

Adverse effects, pharmacological interactions, and cardiovascular drugs in COVID-19 treatment

Interacción farmacológica, efectos adversos y drogas cardiovasculares en el tratamiento del COVID-19

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Abstract

In severe coronavirus disease (COVID)-19 patients, an extraordinary systemic inflammatory response is seen. It could impact in multiple organ disorders, specially a severe myocardial injury, an acute myocarditis results in focal or global myocardial inflammation and necrosis. Those events can be present in healthy subjects or cardiovascular (CV) patients. It is clinically associated with ventricular dysfunction exacerbation or worsening and tachyarrhythmias. It is also related to a poor outcome for CV patients with ischemic heart disease, hypertension, and heart failure. COVID-19 patients require multiple and complex treatment that alleviates symptoms, the vast variety of agents interacts with diseases and CV drugs. Our purpose is to correlate in guidance synopsis: Adverse effects, pharmacological interactions, and CV drugs in COVID-19 treatment

Key words: Cardiovascular drugs. Pharmacology interactions. Adverse effects. COVID-19.

Resumen

En pacientes con COVID-19 grave se ha observado una extraordinaria respuesta inflamatoria sistémica. Este impacto se traduce en múltiples trastornos de órganos, especialmente cardíacos, por lesión miocárdica grave, miocarditis aguda que resulta en inflamación focal o miocárdica global, necrosis cardíaca. Estos tremendos eventos son observados en sujetos sanos como pacientes cardiovasculares. Clínicamente asociados con nueva presentación o empeoramiento de la disfunción ventricular y taquiarritmias. Relacionado a un predictor principal de malos resultado en pacientes cardiovasculares (CV), especialmente en aquellos con cardiopatía isquémica, hipertensión e insuficiencia cardíaca. Los enfermos con COVID-19 requieren múltiples y complejos tratamientos que alivien los síntomas, esta gran variedad de agentes interactúa con enfermedades y medicamentos CV. Nuestro propósito es correlacionar, en una guía sinóptica: efectos adversos, interacciones farmacológicas y fármacos cardiovasculares en el tratamiento del COVID-19.

Palabras clave: Drogas cardiovasculares. Interacciones farmacológicas. Efectos adversos. COVID-19.

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The new coronavirus disease (COVID-19) caused by the severe acute respiratory syndrome coronavirus-2 virus, has become a pandemic since its outbreak in December 2019 in Wuhan, China¹. The transmission of COVID-19 has had severe temporal and regional impacts, expanded throughout Asia at the end of 2019; in February 2020, there were marked increases in patients in Europe, invariably, in the Americas, acceleration of incidence was observed from March 2020.

COVID-19 infection is a serious public health problem that has forced health workers and authorities to take priority health measures, in disease pathophysiology knowledge, effective treatment research, and prevention measures².

The enter pathway of viral particles is mainly through the respiratory system³, generating a local symptom, flu-like, fever, or cough⁴⁻⁶. In the next few hours, a severe compromise due to an exaggerated immune response is observed causing significant systemic deterioration, particularly respiratory and hemodynamic⁴⁻⁹. Tavazzi et al. reported myocardium viral invasion¹⁰ that describes the deleterious mechanisms of myocardial and hemodynamic malfunction⁷⁻⁹. These alterations are associated with highly intensive care hospitalization rates adding poor prognosis and high mortality. Cardiac damage could involve both previously disease-free and cardiovascular (CV) patients, with poor prognosis associated to increased mortality.

Adverse CV conditions have been hypothesized, such as an acute myocardial dysfunction induced or added to a severe inflammatory or toxic sepsis¹¹ in COVID-19 patients. Associated to a main predictor of poor outcome, history of CV comorbidities (e.g., ischemic heart disease, hypertension, etc.) is an important risk factor for worsening prognosis^{11,12}. An extraordinary systemic inflammatory response could mediate severe myocardial injury^{9,10,12}. In several cases, acute myocarditis results in focal or global myocardial inflammation and necrosis^{9,11}. It is also related to worsening ventricular dysfunction and tachyarrhythmias¹¹⁻¹³.

