Telipogon Helleri (Orchidaceae): population characteristics, new locality in Mexico and risk of extinction

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Abstract: The first record of *Telipogon helleri* (Orchidaceae) in Mexico was in 2009. The relevance of this study is the finding and characterization of a second population of this taxon, in a new location, and the revaluation of the original population five years later of its discovery. In addition, we evaluated the new population by the Method of Evaluation of Risk of Extinction for plants in Mexico (MER-Plantas). We evaluated this species using the Risk Assessment Method of Extinction for plants in Mexico (MER-Plantas). The original population increased 1.7 % (15.38 % immatures; 84.62 % adults; n= 78 individuals), and was distributed among six phorophytes (four more than in 2009), with 73.08% of the individuals growing on twigs and with a similar number of individuals facing the different cardinal points. The new population was found in a cloud forest fragment, growing on a single phorophyte (*Brunellia mexicana*), consisting of 36 individuals (38.89 % immatures; 61.11 % adults), all of which were growing on the trunk and 69.44 % facing west. We suggest that *T. helleri* should be placed in the category of endangered (P), in the Mexican Official Standard for threatened flora and fauna. It is necessary to carry out demographic and molecular studies to evaluate the levels of endogamy and the genetic viability of the individuals present and to estimate the capacity for adaptation and population growth. The increase in the number of individuals in the last five years could be rapidly reversed given the adverse conditions prevailing in the habitats and localities where the two populations are found.

Key words: Chiapas, cloud forest, coffee plantations, life classes, MER-Plantas, phorophyte, vertical distribution.

Resumen: El primer registro de *Telipogon helleri* (Orchidaceae) en México fue en 2009. En el presente estudio se informa del hallazgo de una segunda población de este taxón, en una nueva localidad, y se reevalúa la población original cinco años después de su descubrimiento. Además, se caracteriza la nueva población y se evalúa la especie a través del Método de Evaluación del Riesgo de Extinción para plantas en México (MER-Plantas). Actualmente la población original presenta un incremento de 1.7 % (15.38 % inmaduros; 84.62 % adultos; n= 78 individuos), crece sobre seis forófitos (cuatro más que en 2009), 73.08 % de los individuos se encuentran sobre ramillas y su número hacia las diferentes orientaciones cardinales es similar. La nueva población de *T. helleri* se localizó en un fragmento de bosque de niebla, sobre un único forófito (*Brunellia mexicana*), cuenta con 36 individuos (38.89 % inmaduros; 61.11 % adultos), todos crecían sobre el tronco y 69.44 % lo hacía con orientación oeste. Se propone que la especie se considere en la categoría en peligro de extinción (P) en la Norma Oficial Mexicana. Es necesario realizar estudios demográficos y moleculares de *T. helleri*, para conocer los niveles de endogamia y variabilidad genética de los individuos y estimar la capacidad de adaptación y crecimiento poblacional de la especie. El aumento en el número de individuos que se ha logrado en los últimos cinco años podría invertirse rápidamente por las condiciones adversas de los hábitats y las localidades donde se encuentra.

Palabras clave: Bosque de niebla, cafetal, Chiapas, clases de vida, distribución vertical, forófito, MER-Plantas.

The Orchidaceae is the largest and most diverse family of vascular epiphytes in the world (Fay and Chase, 2009), but is also one of the most threatened plant families (Dillon, 1977; IUCN and OSG, 2012). Mexico, located on the

northern edge of the American tropics, harbors a remarkable orchid diversity, with approximately 1,260 species registered (60 % epiphytes) and 170 genera (Hágsater *et al.*, 2005; Soto-Arenas *et al.*, 2007). Of this great diversity of

orchids, 188 species are included in a risk category in the Mexican Official Standard for Threatened Flora and Fauna (SEMARNAT, 2010).

Despite the systematic destruction of its ecosystems, 322 species of orchids have been registered in the region of Soconusco in the state of Chiapas, Mexico, of which more than 200 can still be found. The biological corridor Tacaná-Boquerón (Priority Terrestrial Region 135 designated by CONABIO; Arriaga *et al.*, 2000), which covers a major part of the region of Soconusco, is known to be the second region with the greatest orchid species richness in Mexico (Solano-Gómez *et al.*, 2016, *in press*).

Historically, a high proportion of Mexican orchids have found refuge in traditional shaded coffee plantations in various parts of the country, wherein 76 genera and 213 species have been registered. Of those, 180 (84.1 %) are classified as epiphytes, 31 (14.4 %) are terrestrials, and four can adapt to both epiphytic and terrestrial habits. Furthermore, 47 (22 %) of those species are endemic (Espejo-Serna *et al.*, 2005).

