








Evaluation of bioactive compounds from medicinal plants used in Mexico, to predict potential SARS-CoV-2 inhibitors: Analysis between two molecular docking servers.

Evaluación de compuestos bioactivos de plantas de uso medicinal en México, para predecir posibles inhibidores del SARS-CoV-2: análisis entre dos servidores de acoplamiento molecular.

Cárdenas-Hernández, E.^{1,2} , Velázquez-Medina, E.G.¹, Aguirre-Joya, J. A.² ,
Aguillón-Gutiérrez, D. R.² , Pedroza-Escobar, D.³ , Ramírez-Guzmán, N.⁴ ,
Aguilar, C. N.¹ , Torres-León, C.^{2*} 

¹ Facultad de Ciencias Químicas. Universidad Autónoma de Coahuila. 25280, Saltillo, Coahuila, México.

² Centro de Investigación y Jardín Etnobiológico. Universidad Autónoma de Coahuila 27480, Viesca Coahuila, México.

³ Departamento de Bioquímica. Centro de Investigación Biomédica. Universidad Autónoma de Coahuila. 27000, Torreón, Coahuila, México.

⁴ Centro de Investigación y Estudios Interdisciplinados. Universidad Autónoma de Coahuila. 25280, Arteaga, Coahuila, México.

ABSTRACT

Plants traditionally used for medicinal use could be an alternative against SARS-CoV-2. In this study, the binding energy of 10 bioactive compounds of plants used in Mexico against COVID-19 was evaluated by molecular docking with two online servers: COVID-19 Docking Server and DockThor. Remdesivir was used as a control. The results showed that Cypellocarpin B, Cypellocarpin C, Luteolin 7-glucoside, and Syringetin glucopyranoside showed the highest binding energy towards Mpro and RdRp proteins with respect to Remdesivir. The comparison of molecular docking servers showed differences in the docking motors and proteins available on each server. The bioactive compounds evaluated can act as potential inhibitors against Mpro and RdRp proteins of COVID-19, according to in silico molecular docking.

KEY WORDS: Phenolic compounds, Molecular docking, DockThor, COVID-19, SARS-CoV-2.



Please cite this article as/Como citar este artículo: Cárdenas-Hernández, E., Velázquez-Medina, E.G., Aguirre-Joya, J. A., Aguillón-Gutiérrez, D. R., Pedroza-Escobar, D., Ramírez-Guzmán, N., Aguilar, C. N., Torres-León, C. (2023). Evaluation of bioactive compounds from medicinal plants used in Mexico, to predict potential SARS-CoV-2 inhibitors: Analysis between two molecular docking servers. *Revista Bio Ciencias*, 10 e1395. <https://doi.org/10.15741/revbio.10.e1395>

Article Info/Información del artículo

Received/Recibido: July 13th 2022.

Accepted/Aceptado: December 29th 2022.

Available on line/Publicado: January 10th 2023.

*Corresponding Author:

Cristian Torres León. Centro de Investigación y Jardín Etnobiológico. Universidad Autónoma de Coahuila 27480, Viesca Coahuila, México. E-mail: ctorresleon@uadec.edu.mx

RESUMEN

Las plantas utilizadas en la medicina tradicional podrían ser una alternativa frente al SARS-CoV-2. En este estudio se evaluó la energía de unión de los bioactivos de 10 plantas de uso en México contra la COVID-19 mediante acoplamiento molecular con dos servidores que están disponibles en línea: COVID-19 Docking Server y DockThor. Remdesivir se usó como control. Los resultados mostraron que Cypellocarpin B, Cypellocarpin C, Luteolin 7-glucoside y Syringetin glucopyranoside mostraron la mayor afinidad hacia las proteínas Mpro y RdRp con respecto a Remdesivir. La comparación de los servidores de acoplamiento molecular mostró diferencias en los motores de acoplamiento y las proteínas disponibles en cada servidor. Los compuestos bioactivos evaluados son capaces de actuar como inhibidores potenciales frente a las proteínas Mpro y RdRp de COVID-19 según el acoplamiento molecular in silico.

PALABRAS CLAVE: Compuestos fenólicos, Acoplamiento molecular, DockThor, COVID-19, SARS-CoV-2.

Introduction

The Coronavirus disease 2019 (COVID-19), caused by SARS-CoV-2 infection, has spread rapidly worldwide and has become a global public health emergency (Yang *et al.*, 2020). Coronavirus is related to severe acute respiratory syndrome (SARS), type 2 (Yoshimoto, 2020). Some of the main viral proteins of SARS-CoV-2 are the spike protein (S; Spike), the main structural protein in cell invasion mediated by ACE2 receptors, and the host cell protein TMPRSS2. Protein S is currently the most investigated therapeutic target. Another important protein is the major nonstructural protease Mpro (also known as 3CLPro) which facilitates the proteolytic processing of polyproteins (Da Silva *et al.*, 2020; Paraiso *et al.*, 2020). RNA-dependent RNA polymerase (RdRp) plays a crucial role in the viral cycle. RdRp is the most conserved and accessible region of RNA viruses; targeting this region for inhibition of viral replication may be a practical therapeutic approach (Aftab *et al.*, 2020).

In addition to the development and use of vaccines, the use of pre-existing drugs has been proposed. However, the effectiveness of these is limited. The use of existing antivirals has also been reallocated to reduce time and cost compared to new drug discoveries. Some existing drugs evaluated versus SARS-CoV-2 are Remdesivir, Lopinavir/Ritonavir (Yang *et al.*, 2020).

Effect and mechanism of action of Remdesivir

Nucleoside analogs are antiviral agents that have shown efficacy against viruses, such as coronaviruses, HIV, hepatitis B, and C (Eastman *et al.*, 2020). Remdesivir is a nucleoside analog prodrug metabolized within cells to an active nucleoside triphosphate (NTP) metabolite (Moneriz

& Castro-Salguedo, 2020). The active metabolite targets the viral RNA replication machinery and acts as a substrate for RdRp, which competes with ATP to incorporate new strands to form the RNA chain. The incorporation of remdesivir disrupts downstream molecular processes (Malin *et al.*, 2020). The viral RdRp is the target protein of the active metabolite, although *in silico* studies have shown that remdesivir can also strongly bind the Mpro protein (Nguyen *et al.*, 2020).

Bioactive Compounds

In fruits, vegetables, and plants, bioactive compounds such as vitamins, phytochemicals, and phenolic compounds (flavonoids and carotenoids) have health benefits. These compounds have biological properties such as antioxidant, anticancer, and antimicrobial activities (Torres-León *et al.*, 2017). Antimicrobial properties include antiviral activity. Antiviral components of various fruits and plants can act on viruses and host cells to prevent viral infection (Mukhtar *et al.*, 2008; Bright & Gilling, 2016; Ben-Shabat *et al.*, 2019).