Our purpose is to correlate, in guidance synopsis: a general adverse effects (AEs), pharmacological interactions, CV side effects, as well as interaction with CV drugs, principally in relation with concomitant use of treatment for COVID-19

With the current COVID-19 pandemic, CV patients could have five probable therapeutic scenarios¹¹⁻¹³: (1) routine CV treatment, (2) agents to relieve mild to moderate COVID-19 symptoms, (3) viral load reducing drugs, (4) anti-inflammatory agents, and (5) advanced support of Intensive care units.

In the current treatment, many CV patients have been related to multiple concomitant comorbidities, chronically controlled with multiple agents (antihypertensive, anticoagulants, antiarrhythmics, statins, and among others). Many cardiological societies and government agencies recommend continuing treatment at optimal doses for proper comorbidities control. There are few clinical evidences of AE with angiotensin-converting enzyme inhibitors and angiotensin receptor blockers^{11,13} and symptomatic treatment relief concomitant symptoms (fever, myalgia, odynophagia, and headache)

In specific COVID-19 treatment, multiple drug treatments¹¹⁻¹⁴ have been tested: antimalarials (hydroxychloroquine/chloroquine); antivirals: protease inhibitors (lopinavir/ ritonavir and darunavir/ritonavir) and nucleotide analogs (remdesivir); anthelmintics (ivermectin); and immunotherapy (immunoglobulin), antibiotics (azithromycin) and monoclonal antibodies (tocilizumab), and corticosteroid.

Antimalarials

Since the onset of COVID-19 pandemic, antimalarials (hydroxychloroquine and chloroquine) potential beneficial use was hypothesized, Food and Drug Administration (FDA) authorized its emergency use promptly¹⁵. Later, new clinical information studies^{16,17} have found that hydroxychloroquine did not show benefits for patients with COVID-19 and did not prevent viral exposed, so the use was discontinued.

Currently, these drugs are not recommended for this indication

Hydroxychloroquine and chloroquine have immunomodulatory properties, inhibit viral entry, by increase endosomal and lysosomal pH and attenuating virus ability to release its genetic material into the cell¹⁵. Its use can result in retinopathy and ototoxicity¹⁴. Hypoglycemia, neurological alterations, and hepatotoxicity were reported. Patients with renal failure require correction dose¹⁴.

Antimalarials produce CV alterations, it modulates coronary arterial vasodilation by nitric oxide production reductions in coronary artery endothelial cells. On the other hand, antimalarials alter diastolic performance, and produces myocardial fibrosis and arrhythmias¹⁵. Cardiotoxicity and cardiac AE were associated to long-term used and dose dependent¹². Ventricular arrhythmias and torsade de pointes were reported^{13,14}. Bundle branch block, atrioventricular block, and prolonged QT were associated (< 10%)¹⁴. Baseline and follow-up

electrocardiography were recommended^{12,14}. Antimalarials increase levels of mammalian target of rapamycin inhibitors, calcineurin inhibitors, and beta-blockers. Aspirin decreases antimalarial levels. Antimalarials with antiarrhythmics are contraindicated for prolongation of the QT interval¹⁴ (Table 1).

Antivirals

Protease inhibitors such as lopinavir/ritonavir and darunavir/ritonavir are antiviral combinations, who demonstrated inhibition activity against coronavirus¹¹⁻¹⁴. Some AE are gastrointestinal such as nausea and diarrhea, and hepatotoxicity, increased alanine aminotransferase (ALT) serum levels and pancreatitis. Hematological: hemolytic anemia, neutropenia, and increase bleeding were reported. Hyperglycemia and skin reactions were seen.

Lopinavir/ritonavir regulates of fatty acid oxidation and cholesterol synthesis, increasing serum levels, and elevates myocardial oxidative stress and concomitantly inhibits the ubiquitin proteasome system, associated with depressed contractility and cardiac hypertrophy. An altered connexin 43 expression may be linked to perturbed gap junction assembly and arrhythmogenesis, it can precede ventricular fibrillation in rat models¹⁸.