One of the genera that has been found growing in coffee agroecosystems in Mexico is Telipogon Kunth, which are orchids of the subtribe Telipogoninae, with approximately 32 species worldwide (Ackerman, 2014). These plants are epiphytic or terrestrial and most grow in the cool, humid environments of cloud forests at high elevations from Central America to Bolivia, and in the Carribean (Dodson and Escobar, 1987; Ackerman, 2014). Telipogon helleri (L.O. Williams) N.H. Williams & Dressler (Figure 1A, B), recently found in shaded coffee plantations in the region of Soconusco (Solano-Gómez et al., 2011; García-González and Damon, 2013), is a small epiphytic species with deciduous leaves and thick, succulent, slightly flattened roots. Flowering occurs from October to January, in which a single inflorescence is usually produced, carrying minute flowers measuring 4.5-5 mm in diameter, which open sequentially. The flowers have green-purple petals and sepals and a dark purple lip (Solano-Gómez et al., 2011).

In this study we inform of the discovery and characterization of a new population of *Telipogon helleri* in Mexico, in a different habitat to that in which the first population was found in 2009, and the reevaluation of the original population five years after its discovery (Solano-Gómez *et al.*, 2011; García-González and Damon, 2013). We evaluated *T. helleri* by applying the Risk Assessment Method of Extinction for plants in Mexico (MER-Plantas).

Materials and methods

Search for new individuals of T. helleri. Transects were set up of variable lengths depending upon the accessibility of the terrain, within the coffee plantation of the original population, and in the fragments of surrounding cloud forest; in total, approximately 4 ha were explored. The plants were located directly, or with the help of binoculars and all the phorophytes with *T. helleri* growing on them were identified. In this study the term phorophyte is only used for the trees and coffee bushes where *T. helleri* was found growing (García-González and Pérez-Márquez, 2011).

Site characterization. The study was carried out during the first six months of 2014, in the area surrounding the rural community of Benito Juárez El Plan (BJ), in the buffer zone of the Tacaná Volcano Biosphere Reserve, municipality of Cacahoatán, region of Soconusco, Chiapas, Mexico (Figure 2). The habitat of the original population was a plantation of shaded arabic coffee (Coffea arabica L.; Rubiaceae), of 25 year-old and with commercial polyculture system (Moguel and Toledo, 1999) (Locality 1; Figure 1C). The habitat of the new population was a fragment of cloud forest (Locality 2; Figure 1D). In the coffee plantation no agrochemicals were used, weeds were cleared twice a year, and shade trees were lightly pruned once a year. The fragment of cloud forest consisted of secondary vegetation at an advanced stage of succession, with very tall emergent trees. The coffee plantation was situated at 1,400 m a.s.l., with coordinates 15°5'15" N; 92°8'55" W, whereas the fragment of cloud forest was situated at 1,499 m a.s.l., with coordinates 15°5'16.38" N; 92°8'42.78" W. Annual rainfall and average temperatures in the area are 3,674.4 mm and 20.7°C respectively (SEMARNAT and CONANP, 2013).

Height and DBH of the phorophytes. The height and DBH (diameter at breast height) of all the phorophytes were measured in both populations. The height and diameter were also measured at the points where plants of *Telipogon helleri* were found growing, using the same methods as García-González et al. (2011) and García-González and Damon (2013).

Vertical distribution, life stages and orientation of the individuals of T. helleri within the phorophytes. The zonation proposed by García-González et al. (2011) for coffee bushes and shade trees was used to determine the microsites (trunk, branch forks, branches or twigs) and vertical distribution of T. helleri. However, in the case of the phorophyte in Locality 2, the twigs were also taken into account considering that, unlike the shade trees in coffee plantations, the trees in the cloud forest fragment were not subject to periodic pruning. The life stages and cardinal orientation were determined using the methods proposed by García-González and Damon (2013).

Evaluation of the risk status of T. helleri. We used the Risk Assessment Method of Extinction for plants in Mexico (MER-Plantas; SEMARNAT, 2010), designed to be used to evaluate the risk status of any species of Mexican flora (Valverde et al., 2009), and is based on a combination of a rarity index (IR) and an index of anthropogenic impact (IIA), with the results indicating one of the following categories: En-



Figure 1. *Telipogon helleri* (Orchidaceae) and habitats in which the species is found in the area surrounding the rural community of Benito Juárez El Plan, in the region of Soconusco, Chiapas, Mexico. A: Adult individual with fruit; B: Adult individual in flower; C: Shaded coffee plantation where the species grows; D: Fragment of cloud forest where the species grows.

dangered (P), threatened (A) or subject to special protection (Pr) (SEMARNAT, 2010). The evaluation presented here is based on the data generated from the two known localities for *T. helleri* in Mexico.

