



## Prolactin increases cell migration of MCF-7 cells without inducing an epithelium-mesenchyme transition

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### Abstract

**Objective:** To evaluate the effect of prolactin (PRL) on the migration of MCF-7 breast cancer cells and the expression of E-cadherin. **Methods:** We used the wound healing assays to evaluate the migration of MCF-7 cells and the Western blot technique to evaluate the expression of E-cadherin. **Results:** The results show that PRL produced an increase in the migration of MCF-7 cells without inducing a reduction in the expression of E-cadherin. **Conclusions:** Prolactin significantly increased the migration of MCF-7 breast cancer cell line without inducing an epithelial-mesenchymal transition (EMT), which could be related to a collective type of migration.

**Keywords:** Prolactin. MCF-7 cells. Epithelial-mesenchymal transition. Cell migration assays. Cell movement. Breast neoplasms.

### La prolactina incrementa la migración celular en las células MCF-7 sin inducir una transición epitelial-mesenquimal

### Resumen

**Objetivo:** Evaluar el efecto de la prolactina (PRL) sobre la migración de las células de cáncer de mama MCF-7 y la expresión de E-cadherina. **Métodos:** Utilizamos los ensayos de rasgado y cierre de herida para evaluar la migración de las células MCF-7 y la técnica de Western blot para evaluar la expresión de E-cadherina. **Resultados:** Los resultados muestran que la prolactina produjo un incremento en la migración de las células MCF-7 sin inducir una reducción en la expresión de E-cadherina. **Conclusiones:** La prolactina incrementó significativamente la migración de la línea celular de cáncer de mama MCF-7 sin inducir una transición epitelial-mesenquimal (TEM), lo cual podría estar relacionado con una migración de tipo colectivo.

**Palabras clave:** Prolactina. Células MCF-7. Transición epitelial-mesenquimal. Ensayos de migración celular. Movimiento celular. Neoplasia de mama.

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## Introduction

Breast cancer is the most common type of cancer that currently affects women in the world. One of the main problems of breast cancer, like many solid tumors, is its ability to metastasize, this being the leading cause of death in cancer patients. One of the characteristics of metastasis is increased cell migration, which is the main process for cancer cells to invade and metastasize<sup>1</sup>.

Metastasis is the spread of cancer cells from the original site (primary tumor) to other sites in the body to form a secondary tumor; if metastasis did not occur, surgical removal of the tumor would be enough to control the majority of malignant tumors<sup>2</sup>. The ability to metastasize requires at least five steps: (1) invasion by tumor cell into adjacent structures, such as basement membranes; (2) passage into the blood or lymphatic vessels, with the release of tumor cells into the circulation (intravasation); (3) survival of tumor cells in circulating blood and overcoming immune surveillance; (4) escape from circulation (extravasation); and (5) implantation in a different tissue with the formation of a new tumor focus<sup>2</sup>. Increased migration is the main process for cancer cells to invade and metastasize during the development of the disease<sup>1</sup>.

Cell migration is the process by which cells move through tissues or on the surface of a culture dish, in which cytoplasmic expansions take part, it is a cyclical process that results from the combination of extension-contraction and adhesion-disengagement cycles<sup>3</sup>. It involves the spatial and temporal coordination of cellular components and is involved in multiple processes such as inflammatory responses, embryogenesis, organogenesis, and wound healing. However, aberrant cell mobility contributes to the development of diseases such as metastatic cancer<sup>4</sup>.

There are two main types of cell migration: (1) individual cell migration, where cells from the epithelium undergo epithelial-mesenchymal transition (EMT) to become mesenchymal cells with the ability to migrate, and (2) collective cell migration, where several cells move together maintaining characteristics similar to epithelial cells which are not governed by EMT<sup>5</sup>.

