): 3561-3574.
- Harfouche MN, Madurska MJ, Elansary N, Abdou H, Lang E, DuBose JJ et al. Resuscitative endovascular balloon occlusion of the aorta associated with improved survival in hemorrhagic shock. *PLoS One*. 2022; 17 (3): e0265778.
- Russo RM, Neff LP, Johnson MA, Williams TK. Emerging endovascular therapies for non-compressible torso hemorrhage. *Shock*. 2016; 46 (3 Suppl 1): 12-19.
- Belenkiy SM, Batchinsky AI, Rasmussen TE, Cancio LC. Resuscitative endovascular balloon occlusion of the aorta for hemorrhage control: past, present, and future. *J Trauma Acute Care Surg*. 2015; 79 (4 Suppl 2): S236-S242.
- Brenner ML, Moore LJ, DuBose JJ, Tyson GH, McNutt MK, Albarado RP et al. A clinical series of resuscitative endovascular balloon occlusion of the aorta for hemorrhage control and resuscitation. *J Trauma Acute Care Surg*. 2013; 75 (3): 506-511.
- Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ*. 2021; 372: n71. doi: 10.1136/bmj.n71.
- AI Chat for scientific PDFs | SciSpace. Available from: <https://typeset.io/>
- Wells GA, Shea B, O'Connell D, Peterson J, Welch V, Losos M, Tugwell P. Ottawa Hospital Research Institute. 2013. Available from: [https://www.ohri.ca/programs/clinical\\_epidemiology/oxford.asp](https://www.ohri.ca/programs/clinical_epidemiology/oxford.asp)
- Stang A. Critical evaluation of the Newcastle-Ottawa scale for the assessment of the quality of nonrandomized studies in meta-analyses. *Eur J Epidemiol*. 2010; 25 (9): 603-605.
- Filho SFC, Monsignore LM, Freitas RK, Nakiri GS, Cavalli RDC, Duarte G et al. Can the combination of internal iliac temporary occlusion and uterine artery embolization reduce bleeding and the need for intraoperative blood transfusion in cases of invasive placentation? *Clinics (Sao Paulo)*. 2019; 74: e946.
- Huo F, Liang H, Feng Y. Prophylactic temporary abdominal aortic balloon occlusion for patients with pernicious placenta previa: a retrospective study. *MC Anesthesiology*. 2021; 21 (1): 134. doi: 10.1186/s12871-021-01354-1.
- Kyozuka H, Yasuda S, Murata T, Sugeno M, Fukuda T, Yamaguchi A et al. Prophylactic resuscitative endovascular balloon occlusion of the aorta use during cesarean hysterectomy for placenta accreta spectrum: a retrospective cohort study. *J Matern Fetal Neonatal Med*. 2023; 36 (2): 2232073.
- Papillon-Smith J, Hobson S, Allen L, Kingdom J, Windrim R, Murji A. Prophylactic internal iliac artery ligation versus balloon occlusion for placenta accreta spectrum disorders: a retrospective cohort study. *Int J Gynecol Obstet*. 2020; 151 (1): 91-96.
- Ye Y, Li J, Liu S, Zhao Y, Wang Y, Chu Y et al. Efficacy of resuscitative endovascular balloon occlusion of the aorta for hemorrhage control in patients with abnormally invasive placenta: a historical cohort study. *BMC Pregnancy Childbirth*. 2023; 23 (1): 333.
- Wu Q, Liu Z, Zhao X, Liu C, Wang Y, Chu Q, et al. Outcome of Pregnancies After Balloon Occlusion of the Infra renal Abdominal Aorta During Caesarean in 230 Patients With Placenta Praevia Accreta. *Cardiovasc Intervent Radiol*. 2016;39(11):1573-9.
- Peng W, Shen L, Wang S, Wang H. Retrospective analysis of 586 cases of placenta previa and accreta. *J Obstet Gynaecol (Lahore)*. 2020; 40 (5): 609-613.
- Duan X, Chen P, Han X, Wang Y, Chen Z, Zhang X et al. Intermittent aortic balloon occlusion combined with cesarean section for the treatment of patients with placenta previa complicated by placenta accreta: a retrospective study. *J Obstet Gynaecol Res*. 2018; 44 (9): 1752-1760.
- Wang Y, Jiang T, Huang G, Han X, Chen Z, Liu C et al. Long-term follow-up of abdominal aortic balloon occlusion for the treatment of pernicious placenta previa with placenta accreta. *J Interv Med*. 2020; 3 (1): 34-36.
- Zhang Y, Guo W, Yang R, Yan T, Dong S, Wang S et al. 2016 Can aortic balloon occlusion reduce blood loss during resection of sacral tumors that extend into the lower lumbar spine? *Clin Orthop Relat Res*. 2018; 476 (3): 490-498.
- Zhao Z, Wang J, Yan T, Guo W, Yang R, Tang X et al. A clinical study of the hemodynamic and metabolic effects of Zone 3 REBOA for sacral and pelvic tumor resections. *BMC Surg*. 2020; 22 (1): 246. doi: 10.1186/s12893-022-01694-w.
- Ioscovich A, Greenman D, Goldin I, Grisaru-Granovsky S, Gozal Y, Zukerman B et al. Resuscitative Endovascular Balloon Occlusion of the Aorta (REBOA) in the multidisciplinary management of morbidly adherent placenta. *Isr Med Assoc J*. 2023; 25 (7): 462-467.
- Hao Z, Zhou D, Wang F, Li L, He J. Temporary balloon occlusion of the abdominal aorta in treatment of