***In silico* studies**

In silico studies have been investigated to evaluate the potential interaction and affinity of bioactive compounds against SARS-CoV-2. It has been reported through *in silico* and *in vitro* studies that some polyphenols have the potential to inhibit RdRp and SARS-CoV-2 viral proteases (Torres-León *et al.*, 2020; Singh *et al.*, 2021). Polyphenols are promising compounds for affinity with viral proteases involved in viral replication (Paraiso *et al.*, 2020; Singh *et al.*, 2021). *In silico* studies have been conducted on some medicinal plants rich in hydrolyzable tannins, which can be used to treat SARS-CoV-2 (Khalifa *et al.*, 2020). Other studies suggest that flavonoid glycosides are inhibitors of SARS-CoV-2 in Mpro and RdRp (Da Silva *et al.*, 2020). Therefore, evaluating the bioactive compounds through a molecular docking approach to inhibit SARS-CoV-2 proteins is very relevant (Tallei *et al.*, 2020).

Software programs for molecular docking are commercially available. However, some are quite expensive, limiting their use, and some licenses must be renewed yearly (Benfenati *et al.*, 2010). Some free software programs are available online, with zero costs, and can be easily used to test any chemical. These types of programs can help reduce the time in the selection of bioactive compounds and facilitate their analysis *in vitro* or *in vivo*.

In Mexico, there is a large number of medicinal plants that are used in traditional medicine. The study of these plants has contributed to the discovery of new substances with biological activity. For this reason, plants such as *Parthenium argentatum* A.Gray, *Turnera diffusa* Willd. ex Schult., *Larrea tridentata* (Sessé & Moc. ex DC.) Coville, *Taraxacum officinale* (L.) Weber ex F.H.Wigg, *Moringa oleifera* L., *Eucalyptus camaldulensis* Dehnh., and *Bougainvillea glabra* Choisy were selected. These plants are distributed throughout the Mexican territory and are used as medicinal plants. Molecules from each plant were selected based on previous research on the presence of viral or biological activity. The bioactive compounds against the SARS-CoV-2, Mpro (PDB; 6LU7), and RdRp (PDB; 7BV2) proteins were tested by molecular docking using two servers available online.

Material and Methods

Molecules and plants

Plants and their molecules in parentheses: *Parthenium argentatum* A.Gray (Neochlorogenic acid; CID: 5280633), *Turnera diffusa* Willd. ex Schult. (Luteolin 7-glucoside; CID: 5280637, Syringetin glucopyranoside; CID: 16109838), *Larrea tridentata* (Sessé & Moc. ex DC.) Coville (Nordihydroguayretic acid; CID: 4534), *Moringa oleifera* Lam. (Kaempferol; CID: 5280863, Apigenine 7 O-glucoside; CID: 5280704), *Eucalyptus camaldulensis* Dehnh. (Cypellocarpin B; CID: 10506563, Cypellocarpin C; CID: 10625791), *Taraxacum officinale* (L.) Weber ex F.H.Wigg. (Betulin; CID: 72326), and *Bougainvillea glabra* Choisy (Vitexin; CID: 5280441) were selected for this study. Remdesivir (CID: 121304016) was used as a positive control. This molecule has been approved by the FDA for use in patients with COVID-19 (FDA, 2020) and has extensive research as a possible treatment against COVID-19 (Beigel *et al.*, 2020; Ko *et al.*, 2020; Ma *et al.*, 2021; Wang *et al.*, 2020; Yang *et al.*, 2020). 2D molecules were obtained from PubChem (<https://pubchem.ncbi.nlm.nih.gov/>) in SDF format.

Determination of Lipophilicity

The SwissADME web-based tool (<http://www.swissadme.ch/index.php>) was used to predict lipophilicity (LogP). Lipophilicity is an important factor for absorption, distribution in the body, penetration through vital membranes and biological barriers, metabolism, and excretion of a compound (ADME properties).

The logP of a compound intended for oral administration must be <5. Therefore, the selected molecules were evaluated to determine which ones comply with this rule.

In silico molecular docking

The molecules were evaluated as potential ligands for the SARS-CoV-2 proteins, Mpro (PDB: 6LU7) and RdRp (PDB: 7BV2), using two online molecular docking servers (both servers are freely available for use). Molecules downloaded from PubChem were not modified before analysis.

Currently, there are many molecular docking servers; some need to be installed on a computer and supplemented with more programs. Also, most of these programs have to be purchased. However, there are also free programs for molecular docking. The free online programs have economic (zero costs), infrastructure (do not require high-quality computers), storage (the information generated by these programs is stored on their servers), and analysis (the proteins of interest are already available) advantages. The disadvantages are the limited options to change details and the lower availability of computational resources for high-performance virtual detection experiments. However, online servers for molecular docking are useful for searching for bioactive compounds against SARS-CoV-2.

In the present study, we use two servers available online and free. For the selection of the two servers, the BIOPEP-UWM database of the University of Mazury in Olsztyn, Poland

(<https://biochemia.uwm.edu.pl/en/docking-2/>) was entered. The database has 23 online programs for molecular docking: B-AceP tool, AMMOS2, AutoDock Vina, CB-Dock, BINANA, ClusPro, CovalentDock Cloud, COVID-19 Docking Server, DockThor, EDock, FitDock, GalaxyPEPDOCK, HawkDock, HPEPDOCK, Hex, InstaDock, PIPER-FlexPepDock, ProteinsPlus, SwissDock, systemsDock, UNRES server, Webina, ZDOCK. Of all the programs, we selected two non-randomly: COVID-19 Docking Server (CDS) and DockThor (DT).

CDS

CDS (<https://ncov.schanglab.org.cn/index.php>) (Kong *et al.*, 2020) has SARS-CoV-2 proteins available for molecular docking; this facilitates the evaluation of the affinities and binding modes between proteins and ligands (small molecules, peptides, and antibodies). The proteins used to carry out the molecular docking were Mpro and RdRp (RTP site). Molecules for docking were loaded in SDF format.

Autodock Vina is used as a docking engine in CDS. The docking box is defined as the center of the native ligand coordinate with 30 Å × 30 Å × 30 Å length to include residues from the entire cavity. CDS uses MGLTools to add hydrogens and prepare proteins and ligands. The level of exhaustiveness was the default (12). The analysis was carried out with the proteins Mpro (PDB: 6LU7) and RdRp (PDB: 7BV2). The protein of interest was selected, and the molecule to be analyzed was added. The score value of model 1 was used (in kcal/mol).

DT

DT (<https://dockthor.lncc.br/v2/>) (da Silveira *et al.*, 2019; Santos *et al.*, 2020) has SARS-CoV-2 viral proteins specific for molecular docking. Therefore, only the molecule of interest is loaded, and the protein to be evaluated is selected. The 2D structures of the molecules in SDF format were converted to PDB format with the SMILES online converter (<https://cactus.nci.nih.gov/translate/>). The wild-type structures Nsp5-Mpro (PDB: 6LU7) and Nsp12-RdRp (PDB:7BV2) were used for the proteins. As docking parameters, the catalytic binding site of both proteins and the grid box size were defined as 20 Å × 20 Å × 20 Å. The standard algorithm precision (i.e., 1,000,000 evaluations, a population size of 750, and 24 runs) was used.

Protein-ligand binding analysis

Results from the DT server that had similar or better results than control Remdesivir (Cypellocarpins B and C, Luteolin 7-glucoside, and Syringetin glucopyranoside) were downloaded to analyze ligand-protein binding interactions using Discovery Studio Visualizer. 2D images representing the molecule-protein interaction were generated.

