Volume 12-1 of the Psychological Research Records, corresponding to April of 2022 is composed of 10 empirical articles that cover a broad panorama of psychological research. As in previous occasions, each article was sent to several reviewers to obtain at least two opinions. As a result, this issue of the journal is composed of 6 articles that deal with the construction and psychometric properties of measures on the motivation to lose weight, on food intake patterns, on personal agency, on empathy in its affective and cognitive aspects, on hostility, and finally on maintenance in couple relationships. In addition, with a focus on occupational health, there is a paper on personal satisfaction in nurses, another article deals with women's health aimed at studying the acceptance of mammograms and beliefs about health; and another article delves on evidence-based practices in the field of addictions. Finally, a paper on the integration of positive and negative inputs in psychophysical judgments of equity is presented. In order to preserve the high levels of relevance and quality of previous issues of the journal, the same editorial criteria of objectivity and recognition were followed. We extend our thanks to the reviewers for their commentaries to those who submitted manuscripts. The Editorial Board hopes to continue counting on valuable contributions for future editions of Psychological Research Records.

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