Statistical analysis. Was compared the number of individuals of *Telipogon helleri* in each life stage per phorophyte and the number of individuals growing in different microsites on all phorophytes. To know the effect of the phorophyte and the life stage on the number of individuals, and to know the effect of the phorophyte and the microsite on the number of individuals we used a Generalized Lineal Models (GLM) analysis. In each case a Poisson distribution was used for the dependent variable (number of individuals) and the analysis was carried out using the software STATISTICA 8. In the case of the variable orientation of the orchid plants on the phorophytes, Rayleigh's Circular Uniformity test was applied, using the program Oriana (version 1.01). For descriptive statistics the mean and standard error were used.

Results

The new population of T. helleri. It was discovered a new population of T. helleri growing in a cloud forest fragment

in the outskirts of the community BJ (Locality 2), at approximately 2 km from the original locality. All the individuals were growing on a single phorophyte, situated in the centre of the forest fragment, and which was identified as *Brunellia mexicana* Standl. (Brunelliaceae; Table 1). This tree measuring 18 m in height and 28.65 cm in diameter. The population had 36 individuals of *T. helleri*, of which 38.89 % were immatures and 61.11 % adults (Table 1).

Phorophytes in the coffee plantation (original locality), number of individuals of T. helleri and life stages. In the coffee plantation (Locality 1), *T. helleri* was found growing on six phorophytes, two of which were shade trees (chalum; *Inga micheliana* Harms; Fabaceae) and four coffee bushes (*Coffea arabica*). The trees averaged 5.75 ± 0.25 m in height and 31.43 ± 4.21 cm in diameter, whereas the coffee bushes averaged 3.67 ± 0.29 m in height and 4.52 ± 0.47 cm in diameter. A total of 78 individuals of *T. helleri*, were found, of which 12 were immatures and 66 were adults (Table 1). The number of individuals does not have the same distribution by life stage ($\chi^2 = 41.16$, gl = 1, P < 0.0001), neither between phorophytes ($\chi^2 = 43.97$, gl = 5, $\chi^2 = 0.0001$). The phorophytes as well as the life stage explain part of the variation on the number of individuals of *T. hel-*

Table 1. Characterization of populations of Telipogon helleri (Orchidaceae) in two localities (Locality 1: coffee plantation; Locality 2: fragment of
cloud forest), in the region of Soconusco, Chiapas, Mexico. Life stage; I: immatures, A: adults.

Species of phorophyte	No. of phorophytes for specie	No. of individuals of <i>T. helleri</i>	Vertical distribution of the orchids in each phorophyte				No. orchids per life stage	
			Trunk	Branch forks	Branches	Twigs	I	A
Locality 1								
Inga micheliana	2	16	16	0	0		5	11
Coffea arabica	4	62	1	0	4	57	7	55
Total	6	78	17	0	4	57	12	66
Locality 2								
Brunellia mexicana	1	36	36	0	0	0	14	22
Combined total	7	114	53	0	4	57	26	88

leri, and there is an interaction between both factors ($\chi^2 = 12.03$, gl = 2, P = 0.002). There were 16 individuals growing on *I. micheliana*, of which 31.25 % were immatures and 68.75 % adults. In the case of *C. arabica* phorophytes, there were 62 individuals, with 11.29 % immatures and 88.71 % adults (Table 1).

Vertical distribution and orientation of the individuals on the phorophytes. In Locality 2, 100 % of the individuals were growing upon the trunk of the phorophyte. In Locality 1, 21.79 % were growing on the trunk, 5.13 % on the branches, 73.08 % on twigs and no individuals were found growing on the forks of the branches (Table 1). The number of individuals it is not distributed in the same way between microsites ($\chi^2 = 59.26$, gl = 2, P < 0.0001), or between phorophytes ($\chi^2 = 41.32$, gl = 5, P < 0.0001). The phorophyte as well as the microsite explain part of the variation in the number of individuals of *Telipogon helleri*, and there is an interaction between both factors ($\chi^2 = 73.12$, gl = 4, P < 0.0001). In the *Inga micheliana* phorophyte, *T. helleri* was only found on the trunks (Table 1).