Data Analysis

The analysis was performed using descriptive methods. The results correspond to the binding energy (kcal/mol) and the type of bond between the compound and the protein. Binding energy values indicate affinity between compounds and proteins. Negative binding energy means

that the compound has an affinity for the protein, and a positive one shows that the compound has no affinity for the protein. The negative bond energy value indicates a spontaneous reaction and a stable system that allows bond formation.

Results and Discussion

Determination of Lipophilicity

The results showed that 10 molecules have LogP values within the range (<5), Remdesivir (1.50), Neochlorogenic acid (-0.38), Luteolin 7-glucoside (0.16), Syringetin glucopyranoside (-1.55), Nordihydroguayretic acid (3.29), Kaempferol (1.58), Apigenin 7 O-glucoside (0.55), Cypellocarpin B (0.70), Cypellocarpin C (1.04), Betulin (6.36), Vitexin (-0.07). Betulin showed a higher LogP value. This result indicates that most molecules are similar to drugs, and their study as possible treatments against SARS-CoV-2 is appropriate.

Analysis of molecular docking of bioactive molecules

Table 1 shows the docking between molecules and protein structures of SARS-CoV-2, Mpro, and RdRp. These scores represent the binding energy (kcal/mol) obtained with CDS and DT servers. In the docking between bioactive compounds and the RdRp protein, CDS obtained binding energy (between -8.10 and -10.60 kcal/mol) higher than DT (between -6.51 and -7.54 kcal/mol). Furthermore, docking with Mpro protein showed values in a similar range in both servers.

Referring to Mpro protein: Luteolin 7-glucoside (CDS: -8.30 kcal/mol; DT: -9.040 kcal/mol) and Syringetin glucopyranoside (CDS: -8.20 kcal/mol; DT: -8.191 kcal/mol) belonging to *Turnera diffusa* plant, as well as Cypellocarpin B (CDS: -9.00 kcal/mol; DT: -8.100 kcal/mol) and Cypellocarpin C (CDS: -8.60 kcal/mol; DT: -7.056 kcal/mol) from *Eucalyptus camaldulensis*, showed higher binding energy than Remdesivir (CDS: -8.30 kcal/mol; SD: -7.919 kcal/mol). For RdRp: Luteolin 7-glucoside (CDS: -10.00 kcal/mol; DT: -6.511 kcal/mol), Syringetin glucopyranoside (CDS: -10.60 kcal/mol; DT: -7.274 kcal/mol), Cypellocarpin B (CDS: -10.10 kcal/mol; DT: -7,296 kcal/mol) and Cypellocarpin C (CDS: -9.80 kcal/mol; DT: -7.478 kcal/mol) obtained a binding energy higher than Remdesivir (CDS: -9.20 kcal/mol; DT: -7,330 kcal/mol). Since the mentioned compounds presented better binding energy obtained by Remdesivir and the other compounds, a detailed analysis of these molecules was carried out.

Cypellocarpin B and C

Cypellocarpin B (Mpro: -9.00 kcal/mol; RdRp: -10.10 kcal/mol) and Cypellocarpin C (Mpro: -8.60 kcal/mol; RdRp: -9.80 kcal/mol) with CDS showed higher binding energy to Remdesivir (Mpro: -8.30 kcal/mol; RdRp: -9.20 kcal/mol) for Mpro and RdRp. While for DT, only Cypellocarpin B (-8.100 kcal/mol) had higher binding energy than Remdesivir (-7.919 kcal/mol) with Mpro protein. In docking with RdRp protein, only Cypellocarpin C (-7.478 kcal/mol) scored higher than Remdesivir (-7.330 kcal/mol).

The literature has reported that cypellocarpins have a similar effect to (-) epigallocatechin gallate by inhibiting the activation of Epstein-Barr virus antigen, the main cause of acute infectious mononucleosis (Brezáni & Karel, 2013). *In vitro* studies have shown that Cypellocarpin B and C suppress cancerogenesis in mouse skin cells (Goodger & Woodrow, 2013). Furthermore, Cypellocarpin C is a potent antitumor agent with a greater effect than acyclovir when treating the HSV-2 virus responsible for genital herpes (Treml *et al.*, 2020).

In silico studies have been carried out in which bioactive compounds of the Eucalyptus genus against SARS-CoV-2. Although, the cypellocarpins B and C molecules have not been evaluated. Fitriani *et al.*, (2020) reported the binding energy between the Mpro protein and Cypellocarpin A with AutoDock tool 4. The docking result showed that Cypellocarpin A (-6.60 kcal/mol) has lower binding energy than Remdesivir B and C (-7.63 kcal/mol). The differences can be attributed to the number of hydrogens each molecule can donate (cypellocarpin C: 5, cypellocarpin B: 6, and cypellocarpin A: 7). The protein used for docking in the Fitriani *et al.* (2020) work was different. The Mpro used was 3CLpro-X77 (PDB: 6W63), and Mpro (PDB: 6LU7) was used in our work. The preparation of ligands and proteins in Fitriani *et al.* (2020) work was carried out with the Chimera 1.13.1 program. Hydrogens were added to the molecule, and grid box parameters were set using AutoDock Tools (ADT).

Table 1. Results of molecular coupling between bioactive molecules with CDS and DT.

Source	PubChem CID	Molecule	Molecular weight (g/mol)	CDS		DT	
				Mpro Score (kcal/mol)	RdRp Score (kcal/mol)	Mpro Score (kcal/mol)	RdRp Score (kcal/mol)
Chemical	121304016	Remdesivir (Control)	602.6	-8.30	-9.20	-7.919	-7.330
<i>Parthenium argentatum</i> A.Gray	5280633	Neochlorogenic acid ^a	354.31	-7.40	-9.30	-7.253	-7.075
<i>Turnera diffusa</i> Willd. ex Schult.	5280637	Luteolin 7-glucoside ^b	448.4	-8.30	-10.00	-9.040	-6.511
	16109838	Syringetin glucopyranoside ^b	670.6	-8.20	-10.60	-8.191	-7.274
<i>Larrea tridentata</i> (Sessé & Moc. ex DC.) Coville	4534	Nordihydroguayretic acid ^b	302.4	-7.60	-9.50	-7.305	-6.702
<i>Moringa oleifera</i> L.	5280863	Kaempferol ^c	286.24	-7.80	-9.30	-8.209	-6.641
	5280704	Apigenine 7 O-glucoside ^c	432.4	-8.00	-9.60	-8.910	-7.128
<i>Eucalyptus camaldulensis</i> Dehnh.	10506563	Cypellocarpin B ^d	538.5	-9.00	-10.10	-8.100	-7.296
	10625791	Cypellocarpin C ^d	520.5	-8.60	-9.80	-7.056	-7.478
<i>Taraxacum officinale</i> (L.) Weber ex F.H.Wigg.	72326	Betulin ^e	442.7	-7.10	-9.10	-8.886	-7.542
<i>Bougainvillea glabra</i> Choisy	5280441	Vitexin ^f	432.4	-7.90	-8.10	-7.596	-7.427

aPiluzza et al., (2020), bGovea-Salas et al., (2017), cSaucedo-Pompa et al., (2018), dHakki et al., (2010), eDíaz et al., (2018), fAbarca -Vargas & Petricevich (2018).