CV AE was prolonged QT and PR intervals and 2nd and 3rd degree heart block¹¹⁻¹⁴. Hyperlipidemia was also associated. CV drugs such as antiarrhythmics amiodarone, flecainide, ivabradine, ranolazine, lovastatin, pitavastatin, and simvastatin are contraindicated¹⁴. Antivirals increase level of antiplatelets, beta-blockers, calcium channel blockers, digoxin, mineralocorticoids receptor agents, and direct oral anticoagulant. The use of antivirals with warfarin presented variable effects on the international normalized ratio (INR)¹⁴. Serious effects report and use alternative recommended with bosentan, propafenone, rivaroxaban, edoxaban, and sildenafil (Table 1).

Remdesivir is a nucleotide analog who inhibits viral RNA polymerases, FDA approved a compassionate use¹⁹. Remdesivir is a substrate of several cytochrome P450 enzymes *in vitro*, however, clinical implications are unclear since the pro-drug is rapidly metabolized by plasma hydrolases²⁰. Any CV action is ignored. General AE is increased hepatic enzymes, diarrhea, hypernatremia, and renal impairment. CV AE was seen in a compassionate study, deep vein thrombosis atrial fibrillation hypotension⁵ (Table 1). Wang et al.²¹

reported no serious CV AE (tachycardia and acute coronary syndrome).

Adjunctive therapies

Monoclonal antibody

Tocilizumab is a monoclonal antibody who binds to interleukin (IL)-6 receptor to prevent activation and signaling^{11,13}. Tocilizumab decreases lipoprotein-A levels and could be responsible for high-density lipoprotein cholesterol loss of antiatherogenic function²². An observational study associates tocilizumab to an increased left ventricular (LV) ejection fraction and decreased LV mass index²³. General side effects include rise in serum ALT, pancreatitis, gastritis, and neutropenia¹⁴. Hypertension and dyspnea should be monitored closely¹⁴. No interactions with CV drugs were reported.

Anthelmintics

Ivermectin is an FDA-approved anti-parasitic agent which was also proven to exert antiviral activities²⁴. AE was hepatic, neurological, skin reactions, and interference with Vitamin K metabolism²⁵ – CV interactions are not described. Hypotension and nonspecific electrocardiogram (EKG) changes were close monitoring. Interactions reported with antiarrhythmics, calcium channel blockers, statin, and warfarin²⁵ (Table 1).

Antibiotics

Azithromycin is a macrolide who prevents bacterial superinfection and may have immunomodulatory properties¹¹. It inhibits protein synthesis, decreases inflammation and viral replication²⁶. Also, reduces cytokine reproduction¹, neutrophil chemotaxis and improves apoptosis^{11,13,14}. General AE reported was diarrhea associated to *Clostridium difficile*, abnormal liver function, cholestatic jaundice, and myasthenia gravis symptoms¹⁴. Serious CV side effects are uncommon²⁷, however, they may include prolonged QT interval, risk of developing ventricular tachycardia, and torsades de pointes, especially in the elderly, in uncorrected hypokalemia or hypomagnesemia, in pre-existing QT interval prolongation or those taking anti-arrhythmic drugs^{26,27} (Table 1). The mechanism of induced QT prolongation is the inhibition of repolarization of cardiac cells through potassium channels²⁸.

Table 1. Principal adverse effects and interaction with cardiovascular drugs in COVID-19 treatment