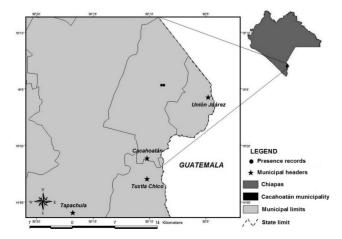


Figure 2. Localities for *Telipogon helleri* (Orchidaceae) in Chiapas, Mexico.

In Locality 1, despite the majority of individuals (13 individuals) growing facing southwest (Figure 3A), the cardinal orientation of the individuals on the phorophytes is similarly distributed (Rayleigh's Circular Uniformity test, Z=0.316, P=0.729). Meanwhile, in Locality 2, where the majority of individuals (25 individuals) were facing west (Figure 3B), there were significant differences in the cardinal orientation of the individuals (Rayleigh's Circular Uniformity test, Z=28.298, P<0.001).

Telipogon helleri risk status. Based on the evaluation assigned to the indices proposed by the MER-Plantas.

I. Rarity index.

Value of criteria A: Characteristics of the geographical distribution.

Subcriteria A.1. The distribution extension. In Mexico, *Telipogon helleri* is only known from two localities, very close from each other (approximately 2 km). Therefore, the amplitude of distribution of this species is greater than 1 km² but less than 1 % of the National Territory (ca. 2,000,000 km²); **3 points**.

Subcriteria A.2. Number of known populations or localities. At present only two localities, which are close together, are known; **3 points.**

Subcriteria A.3. Number of biogeographical provinces occupied by the taxon. According to the map of the biogeographical provinces of Mexico (CONABIO, 1997), *Telipogon helleri* is only found in one biogeographic province, Soconusco; **3 points.**

Subcriteria A.4. Representativity of the distribution of the taxon within Mexican territory. *Telipogon helleri* has been reported in Nicaragua (Williams, 1962) and there are reports that it may be present in Costa Rica and Guatemala (Solano-Gómez *et al.*, 2011), indicating that the distribution of this species in Mexico is peripheral or possibly outwith of its normal range; **1 point**.

Total value of Criteria A = 0.9 (10/11).

Value of criteria B: Characteristics of the habitat. Subcriteria B.1. In how many types of vegetation is the tax-

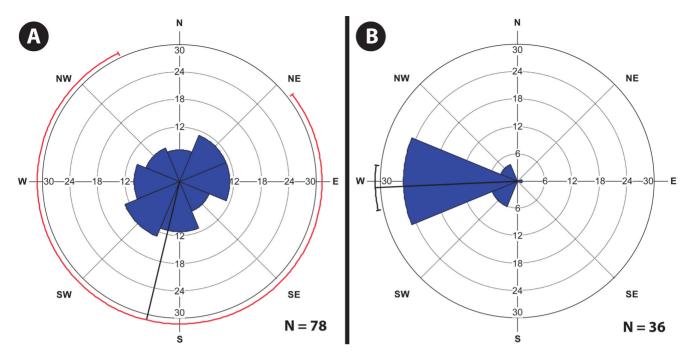


Figure 3. Rose diagrams of the cardinal orientation of individuals of *Telipogon helleri* (Orchidaceae) in Chiapas, Mexico. A: Locality 1 (coffee plantation); B: Locality 2 (cloud forest). The longest "petals" represent the most frequent orientations. Confidence intervals of 95%.

on present? According to Rzedowski's (1990) map of Mexican potential vegetation, the two localities where *Telipogon helleri* has been found are situated on the boundry between regions classified as the pine-oak forest and tropical evergreen forest; **3 points**.

Subcriteria B.2. Does the taxon have a specialized habitat? According to field observations, apparently *Telipogon helleri* prefers shaded forest understory with high atmospheric humidity, and cannot tolerate exposure to full sun. It grows on fairly rough textured trunks, branches and twigs with little moss and with few or no other epiphytes with which to compete. However, this orchid is probably not specialized as it is clearly sufficiently adapatable to grow in coffee plantations and cloud forest, and on a variety of phorophytes (*Coffea arabica* coffee bushes, *Inga micheliana* shade trees and the native forest tree *Brunellia mexicana*); **0 points**.

Subcriteria B.3. The permanence of the population depends upon primary habitat? No, however, given the environmental preferences of the orchid, moderately or well conserved natural forest or shaded agroforestry habitats would be required; **0** points.

Subcriteria B.4. The permanence of the population requires a particular type of environmental disturbance or is associated with a transitory stage of succession? Populations of *Telipogon helleri* do not appear to require any particular type of disturbance or stage of succession; **0** points.

Subcriteria B.5. The amplitude of the altitudinal range occupied by the taxon. Taking into account the only confirmed report outside Mexico (Nicaragua; Williams, 1962) and the

two localities in Mexico, the total range is from 1,100 to 1,499 m, giving an amplitude of only 400 m; **2 points**.