The results of this study show that cypellocarpins B and C have better affinity against SARS-CoV2 Mpro protein than Cypellocarpin A and Remdesivir. These molecules can be considered for *in vitro* or *in vivo* studies.

Luteolin 7-glucoside

The binding energies of Luteolin 7-glucoside with Mpro, in CDS and DT were -8.30 kcal/mol and -9.040 kcal/mol, respectively. Remdesivir's results were -8.30 kcal/mol and -7.919 kcal/mol, respectively. In CDS, Luteolin 7-glucoside score is similar to control. With DT, results superior to control are shown, which indicates better binding energy with Mpro protein in this server.

In RdRp, CDS binding energy was -10.00 kcal/mol; in DT was -6.511 kcal/mol for Luteolin 7-glucoside. In the case of Remdesivir, the values obtained were -9.20 kcal/mol in CDS and -7.330 kcal/mol in DT (Table 1). In CDS, Luteolin 7-glucoside score is higher than the control. In DT, the Luteolin 7-glucoside score is lower than the control.

Luteolin and its derivatives have antioxidant, antimicrobial, anti-inflammatory, and anticarcinogenic activities (Žemlička *et al.*, 2014). Luteolin showed potent antiviral activity against SARS-CoV (Yi *et al.*, 2004), Japanese encephalitis virus (Fan *et al.*, 2016), HIV-1 protease (Mehla *et al.*, 2011), Epstein-Barr virus, Rhesus rotavirus, and Chikungunya virus (Zakaryan *et al.*, 2017).

Luteolin has an excellent binding affinity to amino acid residues of the active site of the spike protein of SARS-CoV-2 (Sen *et al.*, 2020). A molecular docking study showed that Luteolin-7-glucoside could potentially inhibit Mpro in SARS-CoV-2 (Khaerunnisa *et al.*, 2020), reporting a value of -8.17 kcal/mol, using Autodock 4.2; this value is close to obtained in the present study with CDS for Mpro (-8.30 kcal/mol).

Another computational study reported Luteolin-7-glucoside has optimal binding energy for Mpro inhibition (-10.66 kcal/mol with Autodock4, -8.4 kcal/mol with Autodock Vina, and -9.73 kcal/mol with Smina) (Giguet-Valard *et al.*, 2020). These values are close to those obtained with CDS (-8.30 kcal/mol) and DT (-9.040 kcal/mol); this molecule has the potential as an inhibitor of SARS-CoV-2. However, *in vitro*, or *in vivo* studies are necessary.

Syringetin glucopyranoside

Syringetin glucopyranoside with Mpro in CDS and DT showed docking scores of -8.20 kcal/mol and -8.191 kcal/mol, respectively; for Remdesivir were -8.30 kcal/mol and -7.919 kcal/mol. In CDS, the score is lower than Remdesivir. However, this value is not far from control. In the case of DT, the results are higher than Remdesivir, indicating better binding energy with Mpro protein in this server. RdRp shows a similar trend to Luteolin 7-glucoside, with higher CDS values than Remdesivir. While with DT, lower values were reported (Table 1).

The information on Syringetin glucopyranoside is minimal; Syringetin is a flavonoid, specifically a flavonol. A wide variety of biological activities have been described in flavonoids (Brodowska, 2017; Zakaryan *et al.*, 2017). Antiviral activity has also been reported against certain

RNA viruses, such as a respiratory syncytial virus (RSV), poliovirus, and DNA viruses, such as herpes simplex virus (HSV-1) (Naithani *et al.*, 2010). Damiana (*Turnera diffusa*) compounds such as Luteolin and Syringetin glucopyranoside possess anti-inflammatory, antibacterial, antioxidant, and antiviral activity (Govea-Salas *et al.*, 2017).

In vitro antiviral activity of some flavonoids (including syringetin) against the respiratory syncytial virus (RSV) has been evaluated. The results showed the antiviral activity of flavonoids (Xu *et al.*, 2020). Therefore, flavonoids and flavanols as antiviral agents are promising. This work is the first to investigate this molecule, so we recommend conducting a more extensive study.

The properties of these bioactive compounds influence the outcomes of viral infections (antioxidant effects that can help reduce oxidative stress levels). Their anti-inflammatory and immunomodulatory effects can greatly reduce the damage caused by viral infection. Polyphenols have inhibitory action against SARS-CoV-2 and SARS-CoV, and MERS-CoV. Interactions of polyphenols with viral proteins and host cell receptors can interfere with virus entry and replication. *In vitro* studies have shown that polyphenols can interrupt the viral cycle by binding to their proteins. These interactions could inhibit proteins, such as Mpro, and RdRp, or alter the binding of structural proteins, such as protein S. Curcumin is one of the molecules most studied *in silico* and *in vitro* as a potent inhibitor of SARS-CoV Mpro. Curcumin concentrations greater than 30 µg/mL can reduce the activity of SARS-CoV 2 Mpro by more than 50%, while the highest concentration of 75 µg/mL produced a residual activity of 28.1% (Gligorijevic *et al.*, 2021). Flavonoids have also been shown to have the potential to inhibit the activity of SARS-CoV-2 viral proteins (Benarba & Pandiella, 2020).

The intake of polyphenols for the general population is 0.9 g per day; after ingestion, only 5-10% of the total polyphenol is absorbed in the small intestine, while the remaining 90-95% can accumulate in the lumen of the large intestine up to the millimolar range (Gligorijevic *et al.*, 2021).

Orally administered polyphenols should have beneficial effects in preventing and treating COVID-19, at least in the gastrointestinal tract. After ingestion, polyphenols interact with proteins in the oral cavity. Therefore, polyphenols could inhibit SARS-CoV-2 entry and replication, reducing the risk of SARS-CoV-2 infection. In addition, a high expression of the ACE2 receptor of SARS-CoV-2 was found in the epithelial cells of the oral mucosa and the tongue, so the oral cavity is considered a high potential risk for SARS-CoV-2. (Gligorijevic *et al.*, 2021).

Future studies on the beneficial effects of bioactive molecules such as polyphenols, tannins, and flavonoids on COVID-19 should also consider the bioavailability of polyphenols, their metabolites, and their effective concentrations to induce an effect.

Protein-ligand complex interactions

The Mpro protein consists of a homodimer with each polypeptide composed of three domains: I (residues 8–101), II (residues 102–184), and III (residues 201–303). The binding site is in a cleft between domains I and II. Its reaction center is Cys145-His164, following a mechanism similar to other coronaviruses (Pavlova *et al.*, 2021).

Nsp12 consists of an RdRp domain (residues Ser367 to Phe920) and a nidovirus-specific N-terminal extension domain (residues Asp60 to Arg249). It folds into three subdomains namely thumb, palm, and fingers. Furthermore, Nsp12 from SARS-CoV-2 possesses a newly identified β -hairpin domain at its N-terminus (Guedes *et al.*, 2021).

Remdesivir and RdRp binding is stabilized at the active site with four types of bonds, three hydrogen bonds with Arg475, Tyr539, and Asn611, a C-H (carbon-hydrogen) bond with Asp543, a pi cation bond with Lys471 and alkyl bond with Ala608 (Fig. 2a). Remdesivir interacts with active site residues of Mpro via H (hydrogen) bonds with Ser1 and Thr280, C-H bonds with Gly2 and Leu282 residues, a Pi alkyl bond with Phe291 and Van der Waals interactions with nine residues (Fig. 1a.) A Pi cation double bond to Lys471 residue, an alkyl bond with Ala608, a C-H bond with Asp543, and H bonds with Arg475, Tyr539, and Asn611 residues (Fig. 1a).