Drug	General adverse effects	Cardiovascular adverse effects	Interactions with cardiovascular drugs
Antimalarial Hydroxychloroquine/ Chloroquine	<ul style="list-style-type: none"> - Renal failure^a - Keratopathy - Hemolysis - Hypoglycemia - Hepatic disease^b - Seizures - Otoxicity 	<ul style="list-style-type: none"> - Prolonged QT - Bundle branch block - AV block - Torsade de pointes - Ventricular arrhythmias - Cardiomyopathy resulting in HF^{b,c} 	<ul style="list-style-type: none"> - Aspirin decrease level chloroquine - Beta-blockers^{d,e} (Carvedilol, Metoprolol, Nebivolol) - mTOR inhibitors levels increase - Calcineurin inhibitors levels increase - Antiarrhythmics: Amiodarone^{f,g,h}, Dronedarone^{e,i,j}, Flecainide levels increase
Antivirals Protease inhibitors Lopinavir/ritonavir Darunavir/Ritonavir Nucleotide Analog Remdesivir ^s	<ul style="list-style-type: none"> - Diarrhea, Nausea - ALT increased - Elevated LFT - Neutropenia - Pancreatitis - Hepatotoxicity - Hemolytic anemia - Increase bleeding - Hyperglycemia - Skin reactions 	<ul style="list-style-type: none"> - Prolonged QT and PR interval - Hyperlipidemia - Causes 2nd and 3rd degree heart block 	<ul style="list-style-type: none"> - Amiodarone^{f,g}, Dronedarone^{e,i,j}, Flecainide^{f,g}, Propafenone^{e,g,i,j} - Antiplatelets: Clopidogrel^{b,d,h}, Ticagrelor^{b,d,h} - ARNI^{d,g} - Beta-blockers: Carvedilol^{b,d,g}, Metoprolol^{b,d,g}, Nebivolol^{d,g} - Bosentan^{d,i,j} decrease inhibitors level - Calcium channel blockers: Diltiazem^{d,g}, Felodipine^{d,g}, Nifedipine^{d,g}, Verapamil^{d,g} - Digoxin^{d,g} - Ivabradine^{f,g} - MRA: Spironolactone^{d,g}, Eplerenone^{g,l} - DOACs: Apixaban^{b,i,j}, Dabigatran^{a,b,g}, Rivaroxaban^{g,i,j}, Edoxaban^{g,i,j} - Ranolazine^{d,f,g} - Riociguat^{g,i,j}, Sildenafil^{g,i,j} - SLG12 Canagliflozin^{b,g} - Statins: Atorvastatin^{d,g,i,j}, Fluvastatin^{d,g}, Lovastatin^{f,g}, Pitavastatin^{f,g}, Pravastatin^{d,g}, Rosuvastatin^{d,g,i,j}, Simvastatin^{f,g} - Warfarin^{d,g,k}
Anthelmintics Ivermectin	<ul style="list-style-type: none"> - Diarrhea, nausea - Headache - Insomnia - Ocular damage - ALT/AST increased - Hepatitis 	<ul style="list-style-type: none"> - Hypotension - Mild EKG changes 	<ul style="list-style-type: none"> - Antiarrhythmics: Amiodarone^{d,j}, Dronedarone^{e,j} - Statins^{d,g,i}: Atorvastatin, Lovastatin, Simvastatin - Felodipine^{d,g,i}, Nifedipine^{d,g,i}, Verapamil^{d,g,i} - Spironolactone^{d,g,i} - Ranolazine^{e,g,i} - Warfarin^{d,g,i}
Immunotherapy Immunoglobulin	<ul style="list-style-type: none"> - Myalgia/back pain - Nausea - Anaphylaxis 	<ul style="list-style-type: none"> - Tachycardia - Hypotension - Venous thrombosis 	<ul style="list-style-type: none"> - Diuretic: Furosemide^x
Monoclonal antibody Tocilizumab	<ul style="list-style-type: none"> - ALT increased - Gastritis, pancreatitis - Neutropenia 	<ul style="list-style-type: none"> - Hypertension - Dyspnea 	<ul style="list-style-type: none"> - None reported

(Continues)

Table 1. Principal adverse effects and interaction with cardiovascular drugs in COVID-19 treatment (Continued)

Drug	General adverse effects	Cardiovascular adverse effects	Interactions with cardiovascular drugs
Antibiotics Azithromycin	<ul style="list-style-type: none"> - Diarrhea, nausea - Abdominal pain - ALT/AST increased - Hepatitis, cholestasis - Leuko/neutropenia - Myasthenia aggravation 	<ul style="list-style-type: none"> - Prolonged QT - Torsade de pointes - Ventricular arrhythmias 	<ul style="list-style-type: none"> - Antiarrhythmics: Amiodarone^a, Dronedarone^a, Flecainide^a, Propafenone^a, Sotalol^a, - Verapamil^b - Dalteparin^{b,g}, Enoxaparin^{b,g}, Fondaparinux^{d,g}, Heparin^{d,g} - Dabigatran^{a,g}, Edoxaban^{a,g}, Rivaroxaban^{a,g} - Digoxin^{b,j} - Hydroxychloroquine^{j,a} - Ranolazine^h - Statins: Atorvastatin^{b,d,g}, Simvastatin^{b,g} - Warfarin^{b,g}
Corticosteroid Dexamethasone	<ul style="list-style-type: none"> - Hyperglycemia - Acne, urticaria - Alkalosis - Potassium loss - Fluid and Sodium retention - ALT/AST - Myopathies - Depression - Glaucoma 	<ul style="list-style-type: none"> - Bradycardia - Arrhythmias - Hypertension - Edema - Thromboembolism - HF deterioration 	<ul style="list-style-type: none"> - Amiodarone^h, Disopyramide^h, Dronedarone^h - Amlodipine^h, Nifedipine^h, Verapamil^h - Apixaban^h, Dabigatran^h - Aspirin^{z,b, d} - Atorvastatin^{b,d,h}, Lovastatin^h, Simvastatin^h - Diltiazem^{e, g} - Eplerenone^h - Heparin^{b,d,h}, Rivaroxaban^h, Bivalirudin^{b,h} - Indapamide^k - Ivabradine^h - Ranolazine^h - Warfarin^h