Total value of Criteria B = 0.55 (5/9).

Value of the Criteria C: Intrinsic biological vulnerability of the taxon.

Subcriteria C.1. Demography.

Subcriteria C.1.1. Total number of individuals. The total number of individuals of *Telipogon helleri* in the two localities is 114; **3 points**.

Subcriteria C.1.2. Recruitment. Although the results obtained by García-González and Damon (2013) suggested that *Telipogon helleri* growing in the coffee plantation could have a low recruitment rate, this new study indicates that in both localities there is recruitment; **0 points**.

Subcriteria C.1.3. Demographic attributes. **A)** Is there evidence for density dependence in reproduction? No such evidence exists; **0 points. B)** Is there evidence for clonality? Due to the morphological characteristics of the species (Solano-Gómez *et al.*, 2011), it is unlikely that *Telipogon helleri* could propagate itself by the production of clones; **1 point. C)** Is there evidence for population decline in Mexico? The taxon was only registered in Mexico in 2009 (Solano-Gómez *et al.*, 2011), insufficient time to be able to measure population trends; **0 points. D)** Is there evidence for a high degree of variability in fecundity? The results reported by García-González and Damon (2013) indicate limited variability: 35 adult individuals of *T. helleri* growing on the phorophyte *Inga micheliana*, with an average of 0.71 ± 0.92 fruits per individual, and nine adult individuals

growing on *Coffea arabica*, with an average of 1.66 ± 1.08 fruits per individual; **0 points. E**) Is the taxon dioecious, the individuals are dichogamous or autoincompatible? The species has functionally hermaphroditic flowers, but there is no available information regarding the reproductive system; **0 points. F**) Flowering is synchronous or gregarious? Solano-Gómez *et al.* (2011) affirmed that *T. helleri* bloom between October and January, but in this study flowering was observed to continue until April. The extended flowering period observed, and few individuals present, preclude synchronous or gregarious flowering; **0 points. G**) Does the taxon produce few propagules? The number of propagules produced for this species is unknown; **0 points.**

Subcriteria C.2. Genetics. There is no available molecular information for the taxon and we could not evaluate Subcriteria C.2.1. Molecular variation and Subcriteria C.2.2. Molecular genetic structure.

Subcriteria C.2.3. Quantity of genetic variation. The two known localities of Telipogon helleri are situated close together, although separated by a mountainous ridge and two small rivers, one each side of the ridge. The closeness possibly allow intercrossing between the two populations depending upon climatic factors and the behaviour of the pollinators. Furthermore it is possible that seeds may be dispersed from one locality to the other and viceversa, facilitating the eventual mixing of genes. Various authors suggest that orchid seeds do not travel long distances and tend to land close to the mother plant (Machon et al., 2003; Trapnell et al., 2004; Jersáková and Malinová, 2007; Winkler et al., 2009; Chung et al., 2011), but there are also reports in the literature of wider dispersal (Alcántara et al., 2006; Fay and Chase, 2009; Swarts et al., 2009). From the point of view of population genetics, even a low frequency of long distance dispersal events can effectively homogenize the genetic variation between populations (Chung et al., 2011). In the two localities the individuals are phenologically similar (size of plants, size of flowers, color etc.) and no pests and diseases have been observed. It would appear that there is low genetic variation between populations; 1 point.

Subcriteria C.2.4. Level of differentiation between populations. Although studies are needed to verify it, it is unlikely that there is a high level of differentiation between the two populations; **0 points.**

Subcriteria C.3. Specialized biotic interactions.

Subcriteria C.3.1. Does the taxon require a "nurse plant"? No information or observations exist that would suggest that *Telipogon helleri* depends upon any particular type of "nurse plant" for its establishment; **0 points**.

Subcriteria C.3.2. Does the taxon require a specific host or phorophyte? *Telipogon helleri* has been found growing upon three different phorophytes (*Coffea arabica*, *Inga micheliana* and *Brunellia mexicana*), suggest that specificity is unlikely; **0 points**.

Subcriteria C.3.3. Does the taxon require a specific pollinator? Orchids of the genus *Telipogon* do not generally offer any reward to their pollinators (Dodson and Escobar, 1987), however, the flowers of many species often mimic the females of flies of the Tachinidae family, probably being pollinated by male flies of the same family (Dodson and Escobar, 1987; Dodson, 2003). Nevertheless, for the case of *T. helleri*, there is/are no known pollinator/s; **0 points**.