Furthermore, Luteolin 7-glucoside exhibits H bonds to Ser1, Phe3, Lys5, Arg4, and Asn214 residues when interacting at the active site of Mpro (Fig. 1b). In RdRp, Luteolin 7-glucoside binds via H bonds to residues Arg473, Arg475, Asp543, Ser602, Ser679, Asp680, and a C-H double bond to residue Asp543 (Fig. 2b).

Syringetin glucopyranoside interacts with Mpro and RdRp at its active site with only H and C-H bonds. The interactions with Mpro are H bonds with Lys5 and Asp216 residues, C-H bonds with Leu282 and Gly283, and Phe3 residues forming both types of bonds (Fig. 1c). Docking with RdRp shows C-H bond interactions with residues Asp543 and Asp680, and H bonds with Ile468, Arg473, Arg475 (double bond), Cys542, Asp543, Asp681, and Ser734 (Fig. 2c).

Cypellocarpin B binds to the active site of Mpro protein via H bonds with Arg4, Phe3, and Asp216, Van der Waals interactions with Gly2 Asn214, Leu282, Thr280 residues, and C-H bonds with Gly283 (Fig. 1d). Cypellocarpin B with RdRp via four conventional hydrogen bonds to residues Lys471, Arg475, Asp680 and Ser734, Van der Waals forces at residues Arg473, Asn611, Ala608, Leu678, Tyr539, Trp537, Asp538, and cationic C-H and Pi bonds to residues Ser679 and Asp681, respectively (Fig. 2d).

In Cypellocarpin C, the interactions with Mpro protein were formed by Asp216 residues through H bonds, the Gly283 residue through C-H bonds, and Arg4, Thr280, and Leu282 forming Van der Waals interactions (Fig. 1e). Cypellocarpin C is stabilized at the active site of RdRp protein via H bonds (Ser469, Arg475, Cys 542, Asp543), Van der Waals interactions (Arg756, Ala467, Ile 468, Ala470, His359, Ser734, Arg473, Lys541, Arg 544, Asp680), and a double bond (Pi cation and Pi alkyl) in Lys471 residue (Fig. 2e).

Although most interactions show variations in bond types and residues, RdRp, when interacting with Remdesivir, Luteolin 7-glucoside, Syringetin glucopyranoside, and Cypellocarpin B and C, shows a typical hydrogen bond type interaction with residue Arg475.

In the docking with RdRp, the CDS server results showed that eight of the molecules had higher scores (-9.30, -10.00, -10.60, -9.50, -9.30, -10.10, -9.80 and -9.60 kcal/mol) than Remdesivir (-9.20 kcal/mol). In contrast, the DT server presented only three scores (-7.478, -7.542, and -7.427 kcal/mol) higher than Remdesivir (-7.330 kcal/mol). Differences in binding energy values between servers may be mainly due to the different algorithms or docking engines used on each server and differences in default viral protein structures in each server.

For small molecule docking, CDS uses Autodock Vina as a docking engine (Kong *et al.*, 2020). Excellent agreement has been shown between docking scores obtained from CDS and manual docking using AutoDock Vina (Sen Gupta *et al.*, 2020), making this server a valuable tool for screening molecules of interest against SARS-CoV-2. However, *in vitro* or *in vivo* confirmatory studies are recommended.

The DT server uses the DT program as the docking engine. The web server uses the computing facilities of the Brazilian high-performance platform (SINAPAD) and the SDumont supercomputer (da Silveira *et al.*, 2019; Guedes *et al.*, 2021). DT has been evaluated with other molecular docking programs for the efficiency of scoring functions (Rerank > MolDock> PLANTS> AutoDock Vina> DT) (González-Paz *et al.*, 2020), concluding that DT is inferior in this aspect to AutoDock Vina (the engine used by CDS).

In addition, there are differences when performing the analysis; for example, the box size in CDS is 30 x 30 x 30, and in DT, it is 20 x 20 x 20. Also, in CDS 10 runs are made, and the top 11 best run is selected; in DT 24 runs are carried out, and the final value is taken.

Some studies have obtained promising results for DT compared to other docking programs such as Glide, GOLD, and AutoDock Vina (considering various molecular targets and chemical classes of ligands). DT is a promising server for testing molecules against SARS-CoV-2; however, *in vitro* or *in vivo* confirmatory testing is recommended as with CDS. This server has great potential to be widely used in receptor-ligand studies (Santos *et al.*, 2020).

Referring to each server's proteins, the default Mpro protein in DT is a dimer of two homologous amino acid chains (A and B). CDS uses a monomeric structure to do the docking. Both servers have used the structure reported by Jin *et al.* (2020) (PDB 6LU7). With RdRp, both servers use the RdRp structure reported by Yin *et al.* (2020) (PDB 7BV2).

A complete analysis of the CDS and DT servers is required, as well as the proteins each have to perform molecular docking. However, current tools can be considered for rapidly screening molecules with potential activity against SARS-CoV-2.

Although *in silico* approaches do not guarantee antiviral behavior. These are the first steps for future *in vitro* and *in vivo* studies of molecules containing antiviral activity against SARS-CoV-2 and other kinds of virus.

Study limitations

In silico analysis indicates the interaction of a molecule or binding energy with the protein of interest. However, data such as the concentration that induces the interaction by this method remains unknown and must be complemented by *in vitro* and *in vivo* experiments to verify biological activities.

Possible genomic variations in the binding site region of molecular targets can drastically affect the binding mode and affinity of ligands and alter the identification of promising compounds. The clinical utility of these molecules remains to be demonstrated, as current data are premature. In addition, efficacy and safety should be further investigated *in vivo* and validated in patients with COVID-19, taking into account the bioavailability, modes of administration, safe doses, exposure time, and pharmacokinetic profile of the molecules.

While *in silico* approaches do not necessarily guarantee antiviral behavior, they are the first step for future *in vitro* and *in vivo* studies of molecules with antiviral activity against SARS-CoV-2 and other types of viruses.

Conclusions

The results revealed that cypellocarpin B, cypellocarpin C, luteolin 7-glucoside, and syringetin glucopyranoside have the best affinities to SARS-CoV-2 proteins, Mpro and RdRp compared to remdesivir. The molecular docking results confirm that the molecules present in medicinal plants from Mexico are options for treatment against COVID-19. However, *in vitro* or *in vivo* studies are recommended to demonstrate the safety and efficacy of these compounds. CDS and DT are useful tools for evaluating molecules with potential activity against SARS-CoV-2.

Contribución de los autores

Conceptualization, Cárdenas Hernández, E., Velázquez Medina, E.G. Torres León, C.; Methodology development, Cárdenas Hernández, E., Velázquez Medina, E.G.; Software management, Cárdenas Hernández, E.; Experimental validation, Cárdenas Hernández, E., Ramírez Guzmán, N., Aguilar, C. N., Torres León, C.; Analysis of results, Cárdenas Hernández, E.; Data management, Cárdenas Hernández, E., Torres León, C.; drafting and preparation of the manuscript, Cárdenas Hernández, E., Torres León, C., Aguirre Joya, J.A., Aguillón Gutiérrez, D.R., Pedroza Escobar, D.; Drafting, revision and editing, Aguirre Joya, J. A., Aguillón Gutiérrez, D. R., Pedroza Escobar, D., Ramírez Guzmán, N., Aguilar, C. N.; Project manager, Torres León, C.

