

## Pompe disease: a lesson to learn

### *Enfermedad de Pompe: una lección por aprender*

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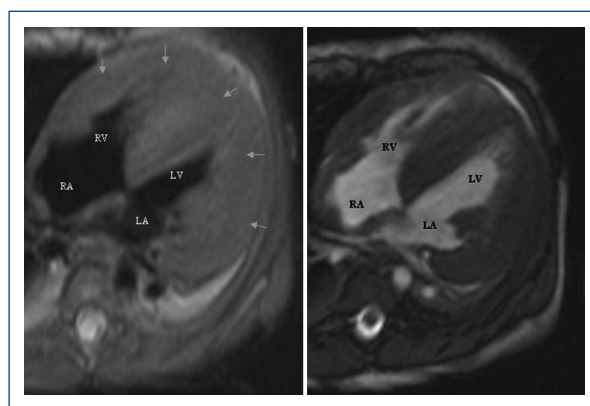
Pompe disease (PD), was first described by Johannes Pompe in 1932. It is also known as acid  $\alpha$ -glucosidase (GAA) enzyme deficiency, a severe progressive myopathy with autosomal recessive inheritance. GAA deficiency produces excessive glycogen storage in lysosomes, with secondary cell dysfunction, and progressive damage to cardiac, respiratory, skeletal, and smooth muscles. The incidence is estimated to be 1:40,000-1:300,000<sup>1,2</sup>.

The most severe form begins in the 1<sup>st</sup> months of life. It includes massive cardiomegaly, muscle hypotonia, mild hepatomegaly, and delayed motor milestone. Without treatment, these patients do not survive beyond the 1<sup>st</sup> year of life<sup>3</sup>.

The enzyme replacement therapy with recombinant human acid alpha-glucosidase is the specific treatment and is available at all ages<sup>4</sup>.

We present the case of a 5-month-old male, with positive family history for hypertrophic cardiomyopathy. The patient was diagnosed with hypertrophic cardiomyopathy at 3 months of life. The clinical presentation was characterized for dyspnea on exertion, diaphoresis, and heart failure.

The echocardiogram showed concentric biventricular hypertrophic without and decreased left ventricular



**Figure 1.** Magnetic resonance in four chambers shows biventricular hypertrophic cardiomyopathy (arrows). RA: right atrium; RV: right ventricle, LA: left atrium; LV: left ventricle.

function. Late intramyocardial low-septal, middle, and apex enhancement were detected in the magnetic resonance (Figs. 1 and 2). The Genetic screening reported Gene GAA variant c.1987del (p.Gln663serfs\*33) compatible with PD. Fifteen days after admission, he died of ventricular fibrillation.

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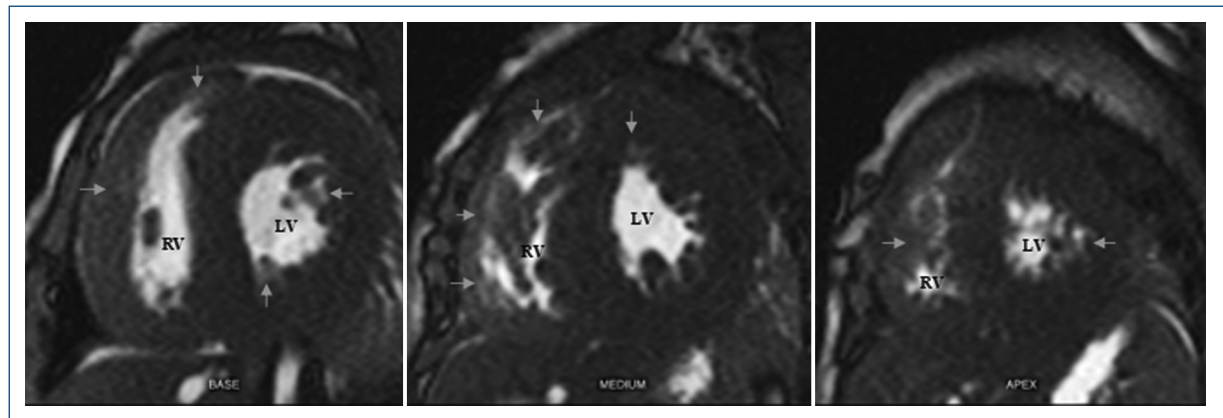
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**Figure 2.** Magnetic resonance images in short-axis plane, present cardiomyopathy with late low, middle, and apex intramyocardial enhancement (arrows). RV: right ventricle; LV: left ventricle.

Performing timely detection is vital for patient survival, with the current support of imaging studies and genetic tests, the diagnostic is achieved. We suggest monitoring patients and performing interventions to avoid complications. Treatment is available in Mexico, so prompt action must be taken.

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## Conflicts of interest

None.

## Ethical disclosures

**Protection of human and animal subjects.** The authors declare that no experiments were performed on humans or animals for this study.

**Confidentiality of data.** The authors declare that no patient data appear in this article.

**Right to privacy and informed consent.** The authors declare that no patient data appear in this article.

**Use of artificial intelligence for generating text.** The authors declare that they have not used any type of generative artificial intelligence for the writing of this manuscript, nor for the creation of images, graphics, tables, or their corresponding captions.

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