Subcriteria C.3.4. Does the taxon require a specific dispersor? No, as for most orchid species, the minute seeds are dispersed by air currents (Arditti and Abdul Ghani, 2000; Hágsater *et al.*, 2005) or perhaps on the plumage of birds (Arditti and Abdul Ghani, 2000); **0 points**.

Subcriteria C.3.5. Does the taxon present obligate myrmecotrophy? Not present; **0 points**.

Subcriteria C.3.6. Does the taxon present strict dependance on mycorrhizae? As for the majority of orchid species, *Telipogon helleri* needs to associate with mycorrhizal fungi to germinate, differentiate and develop (Hágsater *et al.*, 2005; Jersáková and Malinová, 2007; Otero *et al.*, 2007, Chung *et al.*, 2011); **1 point**.

Subcriteria C.3.7. Is the taxon severely affected by pests or pathogens? In neither locality were pests or pathogens observed, or competition with other species of flora; **0** points.

Total value of the Criteria C = 0.26 (6/23).

II. Index of anthropogenic impact.

Value of criteria D: Impact of human activity on the taxon.

Subcriteria D.1. How does habitat disturbance affect the taxon? In the region where Telipogon helleri is found, various fragments of cloud forest still exist in different stages of succession and states of conservation, as well as extensive areas of coffee plantations with Inga micheliana as the principal shade tree. However, most of the fragments of cloud forest are small and found in relatively inaccessible ravines and valleys, whereas the more accessible fragments are indiscriminately deforested, causing landslides, forest structure loss, and the removal of potential phorophytes. Although most of the coffee plantations still retain shade trees, the trees diversity is low. Coffee plantations in the area are currently undergoing a series of drastic, economically motivated changes, which will have severe environmental consequences, which, however, have not yet been evaluated. Some of those changes are the systematic removal of moss and vascular epiphytes from the trunks and branches of the coffee bushes, the excessive pruning of shade trees, and the replacement of Coffea arabica plantations for robusta coffee (Coffea canephora Pierre ex A. Froehner; specie more resistant to rust attack, Hemileia vastatrix Berk. & Broome; ITC, 2011). Over C. canephora few species of vascular epiphytes are able to grow; 1 point.

Subcriteria D.2. What is the level of impact of human activities upon the habitat of the taxon? The anthropogenic

disturbance cited above impacts strongly on the ecosystems in the region, including the cloud forests and coffee plantations where *Telipogon helleri* is found. Specifically, in the coffee plantation of Locality 1, the moss and vascular epiphytes have not been removed, although the phenomena is observed in all neighboring plots, which may limit the possibilities for extension of the population of *T. helleri*. Meanwhile, the forest fragment of Locality 2 has suffered excessive logging and consequent landslides, although it still maintains several large trees; **3 points**.

Subcriteria D.3. Does evidence exist that indicates deterioration of the quality or extension of the habitat, such as climate change, or is a major change of land use predicted? All of the natural ecosystems in Soconusco have been affected by deforestation (Sánchez and Jarquín, 2008) and the whole area is under pressure as a result of a human population density of 121.3 inhab/km², which is more than double the state average of 51.8 inhab/km² (Rojas-Wiesner et al., 2004). The Soconusco region is dominated by coffee plantations (Sánchez and Jarquín, 2008), which were developed towards the end of the XIX century (Altamirano-González-Ortega et al., 2011) and although coffee continues to be one of the principal products of the región, pests and diseases, ageing plantations, low productivity, erosion and market fluctuations threaten the activity. The area has also been severely affected by inadequate techniques for the opening and maintenance of roads, causing extensive landslides (Damon and Colín-Martínez, 2005). However, there are no current measurements, predictions or models to quantify the magnitude of the environmental changes in the region; **0** points.

Subcriteria D.4. What is the impact of exploitation of the taxon? *Telipogon helleri* is not considered as an ornamental plant and there are no reports of traditional uses; **0 points**.

Subcriteria D.5. The taxon is cultivated or propagated ex situ? At present *Telipogon helleri* is not being propagated or cultivated; **0 point**.

Total value of Criteria D= 0.4 (4/10). Sum of the values obtained for the criteria considered, A: 0.9 + B: 0.55 + C: 0.26 + D: 0.4= 2.11 points.

Discussion

The discovery of a new locality of *Telipogon helleri* is important for the conservation of this species in Mexico. This population grows in a cloud forest fragment, which according to Hágsater *et al.* (2005) it is the habitat for 60 % of the orchids in Mexico, making the conservation of this ecosystem of vital importance. This new population, despite being located very close to the only other known locality of *T. helleri* (Locality 1), reported by Solano-Gómez *et al.* (2011), extends the species distribution area and places it in a new habitat. Also, the new population shows a ratio of immature individuals/adult individuals, indicating recruitment, which is a vital factor for the conservation of this species.