“All authors of this manuscript have read and approved the published version of this manuscript.

Funding

This research did not receive any external funding.

Conflicts of interest

The authors declare that they have no conflicts of interest.

References

- Abarca-Vargas, R. & Petricevich, V. L. (2018). Bougainvillea Genus: A Review on Phytochemistry, Pharmacology, and Toxicology. *Evidence-Based Complementary and Alternative Medicine*, 2018, 1-17. <https://doi.org/10.1155/2018/9070927>
- Aftab, S. O., Ghouri, M. Z., Masood, M. U., Haider, Z., Khan, Z., Ahmad, A. & Munawar, N. (2020). Analysis of SARS-CoV-2 RNA-dependent RNA polymerase as a potential therapeutic drug target using a computational approach. *Journal of Translational Medicine*, 18, 275. <https://doi.org/10.1186/s12967-020-02439-0>
- Beigel, J. H., Tomashek, K. M., Dodd, L. E., Mehta, A. K., Zingman, B. S., Kalil, A. C., Hohmann, E., Chu, H. Y., Luetkemeyer, A., Kline, S., Lopez de Castilla, D., Finberg, R. W., Dierberg, K., Tapson, V., Hsieh, L., Patterson, T. F., Paredes, R., Sweeney, D. A., Short, W. R., . . . Lane, H. C. (2020). Remdesivir for the Treatment of Covid-19 — Final Report. *New England Journal of Medicine*, 383(19), 1813-1826. <https://doi.org/10.1056/nejmoa2007764>
- Benarba, B. & Pandiella, A. (2020). Medicinal Plants as Sources of Active Molecules Against COVID-19. *Frontiers in Pharmacology*, 11, 1189. <https://doi.org/10.3389/fphar.2020.01189>
- Benfenati, E., Gini, G., Hoffmann, S. & Luttk, R. (2010). Comparing *In Vivo*, *In Vitro* and *In Silico* Methods and Integrated Strategies for Chemical Assessment: Problems and Prospects. *Alternatives to Laboratory Animals*, 38(2), 153-166. <https://doi.org/10.1177/026119291003800201>
- Ben-Shabat, S., Yarmolinsky, L., Porat, D. & Dahan, A. (2019). Antiviral effect of phytochemicals from medicinal plants: Applications and drug delivery strategies. *Drug Delivery and Translational Research*, 10(2), 354-367. <https://doi.org/10.1007/s13346-019-00691-6>
- Brezáni, V. & Karel, Š. (2013) Secondary metabolites isolated from the genus Eucalyptus. *Current Trends in Medicinal Chemistry*, 7, 65–95. http://www.researchtrends.net/tia/article_pdf.asp?aid=5301&in=0&tid=61&vn=7
- Bright, K. R. & Gilling, D. H. (2016). Natural Virucidal Compounds in Foods. *Viruses in Foods*, 449-469. https://doi.org/10.1007/978-3-319-30723-7_16
- Brodowska, K. (2017). Natural flavonoids: classification, potential role, and application of flavonoid analogues. *European Journal of Biological Research*, 7(2), 108-123. <http://dx.doi.org/10.1186/s13047-017-0108-1>

[org/10.5281/zenodo.545778](https://doi.org/10.5281/zenodo.545778)

- Da Silva, F. M. A., da Silva, K. P. A., de Oliveira, L. P. M., Costa, E. V., Koolen, H. H., Pinheiro, M. L. B., de Souza, A. Q. L. & de Souza, A. D. L. (2020). Flavonoid glycosides and their putative human metabolites as potential inhibitors of the SARS-CoV-2 main protease (Mpro) and RNA-dependent RNA polymerase (RdRp). *Memórias do Instituto Oswaldo Cruz*, 115, e200207. <https://doi.org/10.1590/0074-02760200207>
- Da Silveira, N. J. F., Pereira, F. S. S., Elias, T. C. & Henrique, T. (2019). Web Services for Molecular Docking Simulations. *Methods in Molecular Biology*, 2053, 221-229. https://doi.org/10.1007/978-1-4939-9752-7_14
- Díaz, K., Espinoza, L., Madrid, A., Pizarro, L. & Chamy, R. (2018). Isolation and Identification of Compounds from Bioactive Extracts of *Taraxacum officinale* Weber ex F. H. Wigg. (Dandelion) as a Potential Source of Antibacterial Agents. *Evidence-Based Complementary and Alternative Medicine*, 2018, 2706417. <https://doi.org/10.1155/2018/2706417>
- Eastman, R. T., Roth, J. S., Brimacombe, K. R., Simeonov, A., Shen, M., Patnaik, S. & Hall, M. D. (2020). Remdesivir: A Review of Its Discovery and Development Leading to Emergency Use Authorization for Treatment of COVID-19. *ACS Central Science*, 6(5), 672-683. <https://doi.org/10.1021/acscentsci.0c00489>
- Fan, W., Qian, S., Qian, P. & Li, X. (2016). Antiviral activity of luteolin against Japanese encephalitis virus. *Virus Research*, 220, 112-116. <https://doi.org/10.1016/j.virusres.2016.04.021>
- Food and Drug Administration [FDA]. (2020) FDA Approves First Treatment for COVID-19, FDA Approves First Treatment for COVID-19. Available at: <https://www.fda.gov/news-events/press-announcements/fda-approves-first-treatment-covid-19>
- Fitriani, I.N., Utami, W., Zikri, A.T., & Santoso, P. (2020). *In Silico* Approach of Potential Phytochemical Inhibitor from *Moringa oleifera*, *Cocos nucifera*, *Allium cepa*, *Psidium guajava*, and *Eucalyptus globulus* for the Treatment of COVID-19 by Molecular Docking. *Res. Sq.* <https://doi.org/10.21203/rs.3.rs-42747/v1>
- Giguët-Valard, A. G., Raguette, K., Morin, S., Bellance, R. & Ravin, J. S. (2020). Gossypetin Derivatives are also Putative Inhibitors of SARS-COV 2: Results of a Computational Study. *Journal of Biomedical Research & Environmental Sciences*, 1(6), 201-212. <https://doi.org/10.37871/jbres1144>
- Gligorijevic, N., Radomirovic, M., Nedic, O., Stojadinovic, M., Khulal, U., Stanic-Vucinic, D. & Cirkovic Velickovic, T. (2021). Molecular Mechanisms of Possible Action of Phenolic Compounds in COVID-19 Protection and Prevention. *International Journal of Molecular Sciences*, 22(22), 12385. <https://doi.org/10.3390/ijms222212385>
- González-Paz, L., Paz, J. L., Vera-Villalobos, J. & Alvarado, Y. J. (2020). Compuestos Fitoquímicos Dirigidos al Bloqueo de la Polimerasa Viral del SARS-CoV-2 Causante del COVID-19: un Análisis Comparativo de Funciones de Puntuación para Acoplamiento con Interés Biomédico. *Revista Politécnica*, 46(1), 7-20. <https://doi.org/10.33333/rp.vol46n1.01>

