


EDITORIAL

Master's degree in Advanced Practice Nursing for northwestern México by the University of Sonora


Maestría en Enfermería de Práctica Avanzada para el noroeste de México por la Universidad de Sonora

Mestrado em Enfermagem de Prática Avançada para o noroeste do México pela Universidade de Sonora

Sandra Lidia Peralta-Peña^{1*}

 <https://orcid.org/0000-0001-8534-2250>

Blanca Escobar-Castellanos²

 <https://orcid.org/0000-0001-9239-0461>

1. PhD. in Nursing Sciences, Graduate Coordinator of the Nursing Department of the Universidad de Sonora, Sonora, México.
2. PhD. in Nursing, Full-Time Professor of the Nursing Department of the Universidad de Sonora, Sonora, México.

*Corresponding author: sandra.peralta@unison.mx

Received: 19/04/2023

Accepted: 03/05/2023

Advanced Practice Nursing (APN), a trend that began approximately 60 years ago in the United States and Canada as a strategy to increase access to health services and health coverage ^(1,2); to reduce health costs ⁽³⁾ and mortality ⁽⁴⁾; shows an increase in its use in the world's healthcare systems. In our country, the history of the APN is very recent; in fact, the Permanent Nursing Commission of the Ministry of Health in Mexico is working on the legal figure of the advanced practice nurse, since it does

not yet exist in the Mexican health system; therefore, the work areas in which advanced practice nurses can work has to be defined ^(1,5).

The International Council of Nurses (ICN) has defined the APN as a nurse who has achieved an expert knowledge base, who has complex clinical decision-making skills and has developed competencies to exercise an extended role; characteristics that should be profiled and consolidated according to the context of the country in which she has been recognized to practice professionally; master's degree ^(6,7) is considered de minimum preparation level. ICN points out that the nature of advanced practice in nursing integrates four global axes, in which APN professionals shall be trained, even to an expert level such as research, education, clinical practice and management. This implies a high level of autonomy and independence in professional practice, management of users using advanced clinical skills such as assessment, diagnostic reasoning and decision making; offering consultancy, advice and training to health care providers (nursing colleagues, physicians, students), as well as designing, implementing, evaluating health plans and programs and being the first contact for users and their families ⁽⁸⁾.

The training of APN in Mexico is a fact. The expected results are to increase access to health services and expand health coverage. However, it should be recognized that the impact will not be immediate. Although, the training of APNs is the beginning for the implementation of this movement in Latin America, so its fulfilment cannot be focused exclusively on the training of competencies to be developed by the APNs, since there are legal, organizational, educational and institutional aspects that must be analyzed.

Strengthening the social responsibility that higher education institutions have, the Department of Nursing at the University of Sonora, located in northwestern Mexico, has made a great effort to contribute to the formation of a new nursing, that is to say, one that allows nurses to play a new role (expanded or extended or expert) in the health system, based on a scientific support that evidences effectiveness and efficiency ⁽⁸⁾, demonstrating a leadership role of nurses in the transformation of nursing care at the levels of care where it is performed, mainly at the first level, with a specific perspective in universal health coverage, considering



the objectives of sustainable development and training of health human resources ^(9,10). For this reason, starting in August 2023, the Master's Degree in Advanced Practice Nursing will be offered at the university. The main objective is to contribute with health coverage to the largest possible population, regardless of the regions where they live, the distances that the patient must travel or the social class to which they belong. This becomes a great challenge in professional education by contributing to the formation of expert nursing human resources, in this way the health of the region will be strengthened.

Bibliographic References

1. Moran-Peña L. La enfermería de práctica avanzada ¿qué es? y ¿qué podría ser en América Latina? *Revista Enfermería Universitaria* [Internet]. 2017 [cited 02 apr 2023];14(4):219-223. Available at: <http://dx.doi.org/10.1016/j.reu.2017.09.004> 1665-7063/
2. Bryant-Lukosius D, Valaitis R, Martin-Misener R, Donald F, Peña LM, Brousseau L. Advanced practice nursing: A strategy for achieving universal health coverage and universal access to health. *Rev Latino-Am Enfermagem* [Internet]. 2017 [cited 02 apr 2023];25:e2826. Available at: <https://pubmed.ncbi.nlm.nih.gov/28146177/>
3. Tchouaket É, Kilpatrick K, Jabbour M. Effectiveness for introducing nurse practitioners in six long-term care facilities in Québec, Canada: A cost-savings analysis. *Nurs Outlook* [Internet]. 2020 [cited 02 apr 2023];68(5):611-625. Available at <https://pubmed.ncbi.nlm.nih.gov/32713732/>
4. Morita K, Matsui H, Yamana H, Fushimi K, Imamura T, Yasunaga H. Association between advanced practice nursing and 30-day mortality in mechanically ventilated critically ill patients: A retrospective cohort study. *J Crit Care* [Internet]. 2017 [cited 02 apr 2023];41:209-215. Available at: <https://pubmed.ncbi.nlm.nih.gov/28577478/>
5. Leija-Hernández C, Olivera-Carrasco H, Acuña-Díaz MC, Zárate-Grajales RA, Choperena-Aguilar D. Estrategia integral para la ampliación del rol de enfermería en la atención primaria de salud. *Revista Enfermería Universitaria* [Internet]. 2020 [cited 02 apr 2023];17(2):243-257. Available at: <https://doi.org/10.22201/eneo.23958421e.2020.2.892>
6. Organización Panamericana de la salud. Informe acceso universal a la salud y cobertura universal de salud: Cumbre de enfermería de práctica avanzada. OMS [Internet]. Canada, 2015 [cited 19 apr 2023]. Available at: <https://acortar.link/DM24tq>
7. Nursing Council of Hong Kong. Scope of core-competencies of an advanced nurse. Ncnk [Internet]. Tokio; 2020 [cited 19 apr 2023]. Available at: https://www.nchk.org.hk/filemanager/en/pdf/Scope_of_Core_Competencies_of_an_APN_eng.pdf
8. International Council of Nurses. Guidelines on advanced practice nursing. ICN [Internet]. Ginebra; 2020 [cited 02 apr 2023]. Available at: https://www.icn.ch/system/files/documents/2020-04/ICN_APN%20Report_EN_WEB.pdf



9. Santillán A. El impacto de la enfermería de práctica avanzada en la sociedad y el sistema sanitario. Diario Dicen [Internet]. España; 2022 [cited 19 apr 2023]. Available at: <https://www.enfermeria21.com/diario-dicen/el-impacto-de-la-enfermeria-de-practica-avanzada-en-la-sociedad-y-el-sistema-sanitario/>
10. Consejo Internacional de Enfermería. Enfermera practicante del CIE / Conferencia de enfermería de práctica avanzada 2018. CIE [Internet]. Ginebra, 2018 [cited 19 apr 2023]. Available at: <https://www.icn.ch/events/icn-nurse-practitioner-advanced-practice-nursing-conference-2018>

How to reference this article: Peralta-Peña S, Escobar-Castellanos B. Maestría en Enfermería de Práctica Avanzada para el noroeste de México por la Universidad de Sonora. SANUS [Internet]. 2023 [cited dd mm aa];8:e450. Available at: URL/DOI