- complex acetabular fracture. *Med Sci Monit.* 2016; 22: 2295-2300.
26. Zeng C, Yang M, Ding Y, Yu L, Deng W, Hu Y. Preoperative infrarenal abdominal aorta balloon catheter occlusion combined with Bakri tamponade reduced maternal morbidity of placenta increta/percreta. *Medicine (Baltimore).* 2017; 96 (38): e8114-e8114. doi: 10.1097/MD.00000000000008114.
  27. Kaneda H, Terao Y, Matsuda Y, Fujino K, Ujihira T, Kusunoki S et al. The utility and effectiveness of an internal iliac artery balloon occlusion catheter in surgery for large cervical uterine fibroids. *Taiwan J Obstet Gynecol.* 2017; 56 (4): 502-507. doi: 10.1016/j.tjog.2016.12.019.
  28. Zhao X, Wang Z, Du Q, Wang A, Xiong Y. Selective arterial embolization combined with lower abdominal aortic-balloon blocking to control bleeding during pelvic and hip joint tumor surgery. *Int J Clin Exp Med.* 2016; 9 (2): 3551-3557.
  29. Peng Y, Jiang L, Peng C, Wu D, Chen L. The application of prophylactic balloon occlusion of the internal iliac artery for the treatment of placenta accreta spectrum with placenta previa: a retrospective case-control study. *BMC Pregnancy Childbirth.* 2020; 20 (1): 349.

**Funding:** no financial support was received for this study.

**Conflict of interest:** the authors declare no conflict of interest.

**Acknowledgement:** this project was carried out thanks to the collaboration of our advisors, Doctor Elver Camacho and Dr. Erika Marcela Méndez Ordoñez, since, thanks to their effort, guidance, and dedication, it was possible to obtain the guidance and teachings required for the realization of this work, because without their support it would not have been possible. Thank you to Universidad el Bosque for giving us the opportunity to get involved in the world of high-quality research, which allows us to strengthen our knowledge in Peripheral Vascular Surgery and improve our professional practice. Infinite thanks to our families, who were our unconditional driving force and emotional support in this second specialty; they were always there day and night, supporting us and giving us comfort. Finally, thanks to those friends who gave us their hand to bring this project forward.

**Correspondence:**

**Erika Marcela Mendez Ordoñez**

**E-mail:** mendezerika@unbosque.edu.co