- Goodger, J. Q. & Woodrow, I. E. (2013). Oleuropeic and Menthiafolic Acid Glucose Esters from Plants. *Studies in Natural Products Chemistry*, 40, 427-452. <https://doi.org/10.1016/b978-0-444-59603-1.00012-6>
- Govea-Salas, M., Morlett-Chávez, J., Rodríguez-Herrera, R. & Ascacio-Valdés, J. (2017). Some Mexican Plants Used in Traditional Medicine. *Aromatic and Medicinal Plants - Back to Nature*. <https://doi.org/10.5772/66637>
- Guedes, I. A., Costa, L. S. C., dos Santos, K. B., Karl, A. L. M., Rocha, G. K., Teixeira, I. M., Galheigo, M. M., Medeiros, V., Krempser, E., Custódio, F. L., Barbosa, H. J. C., Nicolás, M. F. & Dardenne, L. E. (2021). Drug design and repurposing with DockThor-VS web server focusing on SARS-CoV-2 therapeutic targets and their non-synonym variants. *Scientific Reports*, 11(1). <https://doi.org/10.1038/s41598-021-84700-0>
- Hakki, Z., Cao, B., Heskes, A. M., Goodger, J. Q., Woodrow, I. E. & Williams, S. J. (2010). Synthesis of the monoterpenoid esters cypellocarpin C and cuniloside B and evidence for their widespread occurrence in Eucalyptus. *Carbohydrate Research*, 345(14), 2079-2084. <https://doi.org/10.1016/j.carres.2010.07.029>
- Jin, Z., Du, X., Xu, Y., Deng, Y., Liu, M., Zhao, Y., Zhang, B., Li, X., Zhang, L., Peng, C., Duan, Y., Yu, J., Wang, L., Yang, K., Liu, F., Jiang, R., Yang, X., You, T., Liu, X., . . . Yang, H. (2020). Structure of Mpro from SARS-CoV-2 and discovery of its inhibitors. *Nature*, 582(7811), 289-293. <https://doi.org/10.1038/s41586-020-2223-y>
- Khaerunnisa, S., Kurniawan, H., Awaluddin, R., Suhartati, S., Soetjipto, S. (2020). Potential Inhibitor of COVID-19 Main Protease (Mpro) From Several Medicinal Plant Compounds by Molecular Docking Study. *Preprints*, 2020030226. <http://dx.doi.org/10.20944/preprints202003.0226.v1>
- Khalifa, I., Zhu, W., Mohammed, H. H. H., Dutta, K. & Li, C. (2020). Tannins inhibit SARS-CoV-2 through binding with catalytic dyad residues of 3CLpro: An *in silico* approach with 19 structural different hydrolysable tannins. *Journal of Food Biochemistry*, 44(10), e13432. <https://doi.org/10.1111/jfbc.13432>
- Ko, W. C., Rolain, J. M., Lee, N. Y., Chen, P. L., Huang, C. T., Lee, P. I. & Hsueh, P. R. (2020). Arguments in favour of remdesivir for treating SARS-CoV-2 infections. *International Journal of Antimicrobial Agents*, 55(4), 105933. <https://doi.org/10.1016/j.ijantimicag.2020.105933>
- Kong, R., Yang, G., Xue, R., Liu, M., Wang, F., Hu, J., Guo, X. & Chang, S. (2020). COVID-19 Docking Server: a meta server for docking small molecules, peptides, and antibodies against potential targets of COVID-19. *Bioinformatics*, 36(20), 5109-5111. <https://doi.org/10.1093/bioinformatics/btaa645>
- Ma, Y. L., Sun, P., Feng, J., Yuan, J., Wang, Y., Shang, Y. F., Niu, X. L., Yang, S. H. & Wei, Z. J. (2021). Solvent effect on phenolics and antioxidant activity of Huangshan Gongju (*Dendranthema morifolium* (Ramat) Tzvel. cv. Gongju) extract. *Food and Chemical Toxicology*, 147, 111875. <https://doi.org/10.1016/j.fct.2020.111875>

- Malin, J. J., Suárez, I., Priesner, V., Fätkenheuer, G. & Rybniker, J. (2020). Remdesivir against COVID-19 and Other Viral Diseases. *Clinical Microbiology Reviews*, 34(1). <https://doi.org/10.1128/cmr.00162-20>
- Mehla, R., Bivalkar-Mehla, S. & Chauhan, A. (2011). A Flavonoid, Luteolin, Cripples HIV-1 by Abrogation of Tat Function. *PLoS ONE*, 6(11), e27915. <https://doi.org/10.1371/journal.pone.0027915>
- Mukhtar, M., Arshad, M., Ahmad, M., Pomerantz, R. J., Wigdahl, B. & Parveen, Z. (2008). Antiviral potentials of medicinal plants. *Virus Research*, 131(2), 111-120. <https://doi.org/10.1016/j.virusres.2007.09.008>
- Moneriz, C., & Castro-Salguedo, C. (2020). Promising and potential drugs for the treatment of COVID-19. *Revista chilena de infectología*, 37(3), 205-215. <https://doi.org/10.4067/s0716-10182020000300205>
- Naithani, R., Mehta, R. G., Shukla, D., Chandrasekera, S. N. & Moriarty, R. M. (2010). Antiviral Activity of Phytochemicals: A Current Perspective. *Dietary Components and Immune Function*, 421-468. https://doi.org/10.1007/978-1-60761-061-8_24
- Nguyen, H. L., Thai, N. Q., Truong, D. T. & Li, M. S. (2020). Remdesivir Strongly Binds to Both RNA-Dependent RNA Polymerase and Main Protease of SARS-CoV-2: Evidence from Molecular Simulations. *The Journal of Physical Chemistry B*, 124(50), 11337-11348. <https://doi.org/10.1021/acs.jpcc.0c07312>
- Paraiso, I. L., Revel, J. S. & Stevens, J. F. (2020). Potential use of polyphenols in the battle against COVID-19. *Current Opinion in Food Science*, 32, 149-155. <https://doi.org/10.1016/j.cofs.2020.08.004>
- Pavlova, A., Lynch, D. L., Daidone, I., Zanetti-Polzi, L., Smith, M. D., Chipot, C., Kneller, D. W., Kovalevsky, A., Coates, L., Golosov, A. A., Dickson, C. J., Velez-Vega, C., Duca, J. S., Vermaas, J. V., Pang, Y. T., Acharya, A., Parks, J. M., Smith, J. C. & Gumbart, J. C. (2021). Inhibitor binding influences the protonation states of histidines in SARS-CoV-2 main protease. *Chemical Science*, 12(4), 1513-1527. <https://doi.org/10.1039/d0sc04942e>
- Piluzza, G., Campesi, G., Molinu, M. G., Re, G. A. & Sulas, L. (2020). Bioactive Compounds from Leaves and Twigs of Guayule Grown in a Mediterranean Environment. *Plants*, 9(4), 442. <https://doi.org/10.3390/plants9040442>
- Santos, K. B., Guedes, I. A., Karl, A. L. M. & Dardenne, L. E. (2020). Highly Flexible Ligand Docking: Benchmarking of the DockThor Program on the LEADS-PEP Protein–Peptide Data Set. *Journal of Chemical Information and Modeling*, 60(2), 667-683. <https://doi.org/10.1021/acs.jcim.9b00905>
- Saucedo-Pompa, S., Torres-Castillo, J., Castro-López, C., Rojas, R., Sánchez-Alejo, E., Ngangyo-Heya, M. & Martínez-Ávila, G. (2018). Moringa plants: Bioactive compounds and promising applications in food products. *Food Research International*, 111, 438-450. <https://doi.org/10.1016/j.foodres.2018.05.062>