EMT is the process by which cells lose their epithelial characteristics and gain mesenchymal properties<sup>6</sup>. Among the changes involved are: loss of cell polarity, acquisition of a migratory capacity, invasive capacity, resistance to apoptosis, and increased production of the extra cellular matrix (ECM) components<sup>7</sup>. Epithelial cells form polarized sheets that anchor to the basement

membrane to maintain apical-basal polarity. In contrast, mesenchymal cells are embedded within the ECM<sup>8</sup>. This change in cellular behavior is mediated by a complex molecular regulation involving a large number of signaling pathways, some acting independently and others interconnected; the majority converge on the control of the expression of E-cadherin, whose down-regulation is the key molecular event in this process<sup>9</sup>. E-cadherin is a glycoprotein whose function is to help in calcium-dependent cell adhesion to form organized tissues due to the fact that it forms complexes with cytosolic proteins called catenins<sup>10</sup>. Several molecular differences have been observed between epithelial and mesenchymal cells. For example, mesenchymal cells express less E-cadherin compared to epithelial cells<sup>11</sup>. Based on this observation, one of the most studied markers to evaluate EMT is the decrease in the expression of E-cadherin<sup>12</sup>. In other words, a decrease in the expression of E-cadherin would be related to an individual cell migration and if the expression of E-cadherin is kept constant it can be related to a collective cell migration. On the other hand, it has been shown that prolactin (PRL) is capable of favoring the destruction of tumor cells in breast cancer through the activation of its receptor<sup>13</sup>. It was also reported that when some breast cancer cell lines, one of them MCF-7, were stimulated with PRL, a significant increase in cell migration was demonstrated<sup>14</sup>. Therefore, the objective of this study was to analyze the effect of PRL on the migration of MCF-7 breast cancer cells and on the expression of E-cadherin, to elucidate whether the migration of MCF-7 cells, by effect of the PRL, is individual or collective.

## Methods

### Cell culture

The MCF-7 breast cancer cell line (ATCC) was routinely cultured in sterile 90 × 20 mm Petri dishes (46 cm<sup>2</sup> growth area; Corning) and using RPMI-1640 culture medium (Lonza), supplemented with 8% (v/v) of fetal bovine serum (FBS) (Biowest), 2 mM glutamine (Biowest), 1 mM sodium pyruvate (Biowest), and 1% (v/v) penicillin/streptomycin (Sigma-Aldrich) at 37°C in a humidified atmosphere with 5% CO<sub>2</sub>.

### Cell migration assay

MCF-7 cells were seeded in 60 mm culture plates (21 cm<sup>2</sup> growth area; Corning), at a density of

$1 \times 10^5$  cells/cm<sup>2</sup> in RPMI-1640 medium supplemented with 8% (v/v) of FBS (Biowest) and 1% (v/v) of penicillin/streptomycin (Sigma-Aldrich), and they were incubated at 37°C in an atmosphere of 5% CO<sub>2</sub> until total confluence. Pressure was applied to the confluent monolayer of cells with a sterile razor to mark the start line, the cells were scraped to one side of that line and the cells were washed 3 times with PBS. Subsequently, the cells were maintained in RPMI-1640 medium supplemented with 1% (v/v) of FBS (Biowest), with or without PRL (Sigma-Aldrich) at a concentration of 2 nM. The medium and treatment were replaced with fresh medium every 24 h. Cell migration was monitored for 72 h, photos were taken of each well in a delimited area with a reflex camera (CANON t6) adapted to an inverted microscope. The migration area in square micrometers was measured with ImageJ software<sup>15</sup>.

### Western Blot

Protein expression in cells was analyzed by western blot. Briefly, at the end of the cell migration assay at 72 h, the cells were lysed with a buffer containing 1% (v/v) NP-40, 10 % (v/v) glycerol, 5 M NaCl, 1 M Tris pH 8, and cOmplete™ Mini Protease Inhibitor Cocktail (Roche), the samples were kept at -80°C until their analysis. Protein concentration was determined spectrophotometrically using the Pierce BCA Protein Assay Kit (Thermo Scientific). 20 µg of proteins treated under denaturing conditions with Laemmli buffer were electrophoresed in denaturing polyacrylamide gels (SDS-PAGE) at 10% and transferred to a nitrocellulose membrane (Bio-Rad). The membranes were blocked for 1 h with 5% skim milk in 1% TBS-Tween. Subsequently, they were incubated for 18 h at 4°C with the corresponding primary antibodies: anti-E-cadherin dilution 1/200 (sc-8426 Santa Cruz Biotechnology) and anti-GAPDH dilution 1/500 (sc-25778 Santa Cruz Biotechnology). Subsequently, they were incubated with biotinylated anti-mouse secondary antibody (BA-2000, Vector Laboratories) and anti-rabbit (BA-1100, Vector Laboratories), both at a 1:200 dilution. Finally, the proteins were detected using avidin and biotinylated HRP from the Vectastain ABC kit (Vector Laboratories) and scanned using the ChemiDoc XRS + equipment (Bio Rad), the densitometry was analyzed with the software Image Lab 6.0.1. and the expression of the proteins was reported as relative density normalized to the loading control.