^aNeed dose correction, ^bUse caution, ^cAssociated a long-term therapy and high doses, ^dMonitor closely, ^eIncrease level or effect through CYP2D6, ^fContraindicated, ^gIncrease level, ^hDecrease level, ⁱSerious effect use alternative, ^jAvoid or use alternative, ^kMinor side effect, ^lVariable levels effects, ^mQT interval, ⁿIncrease QT interval, ^oExperimental drug, unknown interactions, ^pAV: atrioventricular.

mTOR: mammalian target of rapamycin; ALT: alanine aminotransferase; LFT: liver function test; ARNI: angiotensin receptor/neprilysin inhibitor; MRA: mineralocorticoids receptor agent; DOAC: direct oral anticoagulant; SLGT2: sodium glucose transport protein 2; AST: aspartate aminotransferase; EKG: electrocardiogram; CYP2D6: cytochrome P450 2D6.

Immunotherapy (immunoglobulin)

It is hypothesized that antibodies from recovered patients may help with both free virus and infected cell immune clearance¹¹. Anaphylaxis, myalgia, back pain, and nausea were the principal AE¹⁴. Supraventricular tachycardia and bradycardia were reported in patients who had history of heart disease²⁹, its mechanism is uncertain. Hypotension is a rare symptom related to immunoglobulin. Arterial or venous thrombosis was reported as serious AE²⁹. Related acute lung injury was associated, uses with caution.

Dexamethasone

Severe COVID-19 patients may present cytokine storm that is associated to lung involvement of acute respiratory distress syndrome (ARDS) and multiorgan failure^{8,9}. A therapeutic that may modulate and antagonize viral mediated hyperinflammation is dexamethasone, a corticosteroid, that can inhibit pro-inflammatory mediators³⁰ such as C-reactive protein, tumor necrosis factor, IL, and also reduce the production of inflammatory autacoids³⁰ (prostaglandins, prostacyclin, leukotrienes, and thromboxane²⁶), observed in severe ARDS patients. Recent preliminary evidence suggests that dexamethasone reduced mortality in invasive mechanical ventilation in COVID-19 patients³¹. Dexamethasone had actions in several organs and systems (endocrine, metabolic, etc.). General AE includes hyperglycemia, alkalosis, potassium loss, sodium retention, increase of ALT/AST serum levels, acne, and urticaria. Myopathies, glaucoma, and depression were related. CV AE such as hypertension, edema, and heart failure deterioration was associated to secondary sodium retention. It increases the risk of developing venous thromboembolism. Bradycardia and arrhythmias were also associated.

Conclusions

The source of our references is based on recent publications as well as online technology applications with pharmacopoeia information.

We believe this article, describes an important clinical perspective that could improve hospital therapeutic considerations, personalized pharmacovigilance, contribute, and help in daily clinical practice, which we add just in one table.

In general, these studies are limited because most of the recent COVID-19 reviews are case reports, with small retrospective or non-randomized studies and

regional bias. It is important to emphasize the CV-AE resulting from the interaction of both CV and COVID-19 medications.

Physiopathological, clinical, therapeutic, and prognostic interactions in a new disease are dynamically changing according to advances in scientific research.

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Conflicts of interest

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Ethical disclosures

Protection of human and animal subjects. The authors declare that no experiments were performed on humans or animals for this study.

Confidentiality of data. The authors declare that no patient data appear in this article.

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