- Sen, D., Debnath, P., Debnath, B., Bhaumik, S. & Debnath, S. (2020). Identification of potential inhibitors of SARS-CoV-2 main protease and spike receptor from 10 important spices through structure-based virtual screening and molecular dynamic study. *Journal of Biomolecular Structure and Dynamics*, 40(2), 941-962. <https://doi.org/10.1080/07391102.2020.1819883>
- Sen Gupta, P. S., Biswal, S., Panda, S. K., Ray, A. K. & Rana, M. K. (2020). Binding mechanism and structural insights into the identified protein target of COVID-19 and importin- α with *in-vitro* effective drug ivermectin. *Journal of Biomolecular Structure and Dynamics*, 40(5), 2217-2226. <https://doi.org/10.1080/07391102.2020.1839564>
- Singh, S., Sk, M. F., Sonawane, A., Kar, P. & Sadhukhan, S. (2020). Plant-derived natural polyphenols as potential antiviral drugs against SARS-CoV-2 via RNA-dependent RNA polymerase (RdRp) inhibition: an *in-silico* analysis. *Journal of Biomolecular Structure and Dynamics*, 39(16), 6249-6264. <https://doi.org/10.1080/07391102.2020.1796810>
- Tallei, T. E., Tumilaar, S. G., Niode, N. J., Fatimawali, Kepel, B. J., Idroes, R., Effendi, Y., Sakib, S. A. & Emran, T. B. (2020). Potential of Plant Bioactive Compounds as SARS-CoV-2 Main Protease (Mpro) and Spike (S) Glycoprotein Inhibitors: A Molecular Docking Study. *Scientifica*, 2020, 6307457. <https://doi.org/10.1155/2020/6307457>
- Torres-León, C., Aguirre-Joya, J. A., Czaja, A., & Aguillón-Gutiérrez, D. R. (2020). *In silico* Screening bioaktiver Verbindungen aus mexikanischen Wüstenpflanzen zur Vorhersage potenzieller Inhibitoren von SARSCoronavirus 2 (SARS-CoV-2). *Z Arznei-Gewurzpfla*, 2(4), 153-156. https://www.researchgate.net/publication/348977122_In_silico_Screening_bioaktiver_Verbindungen_aus_mexikanischen_Wustenpflanzen_zur_Vorhersage_potenzieller_Inhibitoren_von_SARSCoronavirus_2_SARS-CoV-2
- Torres-León, C., Ventura-Sobrevilla, J., Serna-Cock, L., Ascacio-Valdés, J. A., Contreras-Esquivel, J. & Aguilar, C. N. (2017). Pentagalloylglucose (PGG): A valuable phenolic compound with functional properties. *Journal of Functional Foods*, 37, 176-189. <https://doi.org/10.1016/j.jff.2017.07.045>
- Treml, J., Gazdová, M., Šmejkal, K., Šudomová, M., Kubatka, P. & Hassan, S. T. S. (2020). Natural Products-Derived Chemicals: Breaking Barriers to Novel Anti-HSV Drug Development. *Viruses*, 12(2), 154. <https://doi.org/10.3390/v12020154>
- Wang, Y., Zhang, D., Du, G., Du, R., Zhao, J., Jin, Y., Fu, S., Gao, L., Cheng, Z., Lu, Q., Hu, Y., Luo, G., Wang, K., Lu, Y., Li, H., Wang, S., Ruan, S., Yang, C., Mei, C., . . . Wang, C. (2020). Remdesivir in adults with severe COVID-19: a randomised, double-blind, placebo-controlled, multicentre trial. *The Lancet*, 395(10236), 1569-1578. [https://doi.org/10.1016/s0140-6736\(20\)31022-9](https://doi.org/10.1016/s0140-6736(20)31022-9)
- Xu, F., Gao, M., Li, H., Han, X., Zhang, X., Li, Y., Guo, D. A. & Liu, B. (2020). Three new bisflavonols from the seeds of *Hovenia dulcis* Thunb. and their anti-RSV activities. *Fitoterapia*, 143, 104587. <https://doi.org/10.1016/j.fitote.2020.104587>
- Yang, Y., Xiao, Z., Ye, K., He, X., Sun, B., Qin, Z., Yu, J., Yao, J., Wu, Q., Bao, Z. & Zhao, W. (2020). SARS-CoV-2: characteristics and current advances in research. *Virology Journal*,

17(1). <https://doi.org/10.1186/s12985-020-01369-z>

- Yi, L., Li, Z., Yuan, K., Qu, X., Chen, J., Wang, G., Zhang, H., Luo, H., Zhu, L., Jiang, P., Chen, L., Shen, Y., Luo, M., Zuo, G., Hu, J., Duan, D., Nie, Y., Shi, X., Wang, W., . . . Xu, X. (2004). Small Molecules Blocking the Entry of Severe Acute Respiratory Syndrome Coronavirus into Host Cells. *Journal of Virology*, 78(20), 11334-11339. <https://doi.org/10.1128/jvi.78.20.11334-11339.2004>
- Yin, W., Mao, C., Luan, X., Shen, D. D., Shen, Q., Su, H., Wang, X., Zhou, F., Zhao, W., Gao, M., Chang, S., Xie, Y. C., Tian, G., Jiang, H. W., Tao, S. C., Shen, J., Jiang, Y., Jiang, H., Xu, Y., . . . Xu, H. E. (2020). Structural basis for inhibition of the RNA-dependent RNA polymerase from SARS-CoV-2 by remdesivir. *Science*, 368(6498), 1499-1504. <https://doi.org/10.1126/science.abc1560>
- Yoshimoto, F. K. (2020). The Proteins of Severe Acute Respiratory Syndrome Coronavirus-2 (SARS CoV-2 or n-COV19), the Cause of COVID-19. *The Protein Journal*, 39, 198-216. <https://doi.org/10.1007/s10930-020-09901-4>
- Zakaryan, H., Arabyan, E., Oo, A. & Zandi, K. (2017). Flavonoids: promising natural compounds against viral infections. *Archives of Virology*, 162(9), 2539-2551. <https://doi.org/10.1007/s00705-017-3417-y>
- Žemlička, L., Fodran, P., Lukeš, V., Vagánek, A., Slováková, M., Staško, A., Dubaj, T., Liptaj, T., Karabín, M., Birošová, L. & Rapta, P. (2014). Physicochemical and biological properties of luteolin-7-O- β -d-glucoside (cynaroside) isolated from *Anthriscus sylvestris* (L.) Hoffm. *Monatshefte für Chemie - Chemical Monthly*, 145, 1307-1318. <https://doi.org/10.1007/s00706-014-1228-3>