### Statistical analysis

Cell migration data were analyzed with one-way ANOVA followed by a *post hoc* Tukey test. Data derived from Western Blot were analyzed with Kruskal–Wallis followed by Dunn's *post hoc* test.

### Results

#### PRL increases cell migration in MCF-7 cells

Stimulation of MCF-7 cells with PRL at a concentration of 2 nM significantly increased the area (square microns) of migrating cells after 72 h of treatment (Fig. 1).

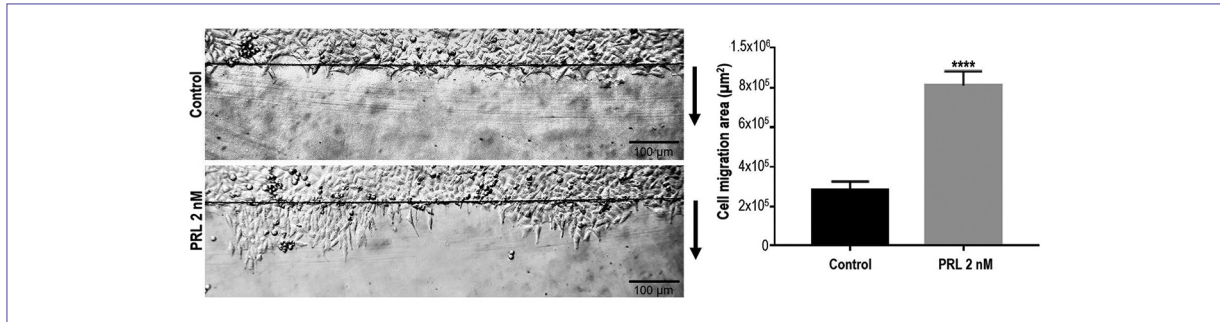
#### PRL does not induce the epithelium-mesenchyme transition in vitro in MCF-7 cells

Once it was shown that PRL increases the migration of MCF-7 cells, it was analyzed whether this same treatment could induce EMT in the same cells. EMT was evaluated through the expression of E-cadherin using the Western blot technique (Fig. 2). The results show that stimulation with PRL (2 nM) for 72 h did not induce a decrease in the expression of E-cadherin with respect to the control group, for which it can be considered that the migration of MCF-7 cells was carried out without inducing an EMT.

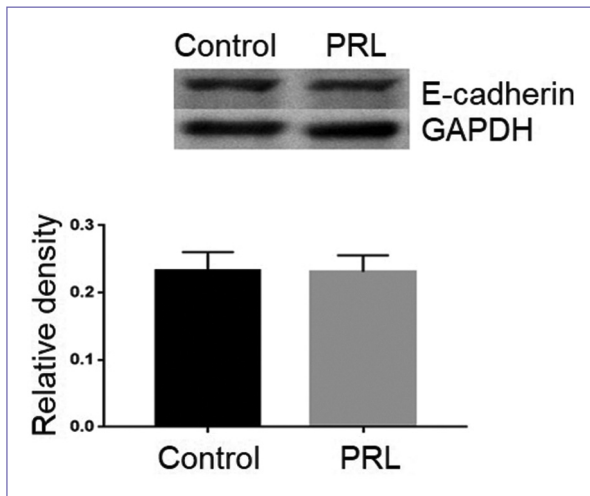
### Discussion

In this article, we demonstrate that PRL increases cell migration without inducing EMT in MCF-7 breast cancer cells. When MCF-7 cells were treated with PRL for 72 h, they significantly increased the cell migration area with respect to the control and did not induce a decrease in the expression of E-cadherin, which indicates that an EMT was not carried out.