In 2009 the only known population of Telipogon helleri in Mexico grew exclusively in a shade coffee plantation and had 46 individuals (García-González and Damon, 2013). In this plantation, five years later, the panorama is different and the population has increased 1.7 %, counting at present with 78 individuals. During this period, both the number and the proportion of immature and adult individuals have changed. In 2009, the immature individuals represented 2.17 % of the population (one individual; García-González and Damon, 2013), compared to 15.38 % in 2014. Meanwhile, the proportion of adult individuals has dropped from 97.83 % of the population (45 individuals; García-González and Damon, 2013) to 84.62 % at present. The age structure is still dominated by adults, thus promoting the maintenance of the species, since adults produce the propagules for the next generation and this stage is considered the most important in orchids life (Zotz, 1998; Winkler and Hietz, 2001; Mondragón, 2009). The population has increased and there is now clear evidence of new recruitment.

Regarding the phorophytes, in 2009, 78.26 % of the population (36 individuals) of *Telipogon helleri* was found on two shade trees of *Inga micheliana*, and 21.74% (10 individuals) was growing on a single coffee bush phorophyte (García-González and Damon, 2013). This evaluation shows that the situation has reversed, with 79.49 % of the present population now growing on four *Coffea arabica* bushes with an increase of 10 to 30 individuals on the original coffee bush. There are now fewer individuals growing on the two *I. micheliana* shade trees, with only 20.51 % of the population growing on that phorophyte; in one tree the number of individuals has decreased from 35 to four, whereas there was an increase from one to 14 on the other tree.

Coffee bushes are often seen to be good phorophytes for epiphytes in general, and in particular, the thin terminal branches are host to a range of miniature, twig epiphytes such as the genera *Erycina* Lindl. and *Notylia* Lindl. (Hágsater *et al.*, 2005; Damon and Valle-Mora, 2008; Pérez-Hernández *et al.*, 2011), and the oldest bushes are often host to rare orchid species that cannot be found elsewhere (Hágsater *et al.*, 2005). García-González and Damon (2013) proposed that the coffee plantation could be acting as a temporary refuge or that *Telipogon helleri* could be adapting permanently to life in this agroecosystem. The results of this study seem to confirm the second option.

The loss of a significant number of individuals from one of the *Inga micheliana* shade trees in a period of five years is probably related to an increase in the covering of moss on the trunk of this phorophyte and *Telipogon helleri* may prefer substrates where it does not have to compete with bryophytes. The other tree which was previously occupied in the plantation now has a larger number of *T. helleri* plants, but nearly all appear to be unhealthy and several are apparently dying, probably due to recent pruning of the phorophyte.

The microhabitats occupied by *Telipogon helleri* have also changed in the five year period between evaluations, mostly in the case of the *Coffea arabica* phorophytes. Originally, 73.92 % of the entire population was growing on the trunks of the shade tree or coffee phorophytes (García-González and Damon, 2013), whereas in this study more than 70 % were growing on twigs. Possibly, this microsite is more appropriate for the ecological requirements and typical morphological features of *T. helleri*, and although individuals are not in the trunk, which is usually the more protected and wetter section of phorophyte, anyway the individuals keep under shady conditions provided by the shade trees, that in this plot have an average height of 6.24 ± 2.03 m (García-González and Damon, 2013), while *T. helleri* grows to an average height of 1.89 ± 0.06 m.

In the cloud forest fragment of the new locality, the canopy is more closed, with less light reaching the understory than in the coffee plantation and all individuals of *Telipogon helleri* grow below a height of 2 m. However, the phorophyte is situated close to a small path, so that the orchids receive more light than inside the forest.

Considering the cardinal points, in the coffee plantation the species do not show a clear trend, although 16.67 % of *Telipogon helleri* individuals grow southwest oriented. However, in 2009, 45.65 % of individuals (21 individuals) were located to the northeast (García-González and Damon, 2013) and currently at that position it is only oriented 14.1 % of individuals. All the assumptions of the population five years ago are mainly based on the 36 individuals growing on *Inga micheliana* and the biggest part was oriented in that direction (García-González and Damon, 2013). However, due to the small size and the concentration of population, it was difficult to see trends. Currently, although this population remains small, it has almost twice and has also spread to other phorophytes, making it easier to deduce ecological preferences and hypothesize about future scenarios.