PRL is a hormone that is involved in the tumorigenesis of the mammary gland and in the migration of cancer cells<sup>14,16,17</sup>; however, the existing information does not indicate whether the migration induced by PRL is individual or collective. Although there is information on the effect of PRL on vascular endothelial cadherin to carry out the development of the corpus luteum<sup>18</sup> or on the expression levels of mRNA and E-cadherin protein in the growth of mammary gland epithelial cells (MECs)<sup>19</sup>, the relationship between PRL induced cell migration and E-cadherin levels had not previously been analyzed.



**Figure 1.** Migration of MCF-7 cells after 72 h of 2 nM PRL administration. Arrows indicate the direction of migration. The top black line indicates where the migration begins. The area covered by the migrating cells was measured in  $\mu\text{m}^2$ . Images are representative of three separate experiments and were converted to gray scale.  $p < 0.0001$  against control.



**Figure 2.** Western blot for E-cadherin expression. It is observed that PRL does not induce the loss of E-cadherin expression after a 72 h treatment with 2 nM PRL. GAPDH was used as a loading control, the density was normalized against it. The images are representative, the experiment was repeated 3 times. No significant difference was found.

At present, there are some studies that report the role of PRL in the migration of the MCF-7 cell line. PRL at doses of 50 ng/ml (2.17 nM) and 100 ng/ml (4.35 nM) has been reported to increase migration in breast cancer cell lines T47D, ZR75-I, and MCF-7 through inducing changes in actin cytoskeleton remodeling, which was demonstrated by the increase in the expression levels of the proteins involved (c-Src, moesin, FAK, and their phosphorylated forms)<sup>14</sup>. Although the concentration used in this study is similar to that used in our study (2 nM), there are differences regarding the type of PRL used, as well

as the type of incubation. Other studies have also shown that PRL induces migration in MCF-7 cells through different regular mechanisms such as PAK1<sup>16</sup>, sphingosine kinase<sup>120</sup>, PI3K<sup>21</sup>; however, none of these studies have evaluated the effect of PRL on intercellular junctions. Although PRL acts in the actin cytoskeleton remodeling to induce cell migration<sup>14</sup>, its effect on molecules involved in adherent junctions (important for cell migration) such as E-cadherin, is practically unknown.

EMT has been directly related to the type of cell migration that can occur. The cells that migrate individually are those coming from epithelia that, through an EMT, are delaminated and become mesenchymal cells with the capacity to migrate. On the other hand, collective migration involves the movement of several cells, forming part of a group, row or layer, which maintain characteristics similar to those of epithelial cells, which is why it is considered that an EMT itself is not present<sup>22</sup>. Of these two types of migration, collective migration is the one with the greatest potential to cause metastasis, this potential being 23-50 times greater than individual cell migration<sup>23</sup>. In this regard, various markers involved in EMT have been described; one of the most studied is the decrease in the expression of E-cadherin<sup>12</sup>.

The loss of E-cadherin is a key characteristic of EMT, which is why it is considered as a marker, during which cancer cells lose their epithelial phenotype and acquire a mesenchymal phenotype that gives them greater migratory and invasive capacity<sup>24,25</sup>. Thus, for cancer cells to metastasize, they must first detach from the primary tumor, which is facilitated by the EMT process. The functional loss of cell adhesion, mediated by the loss of E-cadherin, allows cells to detach from the primary tumor, invade adjacent tissues, and migrate to distant sites where they establish to form metastatic tumors<sup>25</sup>. Therefore, a



decrease in the expression of E-cadherin can be related to an individual type migration. However, the results obtained show that PRL, despite increasing cell migration, did not decrease E-cadherin levels. Accordingly, the type of cell migration induced by this hormone could be related to collective migration. To date, the relationship between the type of migration induced by PRL and the levels of E-cadherin expression is not fully known. Nevertheless, there is information that supports that PRL can upregulate the expression levels of mRNA and E-cadherin protein to efficiently carry out the proliferation of MECs<sup>19</sup>, even though these studies are focused on cell proliferation.

Finally, we can conclude that PRL significantly increased the migration of the MCF-7 breast cancer cell line without inducing EMT, which could be linked to a collective type migration.

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## Conflicts of interest

The authors declare that they have no conflicts of interest.

## Ethical disclosures

**Protection of human and animal subjects.** The authors declare that no experiments were performed on humans or animals for this study.

**Confidentiality of data.** The authors declare that no patient data appear in this article.

**Right to privacy and informed consent.** The authors declare that no patient data appear in this article.

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