Tremblay and Velázquez-Castro (2009) found that in *Lepanthes eltoroensis* Stimson, the distribution pattern was not uniform, and orchids were oriented towards many directions, with a slight preference for northwest orientation, possibly due the constant winds which characterize the habitat, and which also form part of the ecological requirements of these orchids. Similarly, the direction and speed of the winds in the localities occupied by *Telipogon helleri*, may influence the successful germination and establishment of plants from seeds randomly landing on the different, available microsites, and the influence exerted may also shift with time.

However, according to Callaway *et al.* (2002), water availability is also a key factor in the establishment of epiphytes on phorophytes. It is therefore possible that the two small rivers located close to the populations of *Telipogon helleri* (one on each side of the mountainous ridge), may contribute to preferences for certain cardinal directions in

the phorophytes, due to a slight increase in moisture, but enough to enable *T. helleri* to establish more readily (Rech et al., 2011). In Locality 1, regardless of the phorophyte, 65.38 % of individuals of *T. helleri* faced towards the east, southeast, south, southwest or west, while in Locality 2, 86.11 % of individuals were oriented towards the southwest or west of the only phorophyte, always the cardinal points of phorophytes which are located of front or parallel to the course of small rivers. Similarly, *Telipogon nirii* Ackerman, a very rare species, endemic to the Dominican Republic, and morphologically very similar to *T. helleri*, always grows in wet mountain, epiphytic on trees overhanging rivers (Ackerman, 2014).

The conservation state of of Telipogon helleri outside of Mexico is unknown, with only one confirmed report of the species in Nicaragua, and no further information (Williams, 1962). This could imply that the species is rare, or that it is simply constantly overlooked due to its small size. However, rigorous searching in the region where T. helleri has been found has not revealed more populations and it is safe to suggest that in Mexico, at least, the species should be considered endangered (P), which is confirmed by the score obtained with the sum of the MER-Plantas four criteria, and due to having less than 500 individuals (SEMAR-NAT, 2010). We consider it a priority the inclusion of this species in the NOM-059-SEMARNAT-2010 (Mexican Official Standard) which includes the species of wild plants and animals considered to be in one of the different categories of risk in the country (SEMARNAT, 2010). However, this process takes time and T. helleri has only recently been registered in Mexico.

The MER-Plantas is a useful methodology used to evaluate different taxa of Mexican flora. For example, in an orchid species Stelis zootrophionoides Castaneda-Zarate & Ramos-Castro, the sum of the four evaluation criteria (A, B, C and D) of this method permitted to consider this species as in endangered (P; García-González et al., 2015), this score is similar to punctuation obtained to Telipogon helleri in this study. In the case of five species of agaves of Polianthes L. genera, listed in the category of special protection (Pr) in NOM-059-ECOL-2001, their punctuation permitted to reclassify their conservation status: Polianthes densiflora (B.L. Rob. & Fernald) Shinners and *P. howardii* Verh.-Will. were classified as in endangered (P), P. longiflora Rose and P. platyphylla Rose were reclassified as threatened (A) and P. palustris Rose were considered probably extinct (Feria-Arroyo et al., 2010). Meanwhile the assessment of Mammillaria pectinifera F.A.C. Weber (Cactaceae) suggest that this species should consider as endangered (P) while in NOM-059-ECOL-2001 it classify as threatened species (A; Valverde et al., 2009).

The values assigned to each of the criteria of the MER-Plantas, are susceptible to change as the knowledge about this specie increases; nonetheless, this does not necessarily imply a substantial change in the *Telipogon helleri* status (Valverde *et al.*, 2009). This species presents high biological vulnerability, the total number of individuals is very low, and these are concentrated only in seven phorophytes, present in only two localities very near each other, both of which are subject to human intervention.

Despite the increase in the number of individuals of *Telipogon helleri* in the original locality (Locality 1) and the discovery of second population (Locality 2), there is a total of only 114 individuals recorded in Mexico (Table 1), and it is mandatory to continue monitoring these populations to determine whether the rate of recruitment continues to exceed that of mortality. This type of tracking of the demographic behaviour in disturbed areas is particularly important to ensure successful management of the species in the long term (Octavio-Aguilar *et al.*, 2008).

Also, considering that studies of the allelic structure of wild populations is highly recommended and this information permits predictions as to whether a species is capable of adapting to environmental change (González-Astorga *et al.*, 2003); it should be a priority to conduct molecular studies to assess the level of endogamy and genetic diversity of the individuals of these very small populations of *Telipogon helleri*, which will have important implications for the conservation of this species (Chung *et al.*, 2011).

